Now, more than ever, the world needs more intrepid people.
BE OPEN
BE CURIOUS
BE FEARLESS
BE CHALLENGED
BE INTREPID
For some, being Intrepid means pushing one step further across a remote mountain range. For others, it’s trying street food for the first time. It’s sitting cross-legged on the floor sharing a meal with a local family, it’s choosing to travel with a bunch of strangers. It’s an attitude. A willingness to take yourself far from home and open up to new experiences. To be curious, challenged, fearless and open. To be alive.

**BE OPEN**

We travel so we can learn something new about the world that we live in, not to confirm what we think we know. By being open, by challenging our beliefs, we can change how we see the world and may just be able to inspire others to do the same.

**BE CURIOUS**

Which do you trust more: an online review or a stranger’s smile? With a wealth of information available at the touch of a button, it’s easy to forget that the best stories often have no formula. Sometimes the best guide is your gut, a hunch beats a recommendation and the biggest changes come from chances.

**BE FEARLESS**

It’s a mix of anticipation, excitement and fear. You’re heading into the unknown. It’s terrifying for some, second nature to others, and it’s healthy. You’re doing something different, something worthwhile, and though you’ll one day look back on it, you’ll never look back.

**BE CHALLENGED**

You know that little voice in your head telling you to just give it a go? Listen to it. We all have boundaries and we all have a responsibility to push them, whatever that looks like.

FIND OUT MORE AT
intrepidtravel.com/be-intrepid
SMALL GROUP ADVENTURES

Travel should be about more than just ticking boxes. Sure, the highlights take our breath away, but it’s the simple, spontaneous moments away from the crowds that stay with us the most. Whether it’s exchanging stories at a local homestay or cramming into a tiny restaurant hidden away from the main streets, the real magic happens during moments that can only be experienced as a small group.
Real life experiences
Travel should deliver moments when you know you’re truly alive and experiencing something special. It could be the first glimpse of something you’ve only ever seen on postcards, but it’s more likely to be finding yourself in the middle of a village football game or sharing laughs with a local family in their home. These kinds of experiences just aren’t possible when travelling with a big group.

Travel like a local
We travel the world to keep things local. Wherever we can we’ll use experienced local leaders, stay in small, locally run accommodation and eat at local restaurants. This means that you’re not only getting a real, authentic experience, but also contributing to the local economy.

Travel made easy
The world’s a big place, but we’ve put years of research into our itineraries, operators and accommodation so you can focus on having real life experiences. Travelling in a small group means you can spend more time exploring and leave the details to people who live and breathe your style of travel.

Not too big, not too small
Our groups are small enough to feel like you’re exploring a destination independently, but big enough to create a good social vibe. Numbers vary depending on where and how you’re travelling, but the average size of a tour is twelve people, which opens up opportunities for experiences the big groups only dream of.

The right balance
Travelling in a small group means leaders can strike the perfect balance between planned activities and ‘you time’. There’s always an itinerary, but there are also opportunities to be spontaneous and make the journey a little more you. With the flexibility afforded by being in a small group, you’ll spend more time connecting with the people and places we visit.
TRIP STYLES
Every one of our trips has a particular style. It’s a way to help pick the adventure that best suits you, whether you’re after just the essentials, a whole bunch of inclusions or a little bit of both. The choice is yours.

Basix: for travellers on a budget
These are amazing experiences at a great price. Basix trips use simple, convenient accommodation and local transport where possible, and include plenty of free time. Pick and choose inclusions to fit your budget.

Original: Intrepid, as it’s always been
These are the trips we’ve built our reputation on. Original trips offer a mix of included activities and free time to explore on your own. They use centrally located hotels and come with a few meals along the way.

Comfort: because you deserve it
We’ve smoothed away adventure travel’s rougher edges to craft a style of travel that has an added degree of... comfort, really. Enjoy a more relaxed pace, comfortable accommodation and lots of included activities.

For more information on our trip styles, visit: intrepidtravel.com/trip-styles

TRIP THEMES
Are you chasing a culinary journey, or dreaming of an adventure you and the kids can all enjoy? Think a destination is best seen from the saddle of a bike, or prefer the deck of a small ship with the ocean breeze in your hair? No matter what kind of traveller you are, we’ve got a variety of themed trips to suit every taste.

Food  Expeditions
Cycling  Short Breaks
Family  Festivals
Adventure Cruising  Overland
Sailing  18 to 29s
Active

For more information on our themed trips, visit: intrepidtravel.com/theme

LOOK OUT FOR THESE SYMBOLS
Each of our trips has a physical rating, so you can tell how physically exerting a trip is and how fit you’ll need to be to enjoy it. As a guide:

••• EASY  Easy and relaxing
•• EASY  Bring your walking shoes
•••• EASY  An average level of fitness required
••••• EASY  Action-packed, physically demanding
••••• EASY  Full-on active adventure for the more agile traveller

Check out our best-selling trips
These itineraries also run in the opposite direction
A combination of two or more of our adventures
Exciting new additions to our current range of itineraries
Trips that depart during winter
Selected cycling trips include the option to hire an e-bike

Selected cycling trips include the option to hire an e-bike
LOCAL LEADERS

Born and bred in the regions we visit, our leaders are passionate locals who do so much more than just show you the sights. They know the history of a place, as well as its shortcuts, and are full of insider info. They can lead you to cool backstreet bars and suggest the best way to make the most of free time. On top of that, they bridge language barriers, can point you in the direction of a working ATM and just generally make your journey as seamless as possible. With our local leaders, you don’t just see a destination, you experience it.

FIND OUT MORE AT
intrepidtravel.com/meet-intrepid-leaders
The Intrepid Foundation was set up to help local organisations improve livelihoods through sustainable travel experiences. It now supports over 35 local, grassroots organisations around the world and empowers travellers to have a positive impact on the communities they visit. Travellers can give back by supporting a range of projects and not-for-profit organisations.

Find out how you can help at theintrepidfoundation.org
BE KIND

Our travellers and staff are a caring bunch, especially when it comes to animal welfare. That’s why we made the decision to ban elephant rides across all our trips – the first global tour operator to do so – after funding some eye-opening research led by World Animal Protection. We’ve also made it our mission to educate the travel industry in the hope they adopt better animal welfare practices – for all animals.

BE AWARE

The complicated, uncomfortable reality is that orphanage tourism has led to an industry that is forcibly institutionalising children to attract tourist dollars. It may seem counterintuitive, but visits and donations to these sorts of organisations often do more harm than good. After working closely with researchers, we made the decision to stop visiting orphanages on our trips.

BE SUSTAINABLE

Sustainability has always been at the core of how we travel and is part of our business at every level. We’ve been carbon neutral since 2010, and our business-wide carbon offsetting initiatives, efforts to minimise single-use plastics on trips and emphasis on ensuring we have a positive impact on local communities are all part of our commitment to the UN Global Compact, and to the world we’re so lucky to explore.

BE FAIR

At Intrepid, we know our differences are our strength. This is why we’re committed to promoting gender equality, diversity and inclusion across our business. Whether it’s by highlighting positive stories of gender equality like East Africa’s first female truck driver, pushing for a global gender balance of local leaders on trips, or showcasing traveller stories of diversity in our content, we want to make it clear that the future of travel can be fair for everyone.

In 2018, Intrepid celebrated becoming a certified B Corp, making us the largest in the travel industry. More than just a logo, B Corp certification is a rigorous process that helps businesses to be better, and customers to easily identify the difference between good business and good marketing. It demonstrates our commitment to creating positive change for our planet, our people and the local communities we visit.
**SOUTH EAST ASIA**

Journey through a region in which a thousand of the world’s languages are spoken, where in mere hours you can travel from the buzzing streets of Ho Chi Minh City to the serene villages of rural Cambodia. Encounter a wonderful diversity of cultures and landscapes, from the rolling hills of Laos to the misty mountains of Borneo and Indonesia’s shimmering waters.

### WEATHER

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- **Monsoon** 25-35°C
- Very hot & dry 35°C+
- Hot & dry 25-35°C
- Hot & wet 25-35°C
- Pleasantly warm 20-30°C
Vietnam Express Southbound
10 DAYS, HANOI TO HO CHI MINH CITY

The bustling markets, tree-lined boulevards and peaceful lakes of Hanoi are a great introduction to modern Vietnam.

Explore the old imperial capital of Hue in typical Vietnamese fashion – on the back of a motorbike.

Cruise the waterways of the Mekong Delta – often referred to as the ‘rice bowl’ of Vietnam – in a sampan boat, sampling fish and exotic fruits along the way.

Day 1 Hanoi With its French-colonial buildings, graceful boulevards and aromatic cafes, Hanoi has an elegant timelessness. Get lost in the hubbub of Hanoi’s streets and perhaps visit the Temple of Literature or enjoy Vietnam’s fusion of traditional European and modern Asian cuisine. Days 2-3 Halong Bay/Overnight Train Set sail on an overnight Halong Bay cruise. Kick back and enjoy the dramatic scenery, perhaps explore the balmy waters by kayak, and sleep on the boat’s deck under a star-studded sky. Return to Hanoi the following day and, in the evening, climb aboard the famed Reunification Express for an overnight train ride. Days 4-5 Hue Arrive in a city once appointed Vietnam’s imperial capital due to its beauty and isolation. See Hue’s royal past come to life on a city motorbike tour that includes a visit to the Thien Mu Pagoda. Unwind on a boat cruise down the Perfume River. Days 6-7 Hoi An Traverse the spectacular Hai Van Pass to Hoi An – once a thriving port town. See how trade remains central to everyday life, with shops offering everything from tailored clothes to custom-made shoes and silk lanterns. Perhaps sign up for an optional cooking class, or simply relax with a drink in one of the many riverside restaurants. Days 8-10 Ho Chi Minh City After a short flight, discover the vibrant streets of Ho Chi Minh City on a sightseeing bus tour, stopping in the War Remnants Museum. Drive to the Mekong Delta and board a boat to Ben Tre. Tour a remote village by tuk-tuk, sample elephant ear fish and jump in a sampan to paddle through the delta’s mangroves via the stunning Dragon, Unicorn, Tortoise and Phoenix islets. Return to Ho Chi Minh City and enjoy a final group dinner at KOTO, a restaurant that provides hospitality training to marginalised youth.
Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/vietnam

Hanoi Street Food by Night

Street food is fresh, fast, cheap and a great way to crack into the local scene. Join this Hanoi tour to source the best street eats from markets, food carts, street cafes and other secret spots.

For more info head to urbanadventures.com

Hoi An to Hanoi

12 DAYS, HOI AN TO HANOI

Learn the traditions and history of the ethnic Co Tu people during an overnight stay in the village of Bho Hoong.

Plunge underground on a two-day spelunking adventure through four caves in Phong Nha – a network of over 300 openings and grottoes with more yet to be uncovered.

**Days 1-2 Hoi An** Begin your journey in riverside Hoi An. **Day 3 Bho Hoong Village** Travel to the small highlands village of Bho Hoong, home of the ethnic Co Tu people. Gain insight into their traditional way of life with a homestay. **Days 4-5 Hue** Packed with temples, tombs, palaces and pagodas, Hue is the gateway to the treasures of Vietnam’s royal past. Tour the Imperial Citadel and its Forbidden Purple City, then hop on a motorbike for a tour of Tu Duc Tomb and lunch in a Buddhist monastery. **Days 6-8 Phong Nha** Venture underground into the Tu Lan cave system and spend two days trekking along rock corridors, clambering over boulders, dodging stalagmites and camping out by jungled waterfalls. **Day 9 Hanoi** Take a guided adventure through Hanoi, visiting the Ho Chi Minh Mausoleum among other sites. **Days 10-12 Hanoi** Maybe head out for an optional final dinner with new friends.

**Selected Saturdays**
Enter TVSC on intrepidtravel.com. See inside cover for prices

Explore Vietnam

11 DAYS, HANOI TO HO CHI MINH CITY

Cruise a sea of limestone karsts and blue-green waters on an unforgettable boat trip around Lan Ha Bay.

What better place to finish up your Vietnam adventure than Ho Chi Minh City, where you’ll have free time to see the Cu Chi Tunnels or join locals exercising in the park.

**Day 1 Hanoi** Arrive in the chaotic capital. **Days 2-3 Cat Ba Island** Perfectly situated Cat Ba Island will be your base for exploring the limestone cliffs and turquoise water that define Lan Ha Bay. Take a lunch cruise around emerald green karsts and then jump in a kayak to get a closer look. Return to Hanoi to catch an overnight train to Hue. **Day 4 Hue** Make the most of free time and perhaps explore the beautiful countryside around Hue by bike, or take a boat cruise down the majestic Perfume River and discover royal relics. **Days 5-7 Hoi An** Well-preserved Hoi An is a pretty mix of Japanese merchant houses, Chinese temples and colourful colonial buildings. Step back in time as you stroll the city’s lantern-lit streets, then board a southbound overnight train. **Days 8-9 Phan Rang** Enjoy two days of pure relaxation in Phan Rang, a low-key coastal city where swimming, snorkelling and seafood take priority. **Days 10-11 Ho Chi Minh City** Lose yourself in the hubbub of Vietnam’s largest city.

**Selected Wednesdays & Saturdays**
Enter TVRR on intrepidtravel.com. See inside cover for prices
Treasures of Vietnam
8 DAYS, HO CHI MINH CITY TO HANOI

| Crawl through the Cu Chi Tunnels and see old military equipment on display in Ho Chi Minh City’s War Museum for an insight into Vietnam’s tumultuous history. |
| Witness a traditional water puppet show in Hanoi and learn the history of this ancient art from the masters. |

**Days 1-2 Ho Chi Minh City** Visit the Reunification Palace and the War Remnants Museum before heading out to the Cu Chi Tunnels, an extensive network of underground tunnels from the Vietnam-American War. **Days 3-4 Hoi An** Make tracks to Hoi An and discover a port town of centuries-old temples, charming houses and gilded community halls. Wander through the atmospheric Phung Hung Old House and check out the Japanese Covered Bridge. **Day 5 Hanoi** Take a guided tour of Hanoi including the Temple of Literature, Ho Chi Minh’s stilt house and the Old Quarter. **Day 6 Halong Bay** Board a wooden junk-style boat and take a leisurely cruise around one of the world’s most beautiful waterways – be sure to have the camera handy when passing through the dramatic karst scenery. **Days 7-8 Hanoi** Back in the city, choose to visit one of the many fascinating museums or just kick back with a bia hoi (draught beer) in a streetside bar and recount highlights of the trip.

**DEPARTURE DATES**
Selected Thursdays & Saturdays
Enter TVKB on intrepidtravel.com. See inside cover for prices

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Vietnam: Hike, Bike & Kayak
11 DAYS, HANOI TO HANOI

| Become immersed in the rural charm of Northern Vietnam’s countryside villages by trekking through terraced valleys and cycling the karst surrounds. |
| Discover the tranquil waters and limestone seascape of Lan Ha Bay on a full-day boat cruise. Then get a closer look on a kayak adventure through this stunning region. |

**Day 1 Hanoi** Get lost in Hanoi’s whirl of colour and commotion. **Days 2-3 Sapa** Trek through valleys past grazing water buffalo to the village of Cat Cat, home to the Hmong people. Learn about traditional life in the mountains on a homestay. **Days 4-5 Hanoi** Trek through the lush valleys of Sapa before returning to Hanoi for a warm-up cycle around West Lake. Afterwards, perhaps get a bird’s-eye view of the city from a rooftop bar. **Day 6 Mai Chau** Cycle through Mai Chau valley. Gain real insight into daily life and learn the secrets of local cuisine on a homestay. **Day 7 Ninh Binh** Enjoy a scenic bike ride through Ninh Binh, famous for its green valleys, karst mountains and conservation areas. **Days 8-9 Cat Ba Island** Travel to Cat Ba Island and set out on a full-day boat trip to explore the turquoise waters and weathered limestone peaks of Lan Ha Bay. Hop in a kayak for a different view of this stunning seascape. **Days 10-11 Hanoi** Return to Hanoi for a final night in Vietnam’s capital.

**DEPARTURE DATES**
Selected Sundays
Enter TVXA on intrepidtravel.com. See inside cover for prices
Real Food Adventure Vietnam & Cambodia

Can’t choose between making noodles in Vietnam or munching on fish amok in Cambodia? Chop, slice and chomp your way through the diverse flavours of both countries on this mouthwatering Real Food Adventure combination trip.

