

A group of four people in wetsuits and life jackets are stand-up paddleboarding on a calm body of water. In the background, a massive, jagged glacier wall rises from the water's edge. The scene is framed by a teal-colored border with a white, wave-like shape at the top.

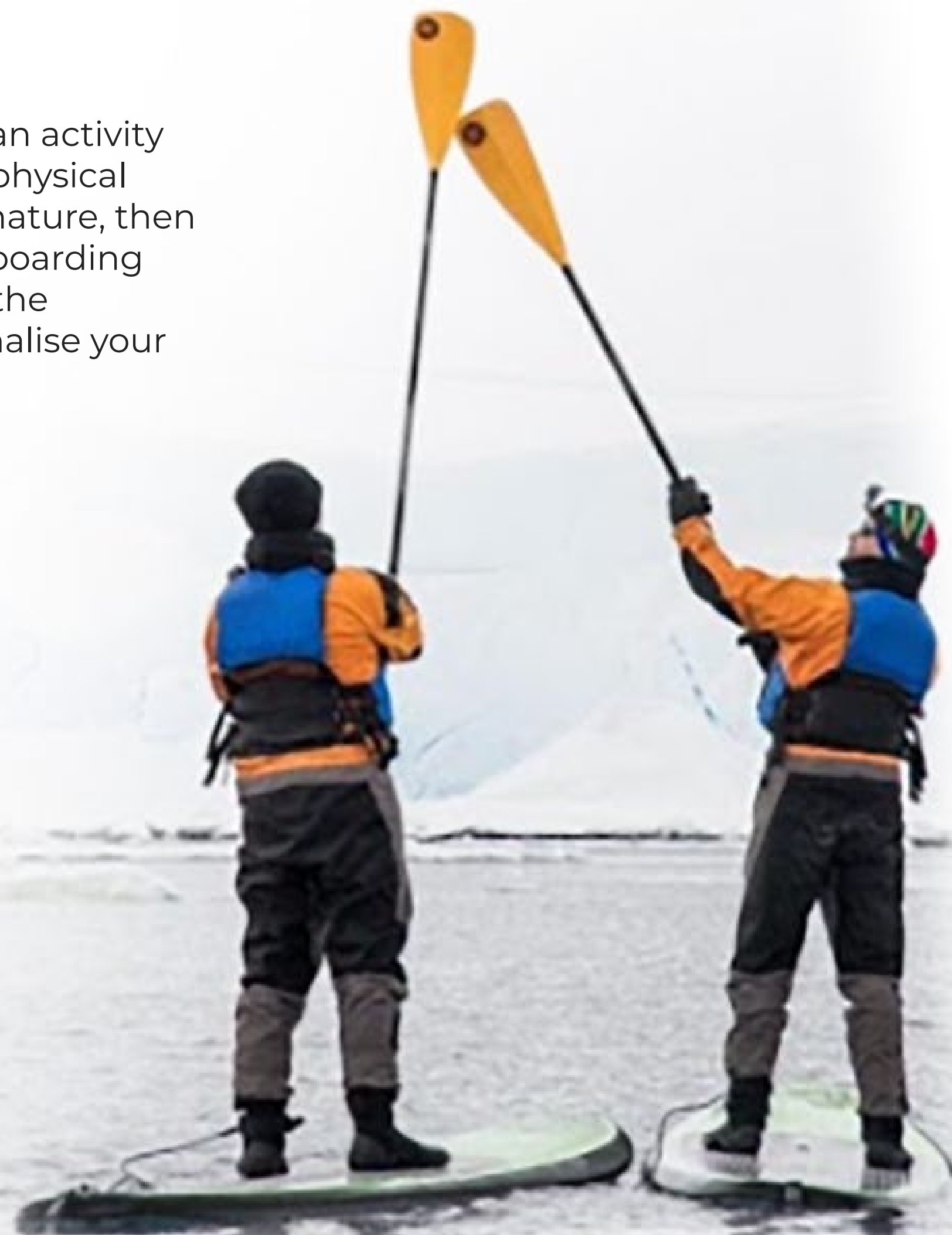
Stand-Up Paddleboarding



STAND-UP PADDLEBOARDING

Personalise Your Adventure.

If you're looking for an activity that combines the physical with the beauty of nature, then our stand-up paddleboarding (SUP) excursions are the perfect way to personalise your Antarctic adventure.



OCEAN ENDEAVOUR Stand-Up Paddleboarding

Catering to all levels

In addition to the thrill of stand-up paddleboarding, these excursions offer the opportunity to witness some of the most spectacular views that Antarctica has to offer. From breathtaking glacial landscapes to the fascinating wildlife that inhabits the region, these excursions provide a truly unforgettable experience.

Our inflatable SUPs are designed to provide a stable and comfortable experience, ensuring that you can fully immerse yourself in the beauty of the surroundings. Whether you're a seasoned paddleboarder or a beginner, our excursions cater to all levels and are led by our experienced guides who prioritise your safety and enjoyment.

What to expect

Our SUP excursions are designed to provide you with an unforgettable and intimate experience on the water. Each excursion typically lasts between 1.5 to 2 hours, giving you ample time to explore the surrounding landscapes and wildlife. These excursions are offered once per voyage. During these excursions, our experienced guide will lead a small group of 10 paddlers, accompanied by one safety Zodiac driver. This allows us to ensure the safety of our guests and provide a personalised experience.

We offer a limited number of SUP excursion spaces per voyage and they can be pre-booked. We recommend you book early to avoid disappointment. Additional spaces may be made available for booking on board via our Expedition Team, subject to itinerary and weather conditions.

Safety precautions

You will be guided by a minimum of one experienced guide and one safety Zodiac driver.

The wind, weather and water conditions will determine the timing and location of excursions. For your safety, you will need to verify that your travel and medical insurance covers stand-up paddleboarding and all participants will be required to join a briefing and sign a waiver prior to disembarking. The recommended minimum age for participants is 16 years and you must be an efficient swimmer.

Clothing and equipment

On the Ocean Endeavour, we will provide you with instructions and equipment, including dry suits, neoprene booties, waterproof gloves and PFD (a personal flotation device). You will be guided as to what to wear under your drysuit before your excursion.