For more info enter TVZKC on intrepidtravel.com

Vietnam Real Food Adventure

12 DAYS, HANOI TO HO CHI MINH CITY

Strap on an apron and cook up some classic dishes of north, central and south Vietnam, learning why the country has a love affair with ginger, lime, fish sauce and more.

With two nights in Hoi An, there’s lots of time to take in its magic. Prepare noodles with a local family, cycle through herb gardens and be enchanted by the Ancient Town.

Days 1-2 Hanoi Celebrate the start of this journey with dinner and a bia hoi (beer) at an open beer hall. Embark on a street food crawl, join a cooking class and learn to make northern specialties. Days 3-4 Halong Bay Sail on emerald waters and soak up the tranquillity of Halong Bay. Pick up some fishing tips from a Vietnamese family. Indulge in a delicious feast prepared by an onboard chef. Day 5 Hue Take a motorbike ride around the city’s imperial sites and enjoy a Buddhist lunch at a pagoda. Days 6-8 Hoi An Cycle through herb gardens before whipping up a banquet of regional specialties at the Morning Glory Cooking School. Day 9 Ho Chi Minh City Take a city tour, then learn to prepare traditional dishes from a renowned local chef. Day 10 Mekong Delta Homestay Traverse the winding waterways of the delta. Visit food producers before arriving at tonight’s homestay to prepare dinner with your hosts. Days 11-12 Ho Chi Minh City Return to Ho Chi Minh City for a final feast with new friends.

Cambodia: Temples & Beaches

14 DAYS, BANGKOK TO BANGKOK

Get a double dose of Angkor greatness, exploring not only the world-famous ancient city outside Siem Reap, but also the remarkable Banteay Chhmar complex.

Venture off the beaten track in the Cardamom Mountains, trekking to rapids and a waterfall and staying overnight with a local family.

Day 1 Bangkok Arrive in Thailand. Day 2 Banteay Chhmar Cross into Cambodia and visit the remote Banteay Chhmar temple. Spend a memorable night in a Khmer wooden-stilt home. Days 3-5 Siem Reap/Angkor Wat Venture to Siem Reap, gateway to Angkor. Stop in at the Green Gecko Project and learn how this local initiative helps support disadvantaged youth and their families. Days 6-7 Phnom Penh Take a boat over the Mekong River for some mountain biking. Pedal along peaceful back roads and past lush orchards and rice paddies. Day 8 Chi Phat Trek to the Chhay Chrey rapids for a refreshing swim before settling into an overnight stay with a local family. Days 9-10 Koh Kong City Hike to Tatai Waterfall, then journey to the lovely white beaches of Koh Kong, a sleepy town on the border between Cambodia and Thailand. Days 11-12 Koh Chang Spend free time in Koh Chang, where the jungle meets the sea. Days 13-14 Bangkok Sample Bangkok’s famed nightlife.

DEPARTURE DATES

Selected Sundays

Enter TVZY on intrepidtravel.com. See inside cover for prices

DEPARTURE DATES

Selected Sundays

Enter TKSS on intrepidtravel.com. See inside cover for prices
Cambodian Traveller
9 DAYS, HO CHI MINH CITY TO BANGKOK

Confront the sobering history of the Khmer Rouge in Phnom Penh with included visits to the Tuol Sleng Genocide Museum and Choeung Ek Memorial.

Benefit from the guidance and knowledge of a local expert as you temple-hop through the ancient city of Angkor, one of South East Asia’s premier sights.

Day 1 Ho Chi Minh City Xin chao! Days 2-3 Phnom Penh Take a local bus across the border to Phnom Penh. A sobering visit to the infamous Killing Fields provides a glimpse into Cambodia’s tragic past. In spare time, head to the Russian Market or Silver Pagoda to experience a lighter side of Cambodian history. Day 4 Battambang Stop at Kampong Luong for a boat trip on Tonle Sap Lake, then continue to mellow Battambang. Days 5-7 Siem Reap/Angkor Wat Take a morning bike tour through the countryside. Then wind the clock back to a time when Cambodia was the pre-eminent influence in South East Asia on a visit to Siem Reap. Relish the sacred beauty of the ancient complex of Angkor Wat, the largest religious monument in the world. Days 8-9 Bangkok Skip across the border into Thailand and watch the scenery change on the final stretch to Bangkok. For a fitting end to this journey, why not limber up with a massage and then head out for a night on the town with new friends.

Best of Cambodia
14 DAYS, PHNOM PENH TO PHNOM PENH

Get your palate around traditional Cambodian cuisine with dinner at a Sambor Prei Kuk homestay and a Kampot pepper plantation visit.

After falling for the understated charm of Battambang’s faded architecture and arty cafes, discover the lush surrounding countryside on a scenic bike tour.

Days 1-2 Phnom Penh Visit the chilling Tuol Sleng Museum and Killing Fields of Choeung Ek. Days 3-4 Battambang See how this city’s facades evoke a certain charm, with French-colonial shopfronts lining the riverside. Explore the surrounding countryside on a half-day bike tour. Days 5-7 Siem Reap/Angkor Wat Witness a spectacular sunrise over the Angkor Wat temple complex and spend two days exploring with a guide. Day 8 Homestay Experience rural life on a homestay with a local family. Explore the nearby pre-Angkorian ruins of Sambor Prei Kuk. Days 9-10 Kampot Discover the 7th-century brick temple and stalactite carvings found within the Phnom Chhnork limestone cave complex. Days 11-12 Sihanoukville See how the Cambodians do beach culture in Sihanoukville. Visit nearby islands, explore the tropical Ream National Park or relax under a swaying palm. Days 13-14 Phnom Penh Perhaps check out the capital’s vibrant marketplaces before this adventure ends.
Cambodia Adventure
12 DAYS, BANGKOK TO HO CHI MINH CITY

Travel into Kampong Speu – a region replete with waterfalls, swimming holes and bat caves – and be treated to Khmer hospitality on a village homestay in Chambok.

Enjoy the guidance of a local expert while temple-hopping between the ruins of the dazzling Angkor complex, one of South East Asia’s greatest man-made spectacles.

Day 1 Bangkok Start your journey in bustling Bangkok. Day 2 Siem Reap Cross the border and travel to bohemian Siem Reap. Days 3-4 Siem Reap/Angkor Wat Explore the epic structures of Angkor complex by day and check out Siem Reap’s lively restaurant strip by night. Day 5 Kampong Cham Enjoy a French colonial character in Kampong Cham. Day 6 Chambok Homestay Experience a local village homestay in a community renowned for its ecotourism. Enjoy a traditional Khmer dinner and dance performance for a slice of rural life.

Days 7-8 Kampot Relax in this serene riverside town. Maybe take a stroll along the water under the watchful eye of Bokor Mountain. Days 9-10 Phnom Penh Travel by private vehicle to Cambodia’s capital. Sidewalks are often used as a third lane for traffic here, so a cyclo tour around the city is a great alternative to walking. Days 11-12 Ho Chi Minh City Explore the sights, scents and delectable cuisine of this fast-paced metropolis.

DEPARTURE DATES
Selected Wednesdays & Fridays
Enter TKRR on intrepidtravel.com. See inside cover for prices

Cambodia Encompassed
10 DAYS, PHNOM PENH TO SIEM REAP

Kick things off with dinner at a Friends-International restaurant, combining an excellent local cause with a memorable dining experience.

Get behind the scenes of the small industries in and around historic Battambang, from pottery and silversmithing to sticky rice and fish paste production.

Day 1 Phnom Penh Touch down in Phnom Penh, a capital city both gritty and charming. Days 2-3 Kampot Take a walk along the river promenade, then set out on a country drive to see pepper farms, salt fields, a limestone cave and a beautiful local beach. Day 4 Phnom Penh Return to Phnom Penh for a poignant day visiting memorials and museums, learning about the horrific genocide that took place here. Days 5-6 Battambang Get a feel for local life in French-inspired Battambang. Hop in a remork for a half-day tour of the surrounding countryside, visiting the stilt-house village of Wat Kor and touring local cottage industry initiatives. Days 7-10 Siem Reap/ Angkor Wat Spend two days exploring the jungle paths and ornate stone carvings of the awe-inspiring Angkor temple complex. Early risers are rewarded with glorious sunrise views over the temples. In the evening, why not seek out delicious Khmer specialties and the happening bar scene.

DEPARTURE DATES
Selected Thursdays
Enter TKKI on intrepidtravel.com. See inside cover for prices
Philippines Discovery
11 DAYS, MANILA TO MANILA

Be left breathless by the lush Banaue terraces, millennia-old irrigated rice paddies that stretch like stepping-stones towards the sky.

Just 25 years old, the lake-filled crater of Mt Pinatubo is a fresh wonder to explore. Trek to the summit and camp right next to pristine waters in the heart of the volcano.

Day 1 Manila Dive into this Philippines adventure in the country’s heady capital. Day 2 Banaue Famous for its stunning rice terraces – the oldest in the world – Banaue is sometimes referred to as the ‘Eighth Wonder of the World’. Days 3-5 Ifugao Villages Set off on a trek through rice fields and forests. Stay overnight in local Ifugao villages and meet people farming rice in the same way their ancestors did 2000 years ago. Days 6-7 Sagada Travel across alpine mountains, stopping off in Bontoc to peruse its museum, before arriving in tranquil Sagada. Witness the hanging coffins of Sagada on a guided walk. Day 8 Baguio Relish incredible vistas of tiny villages, deep valleys and verdant rice terraces on a drive through the Cordillera Central range. Day 9 Mt Pinatubo Trek to the summit of Mt Pinatubo and camp for the night near the crater lake. Days 10-11 Manila Finish up back in the megacity of Manila and maybe share a final group dinner to celebrate.

Myanmar Highlights
9 DAYS, YANGON TO YANGON

Stock up on ingredients, cook up a storm during a class, then feast on the results; be guided from market to table by a local master of Myanmar cuisine.

Explore Inle Lake on a peaceful canoe trip, followed by a boat tour of its floating gardens, stilt houses and local village industries.

Day 1 Yangon Touch down and perhaps head out for a taste of Myanmar cuisine – a heady combination of Mon, Indian and Chinese flavours. Days 2-3 Bagan Discover the staggering archaeological complex that is Bagan. Take up two wheels and explore thousands of temple ruins. The next day, take a cooking class with a local culinary wiz. You’ll feast for a cause, with part of the proceeds going to a local library initiative. Days 4-5 Mandalay Cruise up the lovely Ayeyarwady River to the pagodas of Mingun. Visit the Mandalay Palace, Shwenandaw Monastery and historic U Bein Bridge. Days 6-7 Inle Lake Drive to Inle Lake, stopping en route to visit the nearby Buddhist caves and admire the mountain scenery. Canoe out on the water, then explore by motorised boat – meet local craftspeople, check out their work and see the ingenious floating gardens. Days 8-9 Yangon Fly to Yangon, then discover the holiest shrine in the country, the Shwedagon Pagoda.
Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/myanmar

Best of Myanmar
15 DAYS, YANGON TO YANGON

Exploring the ancient city of Bagan by bicycle is a leisurely and engaging way to access thousands of temples, stupas and pagodas.

Get off the tourist track and enjoy a unique local experience at an ActionAid community lodge near Bagan, sharing meals and agricultural work with locals.

A full day of walking through the hills and villages of Kalaw is well worth the effort and an opportunity to get under the surface of rural Myanmar.

**Days 1-2 Yangon** Delve into the heart of Myanmar’s largest city. Discover a melting pot of local culture and colonialism, and see how the city has endeavoured to modernise in recent years. Visit the world-renowned Shwedagon Pagoda and be dazzled by its riches.

**Days 3-4 Bagan** Travel by plane to Bagan and watch the sunset at Shwesandaw Pagoda. Spend two days exploring this phenomenal region comprising more than 2000 gilded stupas, plus a host of timeworn remnants of Myanmar’s ‘Golden Period’. **Days 5-6 Community Lodge** Take a bus ride to the Pakokku District, and see firsthand the work that The Intrepid Foundation is doing in conjunction with ActionAid to assist the local community in becoming self-sustaining. Take a bike tour through the villages and meet with locals to learn more about the project. **Days 7-8 Mandalay** Head on to Mandalay, making a stop en route to visit the stunning pagodas and monasteries of Sagaing Hill. Take a boat trip down the river to the crumbling ruins at Mingun. **Days 9-10 Kalaw** Travel via the world’s longest teak bridge to the small town of Kalaw. Relish the temperate climate and stunning scenery of this mountain hideaway that serves as the launch pad for trekking adventures in the region. Spend a day doing exactly that, on guided treks. **Days 11-13 Inle Lake** Continue down winding mountain roads en route to Inle. Explore a labyrinth of caves with a local guide and admire the more than 8000 images of Buddha contained inside. Make tracks to the scenic shores of Inle Lake and spend time cruising around by longtail boat while witnessing the handiwork of the skilled local ‘leg rowers’. Stop for a home-cooked lunch near the lake. **Days 14-15 Yangon** Farewell scenic Shan State and return to the vibrant city of Yangon.
Classic Myanmar
12 DAYS, YANGON TO YANGON

Experience the incredible sight of Bagan’s ‘Sea of Temples’ and explore the best of the region’s 4000 gilded structures.

Explore the forests and villages surrounding Inle Lake, then share a home-cooked dinner with some local Shan friends.

Days 1-2 Yangon Soak up the unique atmosphere of this irrepressible city, kicking off with a walking tour of the colonial downtown area. Take in the history, spiritual significance and beauty of the ancient Shwedagon Pagoda complex. Days 3-4 Mandalay Fly to Myanmar’s ‘Jewel City’. Check out the local gold leaf industry and take a boat trip up to the Mingun archaeological site. Days 5-7 Bagan Explore Bagan’s endless temples, pagodas and monasteries until dusk. Take a day tour to visit villages in the Pakkoku area and call in to a community-based tourism project. Days 8-10 Inle Lake Uncover the watery world of Inle Lake, the lifeblood of the region. Take a boat out to see how locals depend on the lake for so many aspects of their lives. Walk through the forests and villages surrounding the Indein ruins complex, finishing with a traditional Shan dinner. Days 11-12 Yangon Fly back to Yangon and discover more of this beguiling city.

DEPARTURE DATES
Selected Sundays from January to December
Enter TTKA on intrepidtravel.com. See inside cover for prices

Thailand & Laos Adventure
13 DAYS, BANGKOK TO VIENTIANE

Discover the highlights of World Heritage-listed Luang Prabang with a guide, visiting the Traditional Art and Ethnology Centre and the multi-tiered waterfalls of Kuang Si.

Take a relaxed journey down the Mekong River and experience the slow pace of village life and breathtaking scenery along the banks up close.

Days 1-2 Bangkok Set the scene for this adventure by cruising down the Chao Phraya River and visiting the country’s largest reclining Buddha. Days 3-4 Chiang Mai Renowned for its dazzling beauty, the ‘Rose of the North’ will leave you spellbound – particularly its lively Night Bazaar. Day 5 Chiang Khong Explore the tranquil riverside town of Chiang Khong and hear Laos call from across the Mekong. Day 6 Mekong River/Pak Beng Sit back, relax and watch the Mekong scenery pass by on a river cruise. Days 7-9 Luang Prabang Enjoy a guided tour around the Traditional Art and Ethnology Centre and visit the Kuang Si Falls. Days 10-11 Vang Vieng Creep through caves, swim in natural springs or pick berries at a local mulberry farm. Days 12-13 Vientiane Discover the delights of Laos’ capital, hunting for treasures at the local market or admiring old Buddhist temples as this adventure wraps up.

DEPARTURE DATES
Selected Wednesdays & Saturdays
Enter TLSV on intrepidtravel.com. See inside cover for prices
Phuket Sailing Adventure

7 DAYS, PHUKET TO PHUKET

<table>
<thead>
<tr>
<th>Slip into the indulgent beach-loving life with walks on the finest white sand, and swimming and snorkelling in the inviting azure waters of Thailand’s best beaches.</th>
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<tr>
<td>There are few things more relaxing than sleeping on deck beneath a blanket of stars, especially after feasting on the Thai favourites whipped up by the onboard chef.</td>
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Day 1 Phuket Cast away on a tropical journey across the Andaman Sea, from the scenic spoils of Phuket to lush Ko Phi Phi. Days 2-7 Sailing Phuket Islands Sail the paradisiacal waters of southern Thailand, where pristine ocean, gorgeous swimming spots and idyllic islands are the order of the day. Over the next few days, delve into mysterious sea caves around the base of Ko Hong, snorkel and mingle with a wealth of curious marine life, chill out on deck with a good book, practice some paddleboarding and enjoy incredible meals cooked with love (and fresh local ingredients) onboard. There’s also the lush jungle, velvety sandbars and blue waters of Ko Phi Phi, the beautiful bays of Ko Yao Yai – where there’s excellent snorkelling, leafy forest trails and sea kayaking to choose from – and beachside bonfires at night. Add spectacular sunsets and lazy days and you have the perfect sailing holiday in Thailand.

Thailand Beaches West Coast

9 DAYS, BANGKOK TO PHUKET

| Discover a true slice of paradise on a sea kayaking trip through the stunning inlets, caves and hidden lagoons of the Ao Thalane mangrove forest. |
| Get into the indulgent beach-loving life on the chilled out island of Ko Yao Noi, and explore the surrounding islands on a boat trip. |

Days 1-2 Bangkok Head out to Wat Arun, an impressive landmark of Bangkok that sits majestically on the westbank of the Chao Phraya River, then climb aboard a southbound overnight train. Days 3-4 Ao Nang Soak up the sun on the beautiful beaches of Ao Nang, a lively beachside town in Krabi Province. Take a sea kayaking trip through the towering limestone karst formations and wildlife-rich mangrove lagoons of Ao Thalane. Days 5-6 Ko Yao Noi Admire Phang-Nga Bay’s spectacular jagged cliffs and islands on a boat cruise before pulling on a mask for fantastic snorkelling. A tour of Ko Yao Noi provides a fascinating glimpse of daily life on a tropical island. Days 7-9 Phuket Take a refreshing dip under a waterfall en route to Phuket’s Gibbon Rehabilitation Centre. There is so much to see and do on Thailand’s largest island, or simply take it easy with a cabaret show and kick back with a cocktail for a seaside sunset.

DEPARTURE DATES

Phuket Sailing Adventure:
- Every Sunday from November to April
- Enter TSSZC on intrepidtravel.com. See inside cover for prices

Thailand Beaches West Coast:
- Selected Sundays & Fridays from November to April
- Enter TTZT on intrepidtravel.com. See inside cover for prices
SHORT BREAK ADVENTURES

Sapa Adventure
5 DAYS, HANOI TO HANOI

North-west Vietnam is a captivating mix of natural wonder and colourfully clothed hilltribes. Set on the slopes of a beautiful emerald-green valley, Sapa is the heart of this unique region of Vietnam. Get a real glimpse of life in the mountains with a traditional homestay experience. Meet ethnic minorities at the local market, visit neighbouring villages and hike through iridescent rice terraces, where mist clings to the upper reaches, witnessing how the relaxed current of life has bubbled along here for centuries.

- Visit Sapa’s rice terraces, waterfalls, and lush green hillsides
- Get a glimpse of real Vietnam in a traditional homestay
- Rub shoulders with the locals on an overnight train

Halong Bay Junk Cruise
2 DAYS, HANOI TO HANOI

Prepare to be whisked away from the cosmopolitan streets of Hanoi to World Heritage-listed Halong Bay. Cast away on a traditional boat and set sail through limestone karsts that rise dramatically from emerald waters. Meet the locals as they row between boats, or get active and explore caves by kayak. Opt for a slower pace of life and sit back, relax and soak up this epic landscape while enjoying scrumptious meals cooked onboard. Chat to the friendly crew and enjoy a night under a blanket of stars.

- Weave through limestone karsts in this UNESCO-listed bay
- Eat dinner on the bay before taking in a starlit night
- Awake to misty morning sights and shimmering waters

Mekong Delta Farmstay
2 DAYS, HO CHI MINH CITY TO HO CHI MINH CITY

With meandering canals and flourishing farms, the Mekong Delta shouldn’t be missed. Venture down this iconic river and discover landscapes dotted with coconut palms and sprawling rice fields. Be dazzled by coloured orchards, marvel at stilt houses and witness the bustle of passing boats. Stop off at luscious tropical fruit gardens, learn how coconut candy is made, and catch the buzz at a honey farm. Then learn about life on the delta from local hosts, savour freshly picked fruit and gain a true appreciation for this lively area.

- Visit smaller cottage industries that keep the area afloat
- Experience local hospitality at a friendly guesthouse
- Cycle to a local market and gather fresh produce for lunch

Chiang Mai & Golden Triangle
3 DAYS, CHIANG MAI TO CHIANG MAI

Experience the serenity of northern Thailand on an in-depth exploration of the infamous Golden Triangle region. Beginning and ending in charismatic Chiang Mai, this Short Break includes a tour through the extensive Chiang Dao Caves and a night spent in the charming hill town of Doi Mae Salong. Learn about the region’s chequered history on a visit to the House of Opium Museum, travel down the Mekong River by longtail boat, tuck into regional delicacies and enjoy a hot spring soak on this short but sweet adventure.

- Explore a hilltribe produce market
- Take a boat ride down the Mekong River
- Sip tea in a traditional Chinese tea house

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/short-breaks
Beautiful Northern Thailand

15 DAYS, BANGKOK TO BANGKOK

Journey to Kanchanaburi and swim beneath the seven-tiered waterfall of Erawan National Park. These glacial blue falls are considered the most beautiful in the country.

Experience rural Thai life from a local’s perspective with a homestay in a small village and a trek through scenic and enlightening hilltribe villages.

**Day 1 Bangkok** Revel in the boundless energy of the Thai capital.

**Day 2 Kanchanaburi** Gaze up at the Reclining Buddha on a longtail cruise. Later, travel to leafy Kanchanaburi.

**Days 3-4 Kanchanaburi** Visit the War Cemetery and Museum, than travel on to Erawan NP for a swim beneath a seven-tiered waterfall. Float down the Mae Klong River in a raft house. **Day 5 Ayutthaya** Continue to Ayutthaya, an ancient capital city before boarding an overnight train. **Days 6-7 Chiang Mai** Enjoy free time in lush, vibrant Chiang Mai. **Day 8 Doi Mae Salong** Head through the undulating valleys of the Golden Triangle. **Day 9 Homestay** Experience village life during a homestay. **Days 10-11 Hilltribe Trek** Make sure your camera is charged for two days of hiking through bamboo forests, tea plantations and terraced rice fields. **Day 12 Chiang Rai** Take an evening boat cruise along the Mekong River. **Day 13 Chiang Mai** Enjoy a free day. **Days 14-15 Bangkok** Return to Bangkok’s busy streets.

**DEPARTURE DATES**

*Selected Sundays*

Enter TTSN on intrepidtravel.com. See inside cover for prices

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Highlights of Thailand

11 DAYS, BANGKOK TO BANGKOK

Whip up a culinary storm and taste delicious local northern cuisine in a Thai cooking class in Chiang Mai.

Immerse yourself in the wonders of an ancient tribal culture with a night in the Hmong Lodge, and be treated to a barbecue dinner and Hmong Cultural show.

**Day 1 Bangkok** Arrive in the frenetic Thai capital. **Day 2 Bangkok** Visit the Emerald Buddha, and take a cruise along the canals to see a different side of the city. Head north on an overnight train journey to Chiang Mai.

**Days 3-4 Chiang Mai** Embark on a scenic drive up to Doi Suthep, a sacred mountain famous for its copper-plated chedi and sweeping views. In the evening enjoy a khanthok dinner while being entertained by tribal dances. **Day 5 Hmong Lodge** See the embroidered dress and silver jewellery worn by the Hmong tribe. **Days 6-7 Sukhothai** On the way to Sukhothai, stop off at the Friends of the Asian Elephant Hospital.

**Days 8-9 Kanchanaburi** Boarding at Nam Tok station, take a ride along the historic tracks that follow the Kwai Noi River and cross the original wooden viaduct that became better known as the Bridge on the River Kwai.

**Days 10-11 Bangkok** Return to Bangkok and enjoy a final dinner at a local restaurant supporting a good cause.

**DEPARTURE DATES**

*Selected Fridays*

Enter TTKK on intrepidtravel.com. See inside cover for prices
Beautiful Bali

9 DAYS, UBUD TO SANUR

Climb to the summit of Mt Batur, where, on a clear morning, dazzling sunrise vistas stretch across the Lombok Strait to the peaks of Mt Rinjani.

Get active and immerse yourself in Bali’s shimmering underwater world with a snorkelling trip to the reef near Menjangan Island.

Days 1-2 Ubud Enjoy a Balinese cultural performance and a guided walk through the local villages around Ubud. Day 3 Ubud/Sidemen Tour Ubud on a bicycle. Head to the peaceful village of Sidemen. Day 4 Mt Batur See the art of songket weaving at a local workshop and venture into the mountains for wonderful views of the volcanic landscape. Days 5-6 Mt Batur/Lovina Rise early to climb Mt Batur, and be rewarded with an unforgettable sunrise (weather depending). Continue to beachside Lovina – a base for your snorkelling trip to Menjangan Island. In the evening visit Ibu Wayan to enjoy a home-cooked meal. Day 7 Lovina/Bedugul Ramble through Seririt Market in the morning. Discover a hidden waterfall in Munduk, then head to the mountain town of Bedugul. Visit Bali Botanical Gardens. Days 8-9 Sanur Stop at Lake Bratan en route to Sanur for views of a Hindu-Buddhist temple set on a small island in the lake. Perhaps enjoy a final group dinner and toast to new friends.

Selected Mondays, Wednesdays & Saturdays

Enter TISA on intrepidtravel.com. See inside cover for prices

Discover Lombok

8 DAYS, SANUR TO GILI AIR

Lombok and the Gili Islands are less frequented than their Balinese neighbour, yet offer beautiful mountain scenery and pristine beaches.

Visiting the villages of Tetebatu and Senaru provides a fascinating insight into the customs and culture of the local Sasak people.

Day 1 Sanur Arrive in the beachside town of Sanur. Day 2 Tetebatu Catch a ferry across the Lombok Strait before stopping for a local lunch en route to Tetebatu. Days 3-4 Labuan Pandan Walk past lush rice fields, clove and coffee plantations to Pringgasela village before driving to Labuan Pandan. Cruise to the nearby coral reef and snorkel in the bright blue waters, stopping for lunch at a secluded island. When night falls enjoy a fresh seafood barbecue on the beach. With any luck, you might even be treated to some live music from local musicians. Day 5 Senaru Travel onwards to the village of Senaru and spend the night nestled between Mt Rinjani and the steamy jungle of Lombok. Days 6-8 Gili Air Hop aboard a boat to gorgeous Gili Air, where clear waters and white sands await. Laze about on isolated beaches, maybe spot turtles and reef sharks while snorkelling or perhaps cruise over to the other islands of Gili Trawangan and Gili Meno to see which has the better beaches.

Selected Wednesdays & Saturdays

Enter TISM on intrepidtravel.com. See inside cover for prices

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Maximum group size 12
Hotel (7 nts), guesthouse (1 nt)
8 breakfasts, 1 lunch, 1 dinner
Private vehicle, bicycle, boat

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Maximum group size 12
Hotel (3 nts), guesthouse (4 nts)
7 breakfasts, 3 lunches, 1 dinner
Boat, private vehicle
Best of Malaysia

15 DAYS, KUALA LUMPUR TO KUALA LUMPUR

Snorkel the turquoise seas around the Perhentian Islands, a paradise of unspoiled forests and white sands.

Spend time with a local family at a homestay, an authentic experience that gives a real insight into village culture.

**Day 1 Kuala Lumpur** A finely woven tapestry of Indian, Chinese and ethnic Malay cultures gives Malaysia’s Kuala Lumpur its distinct identity. **Day 2 Melaka** Climb into the backseat of a trishaw to explore the colonial streets of historic Melaka. **Days 3-5 Taman Negara National Park** Venture into ancient rainforest, wander under the canopies and take a boat trip. **Days 6-8 Perhentian Islands** Swim in sparkling turquoise waters or snorkel among unspoilt coral reef. **Day 9 Kota Bharu** Discover the secrets of local silversmiths, watch giant kites being flown or learn the art of batik. **Day 10 Malay Homestay** Help your hosts prepare local dishes while staying in a traditional home. **Days 11-13 Penang** Travel to Penang and explore historic Georgetown on a walking tour. Make the most of the island’s famed hawker food and spot the unique street art. **Days 14-15 Kuala Lumpur** Return to Malaysia’s capital and head out in search of the best bowl of mee goreng.

**DEPARTURE DATES**

Selected Saturdays from March to September

Enter TMSA on intrepidtravel.com. See inside cover for prices

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Bali & Lombok: Hike, Bike & Raft

12 DAYS, UBUD TO GILI AIR

Enjoy a mixture of adventurous activities, from snorkelling to hiking and rafting – perfect for those who love to get their pulse racing.

Get well away from the tourist trail in eastern Bali, visiting lesser-known temples and the villages of Pura Luhur and Bebandem.

**Days 1-2 Ubud** Hit the river for some whitewater rafting down class II and III rapids. **Days 3-4 Candidasa** Limber up with a cycling trip through the foothills of Mt Agung. Dismount for a long trek through the countryside and finish at the Tirta Gangga Water Palace, where you can wash off the sweat with a dip. **Days 5-6 Amed** Travel to Pura Luhur and climb the 1700 or so steps to Lempuyang Temple. Consider hiring some snorkelling gear to dive to the wreckage of the USS Liberty. **Day 7 Senaru** Travel by fast boat to Lombok, then into the hills of Senaru. **Day 8 Mt Rinjani** Walk through shadowy forests and open fields on the full-day trek towards the crater rim of Mt Rinjani. **Day 9 Mt Rinjani/Senaru** Get up early to catch the blazing sunrise across Mt Rinjani’s crater. **Days 10-12 Gili Air** Take a boat to Gili Air, a paradise of beautiful white beaches and blue-green ocean. Snorkel among sea turtles and colourful fish and explore a few different spots around the island.

**DEPARTURE DATES**

Selected Thursdays & Sundays

Enter TIXB on intrepidtravel.com. See inside cover for prices
**Komodo & Flores Adventure**

10 DAYS, LABUAN BAJO TO LABUAN BAJO

- Explore the lesser-known Indonesian island of Flores and experience the traditional cultures of the people that live here.
- Be on the lookout for the largest living lizard in the wild on a guided exploration of Komodo Island.

**Days 1-3 Labuan Bajo** Spend two days and one night on the water, dropping anchor to search for giant Komodo dragons and snap pics at the aptly-named Pink Beach. Enjoy a full day exploring Indonesia’s underwater paradise, snorkelling amongst corals, tropical reef fish and manta rays. **Day 4 Wae Rebo** Trek deep into the rainforest for a homestay experience at an ancient tribal village. Sit down to a traditional dinner with the locals. **Day 5 Ruteng** Visit the incredible spiderweb-shaped Cancar rice fields before arriving in Ruteng. **Days 6-7 Bajawa** Drive to Bajawa and unwind in a hot spring. Learn about local customs by trekking through several Ngada villages, including one known for its impressive stone formations and ancestral shrines. Stop to enjoy lunch with locals. **Days 8-10 Moni/Labuan Bajo** Take in spectacular sunrise views of Mt Kelimutu’s three brightly coloured crater lakes. Fly back to Labuan Bajo and perhaps enjoy one final Indonesian feast with the group.

**DEPARTURE DATES**

Selected Sundays

Enter TISK on intrepidtravel.com. See inside cover for prices

**Classic Borneo**

10 DAYS, KOTA KINABALU TO KOTA KINABALU

- Spend the night at a tea plantation, sampling delicious local varieties while gazing out over gloriously verdant rolling hills.
- Borneo offers rare treats for the nature lover – see orangutans in Sepilok and search for wildlife while cruising the Kinabatangan River.

**Day 1 Kota Kinabalu** Selamat datang! Welcome to Malaysia. **Day 2 Kinabalu National Park/Ranau** Venture into Kinabalu National Park, Malaysia’s first World Heritage site. **Days 3-4 Kinabatangan River** Appreciate the local brew on a tour of a tea factory, then travel to a riverside lodge before taking a boat trip on the Kinabatangan River. **Days 5-6 Sandakan/Sepilok** Visit the lively harbourside market in Sandakan and enjoy the local cuisine. Continue on to Sepilok Orangutan Rehabilitation Centre and fall in love with these beautiful, big-eyed creatures as they swing gleefully between branches or feed on their special diet of bananas and milk. **Days 7-8 Manukan Island** Swap jungle paths for the warm waters of the South China Sea and head for Manukan Island – a tropical paradise that is just a stone’s throw away from Kota Kinabalu. **Days 9-10 Kota Kinabalu** As the adventure comes to an end, perhaps visit the Mari Mari Cultural Village to see how traditional Sabahan communities once lived.

**DEPARTURE DATES**

Selected Wednesdays & Saturdays

Enter TMKB on intrepidtravel.com. See inside cover for prices

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**Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/asia**
North, East & Central Asia

Get high on the ultra-modern skyscrapers of Shanghai or the snow-capped peaks surrounding Kyrgyzstan’s Suusamyr Valley. Find quiet in a mountain-top temple in Japan or in the vast steppes of Mongolia. Warm yourself with yak butter tea in Tibet or with spicy chilli paste in South Korea. These diverse lands offer myriad experiences for spirited travellers.
Days 1-2 Tokyo Arrive in Japan and explore the bustling, neon-lit streets of central Tokyo. Beneath the bright lights, high-tech gadgetry and crowded suburbs is a city steeped in ancient tradition. Day 3 Nikko Experience Japan’s sleek, modern trains while watching breathtaking Japanese scenery fly by on your way to charming Nikko. Boasting some of Japan’s most renowned shrines and temples, Nikko is home to several sacred sites including Tosh-o-gu Shrine, the resting place of the founder of the Tokugawa shogunate. Days 4-5 Hakone Relax on a boat trip across Ashinoko Lake, before enjoying picturesque views of the region on a cable car ride through the surrounding mountains – perhaps catch a glimpse of Mt Fuji looming in the distance. Don’t miss the chance to soak in one of Hakone’s many outdoor onsen. Days 6-7 Takayama Traditional markets and food festivals make Takayama a treat to visit year-round. Nestled in the Japanese Alps, the Hida Folk Village is a great place to see artisans at work and traditional thatched-roof houses. Spend the night in a family-run ryokan. Days 8-9 Hiroshima This reborn city has a vibrant energy that belies its tragic history – sights like the A-Bomb Dome and Peace Memorial Park make for a moving experience. Perhaps visit the nearby island of Miyajima to see its famous ‘floating’ torii gate, catch a cable car to the top of Mt Misen, or meet friendly, free-roaming deer. Days 10-13 Kyoto En route to the ancient city of Kyoto, gain insight into feudal history at Himeji Castle. Later, temples framed by golden trimming, like the magnificent Kinkaku-ji, are on the agenda, followed by a wander through the geisha district of Gion. Bid new friends farewell as the sun sets over the Land of the Rising Sun.

Japan: Land of the Rising Sun
13 DAYS, TOKYO TO KYOTO

- Traditional Japanese ryokans are an experience in themselves. Sleep on the floor on a tatami mat, keep warm beside an irori hearth, and bathe in an onsen.
- Japan’s famous railway system is the best way to see the country – it’s clean, efficient and a Japan Rail Pass is included in the trip price.
- Relax beside stunning mountain scenery on a visit to one of Hakone’s outdoor onsen. A chance to soak in one of the unique hot springs is an unmissable Japanese experience.

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/japan
Japan Express
9 DAYS, TOKYO TO KYOTO

The small town of Nikko will surprise you with its World Heritage-listed temples, picture-perfect hiking trails and steamy onsen.

Customise your own foodie adventure in one of the world’s most acclaimed culinary destinations. Your local leader is full of insider tips on where to eat.

Days 1-3 Tokyo Explore Japan’s pulsating capital – a bright and bold collection of downtown streets and serene suburban temples. A visit to Meiji Shrine, surrounded by forest, offers a calming escape from the busy city. Take in quirky youth culture in Harajuku, then in your free time perhaps visit the world’s biggest fish market, hit the shops in Shibuya or discover traditional Tokyo in Asakusa. Days 4-5 Nikko Take a scenic train ride from Tokyo to Nikko, then stroll through forests of towering cedars that conceal splendid shrines and temples. A visit to Toshogu Shrine in particular is highly recommended while here. Days 6-9 Kyoto Ride the bullet train to Kyoto. Featuring over 2000 temples, shrines and gardens, Kyoto has a postcard-worthy vista around every corner. Maybe head over to Gion, the famous geisha district, to observe the traditional teahouses and elusive kimono-clad residents. Then, perhaps end the adventure with a quintessential Japanese experience – a night out at a karaoke bar.

Southern Japan Experience
12 DAYS, OSAKA TO OSAKA

Explore the unique island of Naoshima, transformed from a sleepy fisherman’s haunt to a world-class art destination, with sleek and stylish museums and artworks.

Feel like Indiana Jones as you cross the kazurabashi vine-built bridges of the hidden Iya Valley, a remote retreat of deep gorges and lush mountains on Shikoku Island.

Day 1 Osaka Arrive in Osaka, Japan’s foodie capital. Day 2-3 Takamatsu Journey west to Takamatsu and visit the gorgeous Edo-era Ritsurin Garden. Take the ferry over to Naoshima Island and delve into its lively art scene. Days 4-5 Kotohira Climb the stairs to the Konpira-san shrine, following in the footsteps of pilgrims, for beautiful views over town. Take a day trip to the secluded Iya Valley and check out the atmospheric kazurabashi (vine bridges). Perhaps visit the restored thatched-roof samurai house. Day 6 Matsuyama Ride the ropeway up the hill to Matsuyama Castle, one of Japan’s finest. Maybe enjoy a soak at the historic Dogo Onsen. Days 7-8 Yakushima Explore the enchanting cedar-filled forests said to have inspired the film Princess Mononoke. Days 9-10 Nagasaki Travel to Nagasaki by train. Stroll the harbourside hills, passing churches and temples. Maybe visit Peace Park or the essential Atomic Bomb Museum. Days 11-12 Osaka Return to Osaka, where the trip ends.

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/japan
Japan Real Food Adventure
12 DAYS, TOKYO TO KYOTO

In a city where the motto is ‘kuidaore’ (eat until you drop), embark on a tour of Osaka’s remarkable street food, perhaps Japan’s best.

Experience the simple pleasures of obanzai ryori – the traditional home cuisine of Kyoto – in a cooking class.

Days 1-2 Tokyo Wander down Memory Lane and munch yakitori. Learn the art of making soba noodles, then take a walking tour of the historic district of Asakusa. Days 3-4 Takayama Dodge bargain hunters at the fish market, then enjoy a deliciously fresh sushi breakfast. Take a bullet train to Takayama and sip the local drop at a sake brewery. Stay at a traditional ryokan and enjoy a multi-course dinner prepared using local ingredients, exploring the centuries-old farmers markets the next morning. Days 5-6 Kanazawa Head to Omicho Seafood Market. Later, take a wagashi (sweets) making class. Day 7 Osaka Savour takoyaki and kushikatsu on a street food tour. Day 8 Koya-san Stay alongside Buddhist monks and eat traditional shojin ryori (monastic cuisine). Days 9-12 Kyoto Encounter customary fermentation methods and expert knife crafters in Nishiki Market and learn the secrets of obanzai ryori, Kyoto’s traditional style of home cooking.

Selected Sundays from March to November
Enter CJZF on intrepidtravel.com. See inside cover for prices

Classic Japan
12 DAYS, KYOTO TO TOKYO

An overnight temple stay in Koya-san, surrounded by tranquil scenery, is as peaceful and unique as it sounds.

Spend the night in a traditional Japanese ryokan sleeping on a tatami mat. These family-run inns are an unforgettable travel experience.

Days 1-3 Kyoto Discover Kyoto’s luxuriously landscaped Zen gardens, enchanting temples and famous Gion area – better known as the geisha district. Day 4 Koya-san Steeped in mysticism and religious history, the Koya-san temples are the perfect place to learn about Buddhist traditions. Meet the monks and stay overnight at Shukubo Temple. Days 5-6 Hiroshima Visit Himeji Castle en route to Hiroshima. Take a sobering glimpse into Japan’s darkest moment at the Atomic Bomb Museum and Peace Memorial Park. Day 7 Tsumago Head for the mountains and stay in a traditional ryokan. Day 8 Matsumoto Journey further into the hinterland to Matsumoto. Shop for artisan handicrafts in the merchant district of Nakamachi. Days 9-12 Tokyo Arrive in ultra-modern Tokyo. Lap up all the treasures that this neo-lit capital has to offer and explore the historic Asakusa area, cruise down the Sumida River and perhaps browse high-end shops in the glitzy Ginza district.

Selected Sundays & Wednesdays from March to November
Enter CJKJ on intrepidtravel.com. See inside cover for prices
China Highlights

**9 DAYS, SHANGHAI TO BEIJING**

- See both sides of China’s personality, from the cobbled streets and tranquil canals of Xitang to the modern thrills of Shanghai.
- Come face-to-face with China’s ancient history while gazing at the thousands of centuries-old warriors that make up the Terracotta Army.

**Day 1 Shanghai** Welcome to vibrant Shanghai! **Day 2 Shanghai/Xitang** Your leader will take you past the Art Deco architecture of the Bund and the narrow laneways of the Old Quarter. Travel to the ancient water town of Xitang and stroll its lantern-lit canals. **Day 3 Xitang/Overnight Train** Chill out by the canals, sip cups of steaming tea or learn about local history at one of the many museums. In the afternoon, board an overnight train bound for Xi’an. **Days 4-5 Xi’an** Explore historic Xi’an on a walking tour. Visit the imposing Terracotta Army and learn about its discovery before enjoying lunch with a local family. **Day 6 Great Wall** Catch a high-speed train to Beijing and then travel into the countryside. Stay at a family-run guesthouse and make Chinese dumplings with your hosts. **Days 7-9 Great Wall/Beijing** Spend time ambling along the Jinshanling section of the Great Wall then return to Beijing. Visit Tiananmen Square and the spectacular Forbidden City before the trip ends.

**DEPARTURE DATES**
- Selected Fridays, Saturdays & Sundays
- Enter CBSD on intrepidtravel.com. See inside cover for prices

North China Getaway

**12 DAYS, BEIJING TO SHANGHAI**

- Stay overnight near the Great Wall at a family-run guesthouse, and watch the sunrise from a perch on the wall itself.
- Discover the mountain heights of China in Huangshan, where the stunning rock pinnacles of Yellow Mountain peek through atmospheric mist.

**Day 1 Beijing** Arrive in China’s capital, a city of ancient buildings and architectural marvels. **Days 2-4 Great Wall** Travel by private bus to the Great Wall and hike the unrestored Gubeikou and Jinshanling sections, scoring some sunrise snaps of one of the world’s greatest architectural wonders. **Days 5-6 Xi’an** Sample street food on a walk through the lively Muslim Quarter, and maybe visit the Great Mosque. Later, salute emperor Qin Shi Huangdi’s famous Terracotta Army. **Day 7 Shanghai** Embark on a walking tour of China’s most dynamic city. **Days 8-9 Huangshan** Translated as Yellow Mountain, the dramatic peaks populating this beautiful area are breathtaking. **Day 10 Hongcun** Pass through verdant bamboo and pine forests en route to the age-old village of Hongcun. Amble along the quiet cobblestone streets or hire a bike to pedal out to surrounding villages. **Days 11-12 Shanghai** Perhaps head out to one of Shanghai’s many rooftop bars before the journey ends.

**DEPARTURE DATES**
- Selected Wednesdays
- Enter CBRF on intrepidtravel.com. See inside cover for prices

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/china
South Korea Real Food Adventure

8 DAYS, SEOUL TO SEOUL

- Wash down the other version of KFC – Korean fried chicken – with a glass of Soju, Korea’s national tipple.

- Jeonju is a culinary haven for all things savoury. Dig in to a bowl of bibimbap before learning to make pickled serves of kimchi with a master of the craft.

Day 1 Seoul Taste Korea’s famous KFC and maybe wash it down with a cold beer. Day 2 Jeonju Enjoy bibimbap at a famous restaurant, then discover how to make spicy kimchi with a grand master. Day 3 Sunchang Learn how gochujang (fermented red chilli paste) is made and take a stroll around the base of Mt Gangcheon. Day 4 Gyeongju Maybe explore the city’s royal tombs before enjoying a lunch of Korean comfort foods. Spend the night in a monastery, where a traditional martial arts display and vegan dinner await. Day 5 Gyeongju Perhaps rise early for a traditional prayer ceremony and meet a monk to learn about Sunmudo Buddhism over tea. Get an insight into agricultural life at a picturesque apple orchard and sample homemade snacks. Day 6 Busan Wander the aisles of Jagalchi Seafood Market, then savour a clambake lunch by the ocean. Head to a craft brewery for a behind-the-scenes tour and tasting. Days 7-8 Seoul Enjoy a final meal at the Majang Dong Beef Market in Seoul.

Taiwan Real Food Adventure

9 DAYS, TAIPEI TO TAIPEI

- Dine at Sin Yeh, a legendary Taipei institution, sample unique flavours at a local night market and set out on delicious street food crawls in Tainan and Jiufen.

- Roll up your sleeves for some hands-on, behind-the-scenes food experiences with visits to a tea field, a spring onion farm and a whisky distillery.

Day 1 Taipei Get your first taste of this underrated food destination at the Ningxia Night Market. Day 2 Tainan Set out on a street food tour of Anping Old Street. Later on, head to a 100-year-old restaurant for a menu-less meal. Day 3 Taichung/Puli Visit Chikan Lou and a Confucian temple. Sample freshly harvested, grilled oysters at Cigu Lagoon. Day 4 Sun Moon Lake/Yilan Enjoy some cycling around Taiwan’s only natural lagoon, followed by a picnic lunch. Day 5 Yilan Learn the delicate art of making xiao long bao (steamed soup dumplings). Head to a legendary eatery to try their renowned jar-roasted chicken. Day 6 Yilan/Taipei Take part in a tea picking and tasting experience at a tea field, a cooking class at a spring onion farm and a tour and taste at a local whisky distillery. Days 7-9 Taipei Try your hand at some classic Taiwanese dishes with a master local chef, learn about a transformative sweet potato program that supports single mothers, and sample street food in Jiufen Village.

DEPARTURE DATES

Selected Thursdays from April to November
Enter CJZK on intrepidtravel.com. See inside cover for prices

DEPARTURE DATES

Selected Mondays from March to November
Enter CJZT on intrepidtravel.com. See inside cover for prices
Tibet Journey

14 DAYS, BEIJING TO CHENGDU

Experience one of the world’s greatest train journeys, crossing incredibly mountainous and remote terrain as you travel to the ‘Roof of the World’ in Tibet.

Stand in the shadow of the mightiest mountain of them all as you gaze at monolithic Qomolangma –otherwise known as Mt Everest – from the nearby Base Camp.

Day 1 Beijing Welcome to Beijing! Explore the atmospheric hutongs and backlanes if you have free time.

Days 2-3 Great Wall/Train to the Roof of the World Climb or take a cable car to a well-preserved portion of the Great Wall. Later, take a scenic train ride to the ‘Roof of the World’. Days 4-6 Lhasa Learn to make momos (Tibetan dumplings) before hearing resident monks debate at Sera Monastery. Explore the Potala Palace and Jokhang Temple.

Day 7 Gyantse Enjoy a spectacular drive to Gyantse.

Day 8 Shigatse Visit Palkhor Monastery and Kumbum Stupa before heading to Shigatse.

Day 9 Sakya Travel to Sakya monastery.

Day 10 Everest NP Arrive at Rongphu Monastery, the highest monastery in the world, while taking in views of towering Mt Everest.

Day 11 Shigatse Enjoy a scenic drive back to Shigatse.

Day 12 Lhasa Visit the Tashilhunpo Monastery before travelling back to Lhasa.

Days 13-14 Chengdu Perhaps sample some Sichuan hot pot to mark the end of the trip.

Selected Saturdays from April to October Enter CBSO on intrepidtravel.com. See inside cover for prices

Tibet Uncovered

15 DAYS, KATHMANDU TO KATHMANDU

Accompany devoted pilgrims on their kora (prayer circuit), spinning prayer wheels on a clockwise walk around the perimeter of the vast Tashilhunpo Monastery.

An overnight stay near Everest Base Camp, in the midst of the world’s highest peaks, is truly an experience to remember.

Days 1-3 Kathmandu Discover Nepal’s capital. Days 4-7 Lhasa Visit Jokhang Temple, check out Sera Monastery, take a cooking class, and discover Potala Palace. Head for the hills to see the dramatic Drak Yerpa Monastery. Day 8 Gyantse Take in spectacular views and snap photos en route to Gyantse. Day 9 Shigatse Home to the best-preserved monastery in Tibet, Shigatse is the seat of the Panchen Lama. Day 10 Sakya Witness medieval Mongolian architecture and mingle with locals. Day 11 Everest National Park Make the exhilarating drive up to Everest National Park and take the scenic hike to the breathtaking Base Camp. Day 12 Shigatse Return to Shigatse and visit Tashilhunpo Monastery. Afterwards, why not join the pilgrims on their kora (prayer circuit). Day 13 Lhasa Journey back to Lhasa. Days 14-15 Kathmandu Back in Kathmandu, chill out in a cafe and reminisce about this incredible adventure.

Selected Sundays from April to October Enter CBSN on intrepidtravel.com. See inside cover for prices
Russian New Year
Experience the spirited festivities of the Russian New Year on this special Russian Highlights adventure. See Moscow’s famous sights under a layer of snow, toasting the old year out with vodka and the new one in with champagne.

For more info enter WBSW on intrepidtravel.com

Beijing to Moscow
16 DAYS, BEIJING TO MOSCOW
Travel across continents and time zones on one of the world’s greatest train journeys through China, Mongolia and Russia.
Discover a way of life that has changed very little since the 18th century with a visit to an Orthodox Christian Old Believers’ village in Ulan-Ude.

Day 1 Beijing Welcome to China’s populous capital. Day 2 Overnight Train Board a train for the first leg of this epic journey to Moscow. Days 3-6 Ulaanbaatar/Ger Camp Cross the border into Mongolia. Stay in a traditional ger, visit a Buddhist retreat, walk through alpine parks and cook delicious Mongolian dumplings. Day 7 Trans-Mongolian Train Enjoy a final morning in Ulaanbatar then take the train across the border into Siberia. Days 8-9 Lake Baikal Stay by the world’s deepest, oldest and largest freshwater lake and tuck into a home-cooked meal. Days 10-12 Trans-Siberian Railway Depart from Ulan-Ude after visiting the Old Believers’ village and watch the world go by on the longest non-stop stretch of the train journey. Day 13 Kungur Break up the journey with a stop in Kungur. Visit a local family to make traditional gingerbread and share a cup of tea. Days 14-16 Overnight Train/Moscow Wander the streets of Moscow, Russia’s capital, and take in its famous sights.

Russia Highlights
8 DAYS, MOSCOW TO ST PETERSBURG
Stay in a traditional wooden guesthouse in one of Suzdal’s quiet streets and call in at the home of our local friends to indulge in a hearty regional meal.
Visit the austere mausoleum of Lenin, the initiator of the 1917 Russian revolution which ushered in the era of communism, at Red Square in beautiful Moscow.

Day 1 Moscow Learn why the city of Moscow is considered one of the world’s great capitals. Day 2 Suzdal With its brightly coloured onion domes and chiming cathedral bells, Russia’s former capital has a fairytale feel to it. Tonight, enjoy a hearty meal in the home of one of our local friends. Day 3 Moscow After a guided walk of Suzdal’s old churches and wooden cottages, travel by high-speed train back to Moscow for an evening at your leisure. Days 4-5 Overnight Train/Novgorod Explore Moscow’s famous Kremlin and Armoury Museum. Arrive in the oldest city in Russia and admire its well-preserved architectural treasures. Choose to join locals for an optional steam at the public banya (bathhouse). Days 6-8 St Petersburg Complete the final leg of the journey with a bus trip to St Petersburg. Join a walking tour and hear tales about the colourful characters who are associated with each historical attraction in St Petersburg. Join a local family for a Russian tea party before this trip comes to an end.

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/russia
Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/mongolia

Mongolia’s Naadam Festival

Embrace the festive atmosphere at the Naadam Festival, a spectacle of wrestling, horse racing and archery that’s changed little since the 12th century. Attend the opening ceremony and get behind the scenes by visiting athletes’ training camps.

For more info enter CBSOS on intrepidtravel.com

Wild Mongolia

15 DAYS, ULAANBAATAR TO ULAANBAATAR

Experience Mongolia’s incredible landscapes by jeep, camel and on foot, from the rolling dunes of Karakorum to the volcanic craters of the Great White Lake.

Two homestays with local families allow you to experience nomadic life from the inside – a rare, rewarding cultural experience to remember.

Situated in the valley of the Delger River, the Tsenkher Hot Springs offer the perfect place to relax and unwind after a long journey on the road.

Day 1 Ulaanbaatar Arrive in a city where Soviet architecture sits alongside ger districts and monasteries. Day 2 Amarbayasgalant Monastery Drive through the beautiful Mongolian countryside to a remote Manchu-style monastery dedicated to Buddhist sculptor Zanabazar. Get your first taste of life in a ger tonight. Day 3 Selenge River Relax in the stunning surrounds of the Selenge River. Keep your eyes peeled for the country’s diverse wildlife en route, such as marmots and various bird species. Hike to the top of Togoo Uul (Pot Mountain), an extinct volcano, and be rewarded with views of the crater’s lush interior. Day 4 Selenge River Embark on another long drive to what is bound to be a highlight of the trip – a stay with a local nomad family in the mountainous outskirts of Ikh Uul. This is a rare opportunity to see how modern Mongolians are preserving an ancient way of life. Days 5-6 Lake Khovsgol Bid farewell to your host family after breakfast and make tracks for Lake Khovsgol. Here you’ll discover a pristine wilderness area home to spectacular fir forests and meadows peppered with wildflowers. Days 7-9 Terkhiin Tsagaan Lake Gaze over this sublime mountainous landscape and enjoy dinner with a local family. Days 10-11 Tsenkher Visit a museum featuring traditional Mongolian costumes and art before enjoying a soak in the hot springs. Days 12-13 Karakorum/Khogno Khan Continue to Karakorum, a town built by the legendary Genghis Khan in the 13th century. Visit the Erdene Zuu Khiid, birthplace of Mongolian Buddhism. Enjoy a camel trek through nearby dunes. Days 14-15 Ulaanbaatar Return to the capital. Conclude this adventure with a cultural performance featuring dance and throat singing.
Central Asia Explorer
17 DAYS, BISHKEK TO TASHKENT

Stay in a yurt at beautiful Son-Kol, an alpine lake. In mid-summer you may see herds of sheep, goats and horses watched over by herdsmen and their families.

Travel to Bukhara, a standout Silk Road city for many travellers. Check out its incredible medressas and minarets and browse the local bazaars for handmade crafts.

Days 1-2 Bishkek Get your bearings on a full-day city tour. Day 3 Kochkor See the Burana Tower, enjoy lunch with a local family and pass by Issyk-Kol. Day 4 Son-Kol Travel to Son-Kol to see petroglyphs and visit a nomad camp. Day 5 Kyzyl-Oi Head to Kyzyl-Oi and enjoy a picnic on the banks of Kokomeren River. Day 6 Kok-Bel Cross the stunning Suusamyr Valley.

Days 7-8 Osh Visit Uzgen Minaret en route to Osh, then explore Sulaiman-Too Mountain. Days 9-10 Tashkent Cross into Uzbekistan and admire the relics in the State History Museum and perhaps catch a show at the theatre. Days 11-12 Samarkand Visit the Shah-i-Zinda Mausoleum complex, the Bibi-Khanym Mosque and the Registan.

Days 13-15 Bukhara See the palaces and mosques of Shakhrisabz, then continue to Bukhara to see incredible ancient architectural sights. Make a day trip to Gijduvan and take part in a ceramics workshop in the private studio of a master. Days 16-17 Tashkent Return to the Uzbek capital.

Tashkent to Ashgabat
10 DAYS, TASHKENT TO ASHGABAT

Steeped in Silk Road history and immortalised in many great tales, the UNESCO-protected town of Khiva is as photogenic as it is legendary.

Ashgabat rose from the devastation of an earthquake in 1948 and has since enjoyed a surreal and futuristic makeover.

Day 1 Tashkent Xush kelibsiz! Days 2-3 Khiva Take a morning flight to colourful Khiva and explore this walled city on a guided tour. Discover blue-tiled minarets, opulent mausoleums and mosques aplenty. Day 4 Darvaza Head to Konye Urgench, a once-great city that still contains the ruins of many monuments from between the 11th and 16th centuries. Continue to Darvaza and set up camp next to the 70-metre-wide crater that has been permanently ablaze here since 1971. Days 5-6 Ashgabat Stop at the desert settlement of Yerbent before arriving in Ashgabat, a unique city that sometimes resembles a sci-fi film set. Spend a few days wrapping your head around the blend of futurism and tradition. Day 7 Mary Stop to roam the ruins of Abiverd en route to Mary.

Day 8 Merv/Mary Visit the sprawling World Heritage site of Merv and wander among relics of various empires. Days 9-10 Ashgabat Return to Ashgabat before your Silk Road adventure comes to an end.

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/asia
INDIA, SRI LANKA, NEPAL & BHUTAN

Home to rich natural landscapes, bucolic villages and historical treasures, these South Asian nations are known to affect travellers in their own distinct ways. Witness a rainbow of flags flapping in the wind outside Everest Base Camp and see the sunset over the crumbling fortifications of Galle. From the steamy jungles of India to the fragrant spice gardens of Sri Lanka, the golden pagodas of Nepal to the towering monasteries of Bhutan, the memories made here are unforgettable.
Classic Rajasthan

15 DAYS, DELHI TO DELHI

Get the adrenaline pumping with a tiger-spotting adventure among the lakes and crags of Ranthambhore National Park.

Explore Rajasthan’s incredible architecture, from the sprawling Amber Fort to Udaipur’s royal palace and, of course, the unforgettable Taj Mahal.

Soak up the atmosphere of Udaipur, from the romance of shimmering lakes and marble palaces to the energy of twisting alleys and bustling bazaars.

Days 1-2 Delhi Get caught up in chaotic Delhi, a city brimming with historical sites, museums and markets. Take a cycle rickshaw tour then join the crowds and scout for a bargain in the many bazaars. **Day 3 Agra** Jump aboard a train bound for the Mughal city of Agra and be amazed by the iconic Taj Mahal. **Day 4 Rural Heritage Stay** Leave the city behind and stay at a former royal residence. Explore the village, meet the locals and chat with traditional craftspeople for a unique insight into Indian life. **Days 5-6 Jaipur** Climb to the hilltop Amber Fort before making tracks to Jaipur, the ‘Pink City’ of Rajasthan. Bursting at the seams with markets filled with jewellery, textiles and folk-based arts, Jaipur is the perfect place to spend some time bargaining for souvenirs and exploring lively bazaars. **Day 7 Ranthambhore National Park** Safari into the heart of the Indian bush on the lookout for tigers and discover tranquil lakes and ruined palaces. **Day 8 Bundi** Travel out to charismatic Bundi. Admire stunning murals at the palace that presides over the town’s Brahmin-blue rooftops, explore the enchanting alleyways and experience life in remote India. **Days 9-10 Rural Heritage Stay** Journey through rural Rajasthan to the quaint town of Bassi. Spend the first night in a deluxe tent camping under the stars, then the second night sleep in a beautiful fortified mansion. **Days 11-12 Udaipur** See Udaipur’s rolling hills, white marble palaces and blue lakes combine to form the most romantic city in Rajasthan. **Days 13-14 Pushkar** Journey to pious Pushkar and see one of India’s most significant Brahma temples. Share a meal with a local family and learn about their life living in the desert. **Day 15 Delhi** Come full circle and return to the hum of Delhi.

Maximum group size 12

Hotel (10 nts), heritage property (3 nts), deluxe permanent tent (1 nt)

3 breakfasts, 2 dinners

Metro, auto rickshaw, private vehicle, train, bus, jeep, safari vehicle, camel

DEPARTURE DATES

Selected Sundays, Tuesdays, Thursdays & Fridays. Enter HHSC on intrepidtravel.com/india See inside cover for prices
Delhi to Kathmandu

15 DAYS, DELHI TO KATHMANDU

- Explore Old Delhi – where ancient temples stand against billboards advertising Bollywood films – by foot and cycle rickshaw.
- Get a real insight into local life in Orchha – witness a cooking demonstration with a local family, attend a local prayer ceremony and visit a community project.

Day 1 Delhi The colourful capital of India will leave a lasting impression. Day 2 Agra Visit Agra’s most famous monument, the Taj Mahal, then spend the afternoon exploring the Red Fort. Days 3-5 Orchha Take a train to the incredible Orchha Palace in Madhya Pradesh. Witness a cooking demonstration by a local family and visit a community project. Day 6 River Ganges Sail down the holy Ganges River and camp overnight on its banks. Days 7-8 Varanasi Explore the ultimate destination for Hindu pilgrims. Wander the Old City, take part in a traditional ceremony and cruise past pilgrims absolving their sins. Day 9 Lumbini Cross the border into Nepal and travel to Buddha’s birthplace. Days 10-12 Chitwan National Park Look out for tigers, rhinos and monkeys on safari through Chitwan National Park. Days 13-15 Kathmandu Pass the snow-capped peaks of the Himalaya en route to Kathmandu. Visit the holy sites of Swayambhunath Temple, Bodhnath Stupa and Pashupatinath.

DEPARTURE DATES
Selected Mondays, Wednesdays, Thursdays & Fridays
Enter HHSK on intrepidtravel.com. See inside cover for prices

Delhi to Goa

15 DAYS, DELHI TO GOA

- Stroll the streets of the Heritage Quarter and take in circus-style performances at Chowpatty Beach during a guided walking tour of Mumbai.
- Goa may be a golden-sand beauty, but there’s more to life here than soaking up sun. Gorge on a sumptuous Goan feast and opt to tour an organic spice farm.

Days 1-2 Delhi Arrive in the frenetic Indian capital. Day 3 Agra After being dazzled by the Taj Mahal, see more of Agra’s historic monuments on a motorised rickshaw tour. Visit Akbar’s Mausoleum, a sandstone and marble tomb built for the greatest Mughal emperors. Days 4-5 Jaipur Settle into a family-run heritage hotel in Rajasthan’s capital. Visit the hilltop Amber Fort and see the red-stone palace, Hawa Mahal (Palace of the Winds). Days 6-7 Pushkar Check out Pushkar’s lively market and stroll around the sacred lake, observing the devout as they worship. Days 8-9 Udaipur Explore twisting alleyways and bazaars selling silver jewellery, shoes, bags and miniature paintings. Maybe take a cooking class or tour the City Palace complex. Days 10-11 Mumbai Pay a visit to Chowpatty Beach, where palmists, magicians and acrobats vie for attention. Days 12-15 Goa Admire whitewashed churches, enjoy some beach time and perhaps finish up with some yoga.

DEPARTURE DATES
Selected Tuesdays
Enter HHRG on intrepidtravel.com. See inside cover for prices

38 Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/asia
Unforgettable India
15 DAYS, DELHI TO DELHI

Situated on the banks of the Betwa River, Orchha has changed little over the centuries. Witness an evening puja (prayer) ceremony at one of the town’s many temples.

Hear the success story of how the tigers of Panna National Park were brought back from the brink of extinction to become the thriving population that lives there today.

Day 1 Delhi Kick off the adventure in India’s capital. Day 2 Agra Take a train south and visit the Taj Mahal and Agra Fort. Days 3-4 Chanderi Soak up the small-town charm of Chanderi. Days 5-6 Orchha Travel to Orchha, a town little changed over the centuries. Enjoy an evening puja (prayer) ceremony and perhaps delve into local flavours on an optional cooking demonstration. Day 7 Alipura Dine at the Alipura Palace. Day 8 Khajuraho The intricate carvings of the Khajuraho temples celebrate Hindu legends, epic battles, and the famed Karma Sutra.

Days 9-10 Panna NP/Overnight Train Spend two days on safari in the wilderness, looking for tigers and other creatures. Board an overnight sleeper train to Varanasi. Days 11-13 Varanasi/Overnight Train Ramble the ghats, attend a sunset Ganges candle ceremony and cruise the river, then return to Delhi by overnight train. Days 14-15 Delhi Wander the labyrinthine streets and lively markets of Old Delhi before an optional farewell dinner.

Indian Getaway
11 DAYS, DELHI TO DELHI

Travelling across India wouldn’t be complete without a sleeper train journey. With padded bunks and vendors selling chai, this is a quintessential Indian experience.

The village of Tordi is a place few travellers get to see. Spend a night in a World Heritage-listed palace in this peaceful town.

Days 1-2 Delhi Explore Old Delhi with the help of a local guide. Pay a visit to Jama Masjid, the city’s oldest mosque, and learn about Sikh history at Sheeshganj Gurudwara. Days 3-5 Varanasi Follow in the footsteps of Hindu pilgrims and travel to the holy city of Varanasi. Witness devotees bathing in the Ganges River and paying homage to their ancestors. Day 6 Agra Take an overnight train to Agra and ponder the incredible beauty of the Taj Mahal. Day 7 Tordi Travel through the countryside to Tordi. Scramble onto a camel cart for a village tour around the beautiful surroundings. Days 8-9 Jaipur Discover the pink-washed buildings of the ‘Pink City’. Head out on a guided tour of the medieval Amber Fort and hunt for the perfect pottery at the Old Bazaar. Days 10-11 Delhi After a long journey back to Delhi, soak up the last days of this adventure. Perhaps visit Humayun’s Tomb, the 12th-century Qutub Minar or the historic Red Fort.
India’s Golden Triangle
8 DAYS, DELHI TO DELHI

- Visit some of India’s most iconic monuments, including the pink-hued Amber Fort, Agra Fort and an epic symbol of love and loss – the Taj Mahal.
- Travel the famous Golden Triangle and delve into the history of its forts, the opulence and splendour of its palaces and the buzz and bustle of its markets and bazaars.

**Days 1-2 Delhi** Welcome to India’s capital, a chaotic medley of bazaars, temples, mosques and colonial buildings. Stroll through the exuberant alleyways of Old Delhi and see the magnificent Jama Masjid, Delhi’s oldest mosque, before learning about the history of the Sikh religion at a local temple. **Days 3-4 Jaipur** Considered the gem of Rajasthan, Jaipur’s pink sandstone Hawa Mahal, Amber Fort and lively streets make it a colourful destination. An optional morning hot air balloon ride is a highlight for many travellers. **Day 5 Rural Heritage Stay** Make tracks for Karauli, a delightful town packed with rural ambience and traditional temples. Take a guided walk of the Old Quarter and enjoy an evening of traditional music and food during a heritage stay. **Days 6-8 Agra** Visit the massive Agra Fort – a maze of halls, mosques, chambers and gardens – before returning to Delhi for a final taste of the capital.

**Selected Mondays, Tuesdays, Thursdays & Saturdays**
Enter HHSN on intrepidtravel.com. See inside cover for prices.

India Himalaya: Hike, Bike & Raft in Ladakh
11 DAYS, DELHI TO DELHI

- Whether it’s on a raft, two feet or two wheels, adventure can be found at every paddle, pedal and step in the Ladakh region.
- Sandwich your adventure with overnight stays in Delhi, India’s chaotic capital that sits in vivid contrast to the peace of the Himalayas.

**Day 1 Delhi** Welcome to chaotic Delhi! **Days 2-3 Leh** Fly to the high-altitude town of Leh and spend two days acclimatising. Hit the Tibetan market and visit Leh Palace and the Shanti Stupas. **Day 4 Likir** Experience Ladakh’s famous torrents as you paddle a stretch featuring grade III/IV rapids. **Day 5 Yangthang** Set off from the village of Likir to begin your trek. Hike through villages and cross small passes before arriving in Yangthang, where you’ll camp for the night under the Himalayan stars. **Day 6 Hemis Shukpachan** Pass through groves of poplar, willow, apricot and apple trees alongside a mountain stream as you hike past Rizong Monastery and Chulichan Nunnery. **Day 7 Leh** Cross Maptik La (3750 m), pausing to take in the sweeping view before descending to remote Temisgam Village where the trek ends. **Days 8-9 Leh** Tour Leh’s sights by bike. Embark on a scenic descent from Khardung La on Day 9. **Days 10-11 Delhi** Return to Delhi for a final evening.

**Selected Thursdays**
Enter HHXA on intrepidtravel.com. See inside cover for prices.
Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/india

Best of India
Visit India and follow the famous Golden Triangle. Enjoy the perfect introduction to India’s three most popular destinations – Delhi, Agra and Jaipur – as we explore the icons and discover the secrets of this fascinating region on a 19-day tour.

For more info enter HHSC on intrepidtravel.com

North India Highlights
9 DAYS, DELHI TO DELHI

Discover the man-made wonders strewn across India’s north, from Jaipur’s ‘Palace of the Winds’ to Agra’s iconic Taj Mahal and eponymous fort.

Immerse yourself in the spiritual – Delhi’s mosques, Varanasi’s ghats, the Ganges’s candle flower ceremonies, evening prayer calls and ancient bathing rituals.

Days 1-2 Delhi Get a taste of Old Delhi’s spiritual side on a walking tour, visiting the city’s oldest mosque and a Sikh temple along the way. Perhaps hop on a cycle rickshaw to navigate the busy streets of the famous Chandni Chowk and see the city’s timeless bazaars and scented spice markets. **Day 3 Agra** Visit the spectacular Taj Mahal and learn the tragic story behind its construction before visiting the enormous Agra Fort.

Days 4-5 Jaipur See for yourself why Jaipur is called the ‘Pink City’ during a walking tour. Climb to the hilltop Amber Fort before visiting magical Hawa Mahal. Watch as the building’s ornate architecture becomes a sublime backdrop to an evening sunset.

Days 6-7 Varanasi Fly to one of India’s most sacred cities. Soak up the atmosphere of a candle flower ceremony and take a sunrise boat ride on the holy Ganges. **Days 8-9 Delhi** Haggle with vendors in colourful bazaars before catching a flight back to the capital.

**DEPARTURE DATES**
Selected Thursdays & Sundays
Enter HHKH on intrepidtravel.com. See inside cover for prices

Mountains & Mystics of India
13 DAYS, DELHI TO DELHI

The colonial charm of Shimla Hill Station offers a great introduction to the Himalayas, and the World Heritage-listed ‘toy train’ is a great way to get there.

As the home of the Dalai Lama, tranquil Dharamsala is the ideal place for an enlightening experience of Tibetan spirituality, culture and history.

Days 1-2 Delhi Be amazed by the sights, sounds and smells of Old Delhi on a walking tour. **Days 3-4 Shimla** Journey on the ‘toy train’ to the colonial mountain town of Shimla, where British viceroys once gathered to escape the monsoonal heat. **Day 5 Mandi** Descend to the banks of the Beas River and discover a town that was once a prominent stop on the salt trading route to Tibet. **Days 6-7 Dharamsala/McLeod Ganj** Navigate across mountainous roads to the home of the exiled Dalai Lama. Stroll the beautiful gardens of the Norbulingka Institute, which offers a range of on-site workshops and the chance to see the creation of traditional Tibetan art.

Days 8-9 Amritsar Visit the Golden Temple, situated in the middle of a sacred lake. Travel to the Wagah border to witness the daily flag ceremony. **Days 10-11 Rishikesh** Get in touch with spiritual pursuits on a tour of the ‘yoga capital of the world’. **Days 12-13 Delhi** Return to India’s lively capital for one final curry.

**DEPARTURE DATES**
Selected Mondays, Tuesdays & Sundays
Enter HHSF on intrepidtravel.com. See inside cover for prices

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/india
India Real Food Adventure
15 DAYS, DELHI TO GOA

Meet a passionate local in Agra to learn about Mughal dishes such as keema matar (minced mutton and green peas) and malai ki sabzi (vegetables cooked with cream).

Visit Udaipur’s market to pick up ingredients before preparing your own north Indian thali meal of rice, dal, vegetables, roti, chutney, something sweet and more.

Days 1-2 Delhi Tuck into a vegetarian feast at a Sikh temple and meet a spice trader in the Chandi Chowk market district. Day 3 Agra Witness the enduring beauty of the Taj Mahal. Meet a passionate cook in her home for a demonstration and sampling of dishes like Mughlai chicken pulao.

Days 4-5 Jaipur Lose yourself in the Palace of the Winds, discover the oldest chaiwala (tea vendor) in the city and make your own Rajasthani dishes.

Days 6-7 Bijaipur Stay in a 16th-century fortress and dine on traditional desert meals such as ker sangri (spicy beans) and lal maas (spicy meat).

Days 8-10 Udaipur Upon arrival in Udaipur enjoy a street food snack tasting and lunch in the Old City.

Days 11-12 Mumbai Snack on street foods such as bhel puri (a spicy puff iced rice snack) and visit a restaurant dedicated to Parsi cuisine.


DEPARTURE DATES
Selected Tuesdays & Fridays
Enter HHZM on intrepidtravel.com. See inside cover for prices

South India Real Food Adventure
12 DAYS, BANGALORE TO KOCHI

Spicy green chillis, mouthwatering mango chutneys and Gawti curries full of garlic are just a few staples of Kodava cuisine – learn more at a hands-on cooking class in Kodagu.

Among the swaying palm trees, lush rice paddies and winding waterways of the Kerala, savour regional favourites at the table of a local family.

Day 1 Bangalore Visit a Bangalorean institution to enjoy masala dosa, a stuffed savoury pancake. Days 2-3 Kodagu Walk through a coffee plantation in the Western Ghats and prepare sumptuous Kodava (Coorgi) dishes in a cooking class. Day 4 Mysore Uncover the secrets to the perfect biryani and marvel at the red domes of Mysore Palace. Day 5 Madurai Sample peppercorn semolina, hand-churned ice cream and other Tamil flavours on a street food tour with a local foodie. Day 6 Kanadukathan Take a masterclass in spicy Chettinad cuisine at an impressive 19th-century mansion.

Days 7-8 Periyar Visit an aromatic spice plantation, enjoy a guided walk through Periyar Wildlife Sanctuary and whip up parotta (layered flatbread) with a Keralan cook. Day 9 Kerala Backwaters Delve into the Kerala backwaters for a homestay. Drift along sleepy rivers on a pole-boat before sitting down to a home-cooked dinner.

Days 10-12 Kochi For a fitting end to your journey, take a Keralan sadya (celebration feast) cooking class.

DEPARTURE DATES
Selected Fridays
Enter HHZI on intrepidtravel.com. See inside cover for prices
North India Adventure

Rose-hued cities, timeworn desert forts and holy rivers – north India is the subcontinent’s showpiece, a place where ancient ruins punctuate peaceful countryside and everyday life is a riot of colour and noise. Soak it up.

For more info enter HHSYC on intrepidtravel.com

Southern India
15 DAYS, KOCHI TO KOCHI

Known as the ‘Queen of the Arabian Sea’, Kochi is an intriguing blend of Chinese, Portuguese, Dutch and English influences.

Discover the waterfalls, tea plantations and spice markets of southern India’s Western Ghats, a jungle-clad mountain range older than the Himalayas.

Days 1-2 Kochi Visit fragrant spice bazaars, antique shops, Mattan cherly Palace and Fort Kochi. Days 3-4 Coonoor Ride the famous Ooty toy train through rolling plantations and learn the secret of making the perfect brew at a tea garden. Day 5 Mudumalai National Park Stay in a jungle retreat at the foot of the Nilgiri Hills. Days 6-7 Mysore View the stained glass windows of the ornate Mysore Palace and take the opportunity to dine with a local family. Day 8 Mamallapuram Travel to Mamallapuram and cycle around the Shore Temple. Day 9 Puducherry Follow the scenic south coast of India to French-influenced Puducherry. Day 10 Madurai Witness a Hindu ceremony in the vast Sri Meenakshi Temple. Days 11-12 Periyar Wildlife Sanctuary Join a guide and explore the jungle of Periyar Wildlife Sanctuary. Day 13 Kerala Backwaters Take a sunset boat tour through the Kerala backwaters. Days 14-15 Kochi Enjoy free time to explore the vibrant streets of Kochi.

SELECTED DEPARTURE DATES
Selected Tuesdays, Fridays & Sundays
Enter HHSS on intrepidtravel.com. See inside cover for prices

Classic South India
15 DAYS, CHENNAI TO KOVALAM

With its idyllic lifestyle and contemporary feel, Puducherry is a beautiful seaside town to explore. Go for a boardwalk stroll, kulfi (Indian ice cream) in hand, of course.

Take the atmosphere of Darjeeling, add lush tropical jungle, and you have the Western Ghats: a hotspot of biodiversity with waterfalls, spice plantations and a colourful past.

Day 1 Chennai Soak up the energy of Chennai, India’s fourth-largest city. Days 2-3 Puducherry Embrace the relaxed fishing-village vibe of Mamallapuram before driving to Puducherry. The next day, enjoy the city’s distinctly European feel on a walking tour. Day 4 Thanjavur Visit the World Heritage-listed Hindu marvel, Brihadeiswarar Temple. Day 5 Karaikudi Step inside the grandiose havelis of Karaikudi. Days 6-7 Madurai Wander through colourful bazaars and visit Sri Meenakshi Temple, a maze of lamp-lit corridors leading to shrines. Days 8-9 Periyar Wildlife Sanctuary On the way to Periyar, pass through lush pineapple plantations. Days 10-11 Kochi Encounter Chinese, Portuguese and Dutch influences in delightful Kochi. Day 12 Kumarakom Discover one of rural India’s hidden treasures along the canals of Kerala. Days 13-15 Kovalam Sitting on the Arabian Sea, Kovalam Beach is a great spot to unwind at the end of your trip.

SELECTED DEPARTURE DATES
Selected Mondays, Thursdays & Fridays
Enter HHKS on intrepidtravel.com. See inside cover for prices
Circle Sri Lanka

15 DAYS, NEGOMBO TO COLOMBO

- Swap a jungle eco-lodge for the beautiful beach town of Mirissa and enjoy a couple of relaxing days swimming, fishing and living it up in a low-key fashion.
- Lion Rock at Sigiriya is an amazing rock fortress, one of the true highlights of this country. Ready your camera for superb views from the top.

Day 1 Negombo Get into the seaside spirit in Negombo. Days 2-3 Anuradhapura Cycle through Anuradhapura, perhaps visiting the birthplace of Sri Lankan Buddhism. Day 4 Polonnaruwa Visit beautiful palaces and massive stone Buddhas. Day 5 Dambulla Discover Dambulla’s cave temples and Buddha images. Days 6-7 Kandy Climb to the top of Sigiriya, the ancient rock fortress, for glorious views before exploring Sri Lanka’s culture capital. Visit the Temple of the Tooth and take a guided tour of a tea factory. Day 8 Bandarawela Take the train through the highlands then learn the secrets of traditional cuisine with a local. Days 9-10 Tamil Village Hike to lunch at a tea worker’s house then spend an evening glamping at an eco-lodge in the jungle. Days/uni00A011-12 Mirissa Drop by an elephant project before arriving in the beautiful beach town of Mirissa. Day 13 Galle Stroll around the city’s ramparts at dusk. Days 14-15 Colombo Travel to Colombo for a guided walking tour before the trip ends.

Sri Lanka Real Food Adventure

12 DAYS, NEGOMBO TO COLOMBO

- Enjoy hospitality in a variety of Sri Lankan kitchens – tuck into specialities commonly served in Tamil, Sinhalese and Burgher homes such as sour curries and chunky lamprais.
- Head to the heartland of Sri Lankan tea production in the rolling green highlands of Bandarawela, and get a cup of the country’s signature brew.

Day 1 Negombo Relish views of the Indian Ocean before a welcome dinner. Days 2-3 Dambulla Wake early to catch the Negombo seafood auctions on the beach. Drive to a coconut plantation for a toddy tasting and join a local family for lunch. Days 4-5 Kandy Enjoy lunch in a fragrant garden in the renowned spice-growing region of Matale. Next, slide in alongside worshippers at Kandy’s Temple of the Tooth. Days 6-7 Bandarawela Head to the cool highlands forming the heart of Sri Lanka’s famous tea-producing region. Savour traditional Tamil cuisine in Haputale, eating dosa (savoury pancakes) and idli (steamed rice cakes) served with curry sauces. Day 8 Yala National Park Visit a farm to sample buffalo curd and dodol (toffee-like sweets). Search for leopards, crocodiles and elephants in Yala NP during an evening safari tour. Days 9-10 Mirissa Enjoy fresh seafood. Days 11-12 Colombo As the adventure comes to a close, share a traditional Dutch Burgher feast with new friends.
Everest Base Camp
15 DAYS, KATHMANDU TO KATHMANDU

- View the mighty Himalayas like never before during a spectacular light aircraft flight over the range.
- Trek to Everest Base Camp, the starting point for all mountaineering expeditions to the world’s highest peak.

**Day 1 Kathmandu** Rich in artistic and cultural heritage and full of fascinating sights, vibrant Kathmandu is an excellent launching point for the adventure ahead. **Days 2-13 Everest Base Camp Trek** Fly to Lukla for the adventure of a lifetime. Rest in local teahouses by night and explore the diverse landscapes, traditions and faiths by day. Follow remote mountain paths, cross glaciers and valleys, and climb vertiginous passes to the foot of Mt Everest. From Base Camp, head down to Gorak Shep and make the tough trek to Kala Patthar (5545 metres) for exceptional views of Everest and Lhotse. Call in at Tengboche Monastery and the Sherpa Heritage Foundation along the way to learn about Sherpa culture before arriving back in Lukla. **Days 14-15 Kathmandu** Take a spectacular flight to Kathmandu and soak up the city’s unique atmosphere with a spot of shopping. Alternatively, take a trip over the Bagmati River to the adjacent city of Patan, a maze of temples and monasteries.

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Annapurna Explorer
16 DAYS, KATHMANDU TO KATHMANDU

- Climb to the highest point on the Annapurna Circuit, crossing the Thorong La Pass at 5416 metres to reach a traditional stupa adorned with prayer flags.
- See two sides of Nepal – admire both the silence and solitude of the mountains and the bustling streets of Kathmandu.

**Day 1 Kathmandu** Dive into the hustle and bustle of Kathmandu. Explore its vibrant city centre and make sure to try a steaming plate of traditional momos. **Day 2 Ngadi** Drive from Kathmandu to Besishahar, where you’ll have lunch before trekking to Ngadi. **Days 3-12 Annapurna Circuit Trek** Wander through rice paddies, follow winding trails through sub-tropical forest, cross suspension bridges swaying over raging rivers, pass waterfalls of melted snow and climb steep mountain passes. Over the next ten days you’ll come across isolated mountain communities, each with different ancestral customs and traditions. Be prepared to be inspired, mesmerised, challenged and delighted. **Days 13-14 Pokhara** Fly to the lakeside town of Pokhara – the perfect place to put your feet up and take a well-earned rest after days of trekking. **Days 15-16 Kathmandu** Jump back into the pandemonium of Kathmandu – a vivid and wonderful contrast to time spent in the mountains.

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### Departure Dates

#### Selected Wednesdays, Fridays & Saturdays

Enter HNXE on intrepidtravel.com. See inside cover for prices.

### Trip Code

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### Annapurna Explorer

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Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/nepal 45
Everest Base Camp & Gokyo Lakes

19 DAYS, KATHMANDU TO KATHMANDU

You’ll need a new word to describe the colour blue after seeing the Gokyo Lakes.
Enjoy spectacular views of Everest while trekking around these pristine glacial pools.
Call in at a mountainside monastery, home to Buddhist monks and nuns, and see such treasures as the (alleged) scalp and hand of a Yeti.

Day 1 Kathmandu Explore Kathmandu.
Day 2 Phakding Fly past the giants of the Himalayas.
Days 3-4 Namche Bazaar Follow a trail lined with blue pines.
Day 5 Montana Trek the slopes of towering Khumbila.
Day 6 Dole Rise above the tree line and pass yak herding settlements.
Day 7 Gokyo Trek out of the Machhermo Valley.
Day 9 Machhermo Hike up Gokyo Peak for stunning panoramas.
Day 10 Phortse Discover Phortse.
Day 11 Dingboche Pass old glacial moraines.
Day 12 Lobuje Climb the moraines and see tiny memorials built to honour those lost on expeditions.
Day 13 Gorak Shep/Everest Base Camp Follow yaks and porters to Base Camp.
Day 14 Kala Patthar/Pheriche Head down the valley to Pheriche.
Day 15 Namche Bazaar Descend through to Phunki Tenga.
Day 16 Phakding Begin the return journey.
Day 17 Lukla Farewell the porters.
Days 18-19 Kathmandu Return to Kathmandu to reflect on your trek.

Bhutan Discovered

7 DAYS, THIMPHU TO PARO

One of the happiest places on earth, Bhutan is a paradise with no traffic lights and some absolutely pristine wilderness.

Discover Bhutan’s distinctive dzongs, or fortress-monasteries, and pay a visit to arguably the most beautiful one in the country – Punakha Dzong.

Days 1-2 Thimphu Embark on a winding trip to the valley of Thimphu. Visit Nado, Bhutan’s renowned traditional incense maker, before some free time to explore the streets of Bhutan’s capital. Enjoy an early morning walk to Cheri monastery then return to Thimphu for an afternoon of sightseeing. Visit the Memorial Chorten, Dubthob Nunnery and Bhutan’s National Library before gazing at Kuenselphodrang, the world’s largest sitting Buddha.
Day 3 Punakha Drive to the ancient winter capital of Bhutan, stopping at Dochu La (3048 metres) for a breathtaking view of the eastern Himalayas en route.
Day 4 Punakha Visit the beautiful towers of the Punakha Dzong and take an optional hike to the Khamsum Valley monastery.
Day 5 Paro Head back to Thimphu through the Paro Valley.
Day 6 Tiger’s Nest Monastery Embark on a hike to the Taktsang (Tiger’s Nest), a magnificent monastery that clings to a rock cliff 900 metres above the valley floor.
Day 7 Paro Your adventure ends today.

DEPARTURE DATES

Selected Saturdays
Enter HNXL on intrepidtravel.com. See inside cover for prices.

DEPARTURE DATES

Selected Wednesdays & Fridays from September to April
Enter HJKB on intrepidtravel.com. See inside cover for prices.
Experience Nepal

10 DAYS, KATHMANDU TO KATHMANDU

Raft the rapids of the Trisuli River before setting up camp on the bank and sleeping out under the stars.

This well-rounded trip lets you experience all aspects of the country: tour religious sites, explore ancient trading towns and get active among stunning scenery.

Days 1-2 Kathmandu
Discover colourful bazaars and ancient palaces on a heritage walking tour of Nepal’s capital. Visit Pashupatinath and Nepal’s largest Buddha stupa. Day 3 Bhaktapur
Venture out to the medieval town of Bhaktapur and lose yourself in its old-world charm.

Day 4 Balthali
Make your way to the fringes of the Kathmandu Valley, stopping at the ancient town of Panauti before hiking to Balthali. Day 5 Namobuddha
Trek through quaint villages and dense forest to Namobuddha, a sacred Buddhist site. Afterwards, visit the Thrangu Tashi Yangtse Monastery.

Days 6-7 Pataleban
Head out of the Kathmandu Valley towards Pataleban, stopping in Dhulikhel to see the valley from a great viewpoint. Take a guided hike to Indra Daha, passing through lush forests home to a variety of wildlife. Day 8 Trisuli River
Raft down the Trisuli River before setting up camp on the bank. Days 9-10 Kathmandu
Enjoy a morning of white water fun before returning to Kathmandu for a final evening.

Selected Saturdays
Enter HNSC on intrepidtravel.com. See inside cover for prices

Classic Nepal

11 DAYS, KATHMANDU TO KATHMANDU

Whether you’re flying, hiking, driving or canoeing, this trip will let you experience Nepal’s stunning natural beauty from all angles.

Take a jeep safari and jungle walk with an expert resident naturalist through Chitwan National Park, a beautiful sanctuary brimming with birds and other wildlife.

Days 1-2 Kathmandu
Hit the streets of the Thamel neighbourhood to see how this heritage-driven city has recovered from the devastating 2015 earthquake. Days 3-4 Pokhara
Take a boat ride on a lake so still that it reflects the mountains, then visit the Peace Pagoda. Days 5-6 Bandipur
Take in the views and explore this incredible settlement – virtually unchanged for centuries – while witnessing the workings of a traditional Newari village.

Days 7-8 Chitwan National Park
Get to know the residents of this region – rhinos, deer, birds and more – on a wildlife-spotting safari by jeep and dugout canoe. Day 9 Bhaktapur
Visit the former capital of Nepal, Bhaktapur. Spend some time meandering the streets and temples, making sure to explore the 15th-century palace and the five-storey pagoda at Bhaktapur Durbar Square. Days 10-11 Kathmandu
Explore Bhaktapur further before returning to Kathmandu in the late afternoon for a final dinner with the group.

Selected Mondays & Fridays
Enter HNKA on intrepidtravel.com. See inside cover for prices
Africa

There’s a good reason Southern Africa has become synonymous with safaris over the years, but once-in-a-lifetime wildlife watching opportunities only scratch the surface of what’s on offer in this incredibly diverse continent. Relax on the white-sand beaches of Zanzibar’s north, trek the misty slopes of Kilimanjaro, spot elephants on a 4WD adventure, or exchange stories with your Maasai hosts during a village homestay: the ways to experience Africa are as varied as the landscape itself.
Serengeti Trail
8 DAYS, NAIROBI TO NAIROBI

Take a safari across the floor of the Ngorongoro Crater in an open-roof 4WD for a chance to see the endangered black rhinoceros.

Learn about the spectacular annual migration of around two million wildebeest on a visit to the Great Rift Valley.

Day 1 Nairobi Arrive in Nairobi. Perhaps explore the city before meeting your group. Day 2 Kisii Travel through the Great Rift Valley to Kisii, stopping for a homestead lunch on the way.

Day 3 Lake Victoria Travel into Tanzania and spend the night camping by delightful Lake Victoria.

Days 4-5 Serengeti National Park Tanzania’s world-renowned plains are home to myriad wildlife – lions, leopards, elephants and giraffes, plus a host of other fascinating species. Once tucked up safe and sound at camp, be lulled to sleep by the nocturnal chatter of the remote African wilderness.

Day 4 Ngorongoro Crater Camp on the rim of the extraordinary Ngorongoro Crater, with endless views of jagged volcanic peaks and open grasslands below.

Day 7 Mto wa Mbu Encounter masses of animals in the wildlife-laden Ngorongoro Crater before driving to Mto wa Mbu.

Day 8 Nairobi Travel across open plains and through the regional centre of Arusha on the return journey to the busy streets of Nairobi.

Selected Saturdays Enter YGOT on intrepidtravel.com. See inside cover for prices.

Meet brightly dressed Maasai warriors and experience tribal life on an overnight visit to a village in the Loita Hills.

Head out on safaris through Kenya’s greatest wildlife reserves – Lake Nakuru, Lake Naivasha and the Masai Mara – in search of Africa’s all-star animal line-up.

Day 1 Nairobi Get to know Nairobi’s colourful markets and atmospheric bars. Day 2 Lake Nakuru National Park Pitch tents at a campsite outside the park, then embark on an afternoon game drive. Fringed by acacia trees, Lake Nakuru is home to endless species of birdlife that descend upon it throughout the year.

Days 3-4 Lake Naivasha Meet locals on a village visit before reaching Lake Naivasha. Camp by the lake and explore this beautiful area independently.

Day 5 Loita Hills Maasai Experience Drive through the Great Rift Valley to Loita Hills for a night of camping with a Maasai community.

Days 6-7 Maasai Mara National Reserve Spend some more time with your Maasai hosts and learn about their culture. Go on 4WD game drives through Masai Mara National Reserve and see giraffes, zebras and perhaps even a cheetah.

Day 8 Nairobi Hit the road and leave the open expanses of the Kenyan bush behind. Travel past Maasai farmlands on the way back to Nairobi.

DEPARTURE DATES
Selected Saturdays
Enter YGOT on intrepidtravel.com. See inside cover for prices.
East Africa Highlights
10 DAYS, NAIROBI TO ARUSHA

Explore Serengeti National Park in depth, with two early morning and two late afternoon game drives through this spectacular wildlife arena.

Haggle alongside locals for pigs and chickens at the street market, then deliver them to a community in a unique ‘farm to feast’ experience.

Take a mind-blowing safari across the floor of the Ngorongoro Crater in an open-roof 4WD for a chance to see the endangered black rhinoceros.

Days 1-2 Nairobi Welcome to Nairobi. Meet your group and take an Urban Adventure where you’ll deliver a supply of chickens and pigs to a local community and find out how a local non-profit is helping to alleviate poverty and malnutrition in Kenya.

Days 3-4 Masai Mara National Reserve Travel to the famous Masai Mara, stopping en route in Loita Hills to spend time with the Maasai people. Hear from an elder about how their community blends modern ways with ancient traditions, and enjoy a truly memorable experience exploring the Mara during morning and afternoon game drives.

Day 5 Lake Victoria/Musoma Travel to the border separating Kenya and Tanzania and overnight in Musoma, a small town on the shores of Lake Victoria.

Days 6-7 Serengeti National Park Take an optional guided bike excursion around Musoma before continuing to Serengeti National Park. You’ll take morning and afternoon game drives in search of the myriad animals that call this place home and camp in an unfenced area in the heart of the action.

Day 8 Ngorongoro Crater/Karatu Enjoy a final game drive on your way to Ngorongoro Conservation Area, a World Heritage site that’s home to Big Five: lions, leopards, rhinos, elephants and Cape buffalo.

Day 9 Arusha Descend to the floor of Ngorongoro Crater on an unforgettable 4WD excursion. The floor is home to streams, swamps, woodlands and a range of animals that are less wary of humans and vehicles than those in other parks. You may also see the Maasai people walking in and out of the crater as they water their cattle here. Afterwards, travel to Arusha and perhaps enjoy a farewell dinner to celebrate the journey.

Day 10 Arusha This trip ends today, with the option of heading back to Nairobi with your crew.

Maximum group size 16
Hotel (4 nts), lodge (1 nt), permanent tented camp (2 nts), camping with basic facilities (2 nts)
9 breakfasts, 6 lunches, 5 dinners
Overland vehicle, 4WD safari vehicle

Selected Fridays
Enter YGSA on intrepidtravel.com
See inside cover for prices
The Masai Heartlands

15 DAYS, NAIROBI TO NAIROBI

Keep your eyes peeled for black and white rhinos on an adventure through Lake Nakuru National Park.

Safari in the wildlife-rich Serengeti National Park with two early morning and two late afternoon game drives in our overland vehicle.

Day 1 Nairobi
Kick off in Kenya's capital.

Day 2 Lake Nakuru NP
Keep your eyes peeled for lions and elephants during an afternoon game drive.

Days 3-4 Lake Naivasha
Meet locals at a nearby village, then journey to Lake Naivasha.

Day 5 Loita Hills Maasai Experience
Travel into the heart of Masai country. Camp among the tribespeople and learn about their ancient culture.

Days 6-7 Masai Mara National Reserve
Visit a Maasai village then tackle the Masai Mara National Reserve in a 4WD vehicle.

Day 8 Nairobi
Return to Nairobi.

Day 9 Kisii
Weave through the Great Rift Valley into Kenya's fertile highlands.

Days 10-11 Lake Victoria
Watch soapstone craftsmen at work, then cross into Tanzania.

Days 12-13 Ngorongoro Crater/Mto wa Mbu
Camp on the rim of the Ngorongoro Crater, then take a mind-blowing safari in its bowl.

Day 14 Nairobi
Travel through Arusha and return to Nairobi.

Remarkable Rwanda & Gorillas of Uganda

9 DAYS, KIGALI TO KIGALI

With gorilla permits included in the trip price, take the chance to spend an hour observing rare mountain gorillas during a trek through Uganda’s forests.

Learn about Rwanda's devastating history with visits to genocide museums and churches of significance.

Day 1 Kigali
Meet in Rwanda’s capital.

Day 2 Kigali
Take a tour of Kigali including the lively Nyamirambo neighbourhood.

Day 3 Gisenyi
Spend a sobering day visiting Nyamata and Ntarama churches, both genocide sites, and the Murambi Genocide Museum.

Day 4 Gisenyi
Enjoy a free day in Gisenyi.

Day 5 Kisoro
Transfer across the border to Uganda and the town of Kisoro. Visit the village of Mikozi and the local markets, speak with a Ugandan healer and enjoy a drink at the local bar.

Day 6 Kisoro/Gorilla Trek
Join a local guide and trackers on a trek through the dense forest of Bwindi NP in search of mountain gorillas. Spend a mesmerising hour with these incredible creatures under the watchful eye of the great silverback gorilla.

Day 7 Ruhengeri
Enjoy a cycling tour around Rwanda’s twin lakes of Burera and Ruhondo.

Day 8 Ruhengeri
During a free day, consider heading to Volcanoes NP with a local ranger in search of golden monkeys.

Day 9 Kigali
Return to Kigali after breakfast.
Road to Zanzibar
12 DAYS, NAIROBI TO ZANZIBAR

- Visit the Usambara Mountains and camp in the grounds of one of the oldest hotels in Africa, in the former German colony of Lushoto.
- Explore the markets, shops, mosques, palaces and courtyards of Stone Town, the Old Town of Zanzibar City.

Day 1 Nairobi Kick off the trip in Kenya’s cosmopolitan capital. Day 2 Mto wa Mbu Cross into Tanzania and travel to the village of Mto wa Mbu. Days 3-4 Ngorongoro Crater/Serengeti National Park Descend into the massive volcanic crater of Ngorongoro in search of its abundant wildlife. Continue to the Serengeti, and spend two nights on safari looking for Africa’s most impressive game within the Serengeti Plains. Day 5 Mto wa Mbu Head to Mto wa Mbu to immerse yourself in local life. Days 6-7 Usambara Mountains Travel to Lushoto, home to the Wasambaa people. Hike the mountains and experience local community life. Day 8 Dar es Salaam Set up camp by Kipepeo Beach and make the most of your overnight digs. Days 9-12 Zanzibar Catch a ferry to Zanzibar and spend free time in Stone Town on arrival. Then head to Zanzibar’s northern beaches, where you’ll be greeted with sparkling blue seas and fresh seafood. Return to Stone Town on Day 12, where your trip comes to an end.

Zanzibar to Vic Falls
19 DAYS, ZANZIBAR TO VICTORIA FALLS

- Chill out on the northern beaches of Zanzibar, enjoying the white sand and sparkling blue waters of the Indian Ocean.
- Jump in a 4WD vehicle and head into South Luangwa National Park for a morning game drive – look out for the leopards that hunt in the dense woodlands.

Days 1-3 Zanzibar Spend some time lazing on the white sands of the northern beaches. Day 4 Stone Town Head to Zanzibar’s Old City, Stone Town. Day 5 Mikumi National Park Catch a ferry back to the Tanzanian mainland and drive along the edge of Mikumi NP. Keep your eyes peeled for the Big Five. Day 6 Iringa Camp out on the grounds of a farmhouse. Day 7 Chitimba Enter Malawi. Days 8-9 Lake Malawi Enjoy a few days at a lakefront campsite. Days 10-11 South Luangwa National Park Embark on a dawn 4WD vehicle game drive. Day 12 Petauke Travel south to Petauke. Day 13 Lusaka Discover one of southern Africa’s fastest-growing cities. Day 14 Harare Explore markets and botanical gardens. Day 15 Masvingo Spend time exploring the Great Zimbabwe ruins, the remnants of an 11th-century city. Days 16-17 Bulawayo Wander among impeccable colonial architecture. Days 18-19 Victoria Falls Perhaps visit the thundering falls the town is named after.
Kilimanjaro: Marangu Route
8 DAYS, MARANGU TO MARANGU

Day 1 Marangu Welcome to Tanzania! Meet your group tonight.
Day 2 Mandara Hut Set off with a hike through lush rainforest, possibly spotting monkeys and birds in the canopy. Days 3-4 Horombo Hut Trek to Horombo Hut. Once out of the forest canopy, the twin snow-tipped peaks of Kibo and Mawenzi lie directly ahead. Spend an extra evening here acclimatising.
Day 5 Kibo Hut The air starts to feel thin and the landscape transitions into a moonscape. Marvel at giant groundsels and lobelias while you travel across the sparse moorland.
Day/uni00A06 Uhuru Peak/Summit Wake close to midnight before zigzagging up a scree slope by lamplight. Watch the sun rise from behind Mawenzi Peak and continue the final trek upwards, passing along the rim of a crater to reach Africa’s highest point – enjoy the sense of achievement. Days 7-8 Marangu Descend through alpine meadows and lush rainforests to Marangu and celebrate the end of a memorable Kilimanjaro trek with a warm, hearty meal and a hot shower.

Kilimanjaro: Machame Route
9 DAYS, MARANGU TO MARANGU

Day 1 Marangu Nestled on the slopes of mighty Kilimanjaro, this lively town is a great base for exploring the surrounding area. Day 2 Machame Camp Start with a pleasant stroll through the rainforest before setting up camp at Machame.
Day 3 Shira Camp Watch as the vegetation becomes sparse on the path to the Shira Plateau. Day 4 Barranco Camp Continue through the rolling landscape and deep river valleys to Barranco.
Day 5 Karanga Valley Prepare your body for the summit climb ahead with an acclimatisation day in the Karanga Valley.
Day 6 Barafu Camp Trek through fascinating desert terrain and ascend further up the mountain to Barafu Camp.
Day 7 Uhuru Peak/Summit Grab a midnight snack and head off before dawn to watch the sunrise. Make the final push to the summit and be rewarded with incredible views from the peak of Africa’s highest mountain, a truly memorable moment.

Kilimanjaro: Rongai Route
8 DAYS, MARANGU TO MARANGU

Day 1 Marangu Spend a day acclimatising to the altitude in Kilimanjaro’s foothills. Day 2 Simba Camp Set off for a few hours of gradual uphill hiking through the forests of the mountain’s north-eastern flank.
Day 3 Kikelewa Caves A long but rewarding uphill ascent brings you to the Kikelewa Caves (3600 metres).
Day 4 Mawenzi Tarn Continue along a path that climbs up a steep ridge directly towards Mawenzi. Traverse a rocky landscape before descending to tonight’s camp in the Karanga Valley.
Day 5 Kibo Hut Descend into the ‘saddle’ between Mawenzi and Kibo peaks. The grey, desert-like landscape contrasts with the dense rainforest scenery of the past few days.
Day 6 Uhuru Peak/Horombo Camp In the dark of night it’s a steep, zigzagging ascent but one worth every step. Passing Gilman’s Point, take in the views from Uhuru Peak (5895 metres) – the world’s tallest freestanding volcano.

Days 7-8 Marangu Make your way back down, eventually returning to the creature comforts of the hotel. Perhaps toast your accomplishment with a final dinner.

DEPARTURE DATES
Selected Saturdays
Enter YKXM on intrepidtravel.com
See inside cover for prices

DEPARTURE DATES
Selected Saturdays
Enter YKXA on intrepidtravel.com
See inside cover for prices

DEPARTURE DATES
Selected Sundays
Enter YKXR on intrepidtravel.com
See inside cover for prices

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/tanzania
Cape Town to Vic Falls

22 DAYS, CAPE TOWN TO VICTORIA FALLS

Make a dawn scramble to the top of the world’s highest sand dunes in Namib-Naukluft National Park and watch the sunrise over undulating desert.

Get right to the heart of the Okavango Delta by taking mokoros (dugout canoes) to an isolated island and spending the night camped out under the stars.

Hear the roar of the mighty Victoria Falls from the Zimbabwean side, choosing whether to see them up close or simply feel their power from afar.

Day 1 Cape Town With vineyards, restaurants and adventure activities on offer, Cape Town is the perfect starting point to your adventure. Days 2-3 Klawer/Orange River Stay at Highlanders, a working farm and campsite on the banks of the Orange River. Day 4 Fish River Canyon Travel to Fish River Canyon in time to watch the sun setting over the surrounds. Days 5-6 Sesriem/Bush Camp Wake early to witness the sunrise over the golden desert from the top of one of the world’s highest sand dunes in the Namib-Naukluft National Park. Days 7-9 Swakopmund Enjoy adventure activities in Swakopmund, an oasis midway between the desert and the beach. Day 10 Spitzkoppe View thousands of seals basking on the shores of Cape Cross before setting up camp near the base of Spitzkoppe. Days 11-12 Etosha NP With big carnivores, black rhinos, zebras and more, there’s always plenty to spot on this adventure through Etosha’s vast parklands. Days 13-14 Grootfontein/San Village Head out tracking and gathering with the San people. The San have a deep understanding of nature and ecology, living in total harmony with their environment. Day 15 Bagani Head to Bagani for a night’s camping. Days 16-17 Okavango Delta Make tracks for the expansive Okavango Delta in Botswana. Explore the maze of reed beds and waterways in a mokoro (traditional dugout canoe). Day 18 Bagani Community Camp Unwind in laidback Bagani, perhaps making the most of optional activities such as fishing, hiking and boat tours. Days 19-20 Chobe NP Try to spy swimming elephants, wallowing hippos or sunbaking crocs on an optional cruise along the Chobe River. Days 21-22 Victoria Falls Cross into Zimbabwe and perhaps admire its spectacular waterfall.

Victoria Falls Wildlife Trust

Dramatic wildlife is one of South Africa’s big drawcards for visitors. But predators and large game can have a devastating effect on crops and livestock, which often leads to human-wildlife conflict. Victoria Falls Wildlife Trust is working with The Intrepid Foundation to address this and keep both animals and humans safe.

For more info head to theintrepidfoundation.org
Namibia Discovery

13 DAYS, CAPE TOWN TO WINDHOEK

The sheer scale of the site is staggering enough, but the array of birdlife found here makes Fish River Canyon so much more than just one of the world’s largest gorges.

Etosha National Park is one of the best places in the world for wildlife-spotting, and you’ll enjoy a full day of game drives here.

Day 1 Cape Town Begin in South Africa’s second most populous, and arguably most spectacular, city. Day 2 Lambert’s Bay Enjoy a seafood feast in Lambert’s Bay. Day 3 Orange River Stay on the banks of the Orange River. Day 4 Fish River Canyon Hop in a canoe for a paddle down the Orange River. Days 5–6 Sossusvlei After visiting one of the world’s largest canyons, travel to a spectacular land of sand and stone. Trek up the dunes to enjoy stunning views, then explore Sesriem Gorge. Days 7–8 Swakopmund Spend some time in the small beach town of Swakopmund, Namibia’s centre of adventure. Days 9–10 Damaraland Explore this fascinating region of raw beauty and intriguing cultural edifices, including ancient rock paintings and a petrified forest where 280-million-year-old fossilised tree trunks lie. Days 11–12 Etosha National Park Enjoy game drives in Etosha National Park and try to spot rare wildlife. Day 13 Windhoek End your trip in this German colonial-era town.

Cycle Cape Town & Winelands

12 DAYS, CAPE TOWN TO CAPE TOWN

Swap water bottles for wine glasses at the famous vineyards of Stellenbosch, refuelling with some delicious South African delicacies.

Cycle the dramatic coastline scenery of South Africa, from the whale-filled waters of Hermanus all the way to the Cape Peninsula, where the mountains meet the sea.

Day 1 Cape Town Perhaps sample the nightlife of trendy Long and Kloof streets. Days 2–3 Stellenbosch Drive to iconic Table Mountain, then indulge in the Paarl winelands and Spice Route. Cycle hairpin turns on Bain’s Kloof Pass en route to Stellenbosch. Enjoy a full-day wine tasting bike tour. Day 4 Little Karoo/Barrydale Ride along the edges of the Marloth Nature Reserve’s striking mountain scenery. Day 5 Bontebok NP The twisting climb through the rugged Cape Folded Mountains is breathtaking. Day 6 Cape Agulhas/Arniston Cycle the coastline en route to the small seaside town of Arniston. Days 7–8 Hermanus Ride through classic farmland and up one of the country’s oldest passes to a local microbrewery. On a free day, look for passing whales from the shore. Day 9 Gordon’s Bay/Simon’s Town The coastal ride to Gordon’s Bay is simply magical. Day 10 Cape Peninsula Meet cheeky penguins at Boulders Beach. Days 11–12 Cape Town Ride part of the prestigious (and beautiful) Cape Argus cycle route.
Okavango Experience

10 DAYS, JOHANNESBURG TO VICTORIA FALLS

Camping out on a remote island in the heart of the Okavango Delta, tuned into the sounds of the African night, is an experience you’ll never forget.

The magnificent Makgadikgadi Pans, some of the largest salt flats in the world, make for some magical photo opportunities.

Day 1 Johannesburg Begin this overland journey in Johannesburg. Day 2 Khama Rhino Sanctuary Cross into Botswana to visit the Khama Rhino Sanctuary, a haven for endangered black and white rhinos. Day 3 Maun Make tracks to Maun, a small town that serves as the gateway to the Okavango Delta – an aquatic wonderland.

Days 4-5 Okavango Delta With the help of a friendly local ‘poler’, traverse the waterways of the delta in a mokoro (dugout canoe). Disembark to explore the area’s lagoons and streams on foot and camp under starry skies.

Day 6 Maun Experience life in a rural village, then head back to Maun. Day 7 Nata Drive out to the small town of Nata and explore the eerie landscape of the Makgadikgadi Pans.

Days 8-9 Victoria Falls Enter Zimbabwe for a chance to witness the awesome spectacle that is Victoria Falls.

Botswana Highlights

9 DAYS, VICTORIA FALLS TO VICTORIA FALLS

Boasting the world’s largest salt pans, inland delta and elephant population, Botswana’s natural attractions are up there with the very best.

Paddle your way through the wildlife-filled waterways of the Okavango Delta in a mokoro – a traditional dugout canoe.


Days 4-5 Okavango Delta Panhandle Stay in a permanent tented camp on the edge of the Guma Lagoon. Hop into mokoros for a water-level exploration of the delta – look out for elephants, hippos, antelope and warthogs.

Day 6 Caprivi Relax on the banks of the Kavango River. In the afternoon, visit the villages of the Hambukushu and Xwe people.

Days 7-8 Chobe National Park Continue the journey along the Caprivi Strip in the newly formed Kavango-Zambezi Transfrontier Conservation Area. Back in Botswana, head to Chobe National Park. Explore the park on a sunrise game drive, looking out for elephants, birdlife, pods of wallowing hippos and more.

Day 9 Victoria Falls Take an optional morning game drive. Drive back to Vic Falls, arriving mid-afternoon.
Explore Southern Africa
18 DAYS, JOHANNESBURG TO JOHANNESBURG

Play your own small part in helping to save the rhinos with a stop at the inspirational Khama Rhino Sanctuary.

Look for elephants swimming across rivers in Chobe National Park, home of the world’s highest concentration of wild African elephants.

Day 1 Johannesburg Welcome!  
Day 2 Khama Rhino Sanctuary Visit the rhino sanctuary.  
Day 3 Maun Journey to Maun.  
Days 4-5 Okavango Delta See the abundance of animals that live here while travelling in a dugout canoe and on foot.  
Day 6 Maun Return to Maun.  
Day 7 Nata Set up camp on the edge of the Makgadikgadi Pans.  
Day 8 Chobe NP Look out for elephants and hippos in the Chobe River, then take a relaxing safari cruise.  
Days 9-10 Victoria Falls Admire the incredible torrent of Victoria Falls.  
Day 11 Hwange NP Explore the home of approximately 400 bird and 100 mammal species.  
Days 12-13 Matobo NP/Bulawayo Track black and white rhinos in Matobo NP.  
Day 14 Moremi Gorge See Moremi Gorge.  
Day 15 Blouberg Camp in Limpopo province and enjoy a meal at a local house.  
Days 16-17 Kruger National Park Search for lions, white rhinos, giraffes, zebras, leopards and cheetahs.  
Day 18 Johannesburg This Southern Africa adventure ends today.

Ethiopia Untouched
7 DAYS, ADDIS ABABA TO ADDIS ABABA

Take a boat trip on Lake Chamo to see the resident hippos, thousands of Nile crocodiles, rich bird life and local fishermen.

Travel to the rarely visited Hamer villages and, if you’re lucky, witness a bull-jumping initiation ceremony.

Day 1 Addis Ababa Arrive in Ethiopia’s capital.  
Day 2 Konso Fly to Arba Minch and drive to Konso. Learn about the unusual wooden grave markers before relaxing at Kanta Lodge.  
Day 3 Jinka Call in at a ‘mora’, a communal social space used by men and boys, then travel to Jinka and visit an ethnographic museum dedicated to the South Omo region.  
Day 4 Turmi Spend some time with the local Ari people outside of Jinka, then visit a Hamer village where you may be able to witness a bull-jumping ceremony. Stay overnight in Turmi.  
Day 5 Turmi Travel to Omorate and spend some time with the Daasanach people who live there, then return to Turmi for the evening.  
Day 6 Arba Minch Drive north to Arba Minch, bordered by Nechisar National Park and two of Ethiopia’s largest lakes. Take a boat across Lake Chamo in search of hippos and Nile crocodiles and watch the local fishermen at work.  
Day 7 Addis Ababa Return to Addis Ababa where this trip ends.
TURKEY, NORTH AFRICA & THE MIDDLE EAST

Prepare for epic landscapes and cultural melting pots. Feel the intoxicating energy of Morocco's medinas, and of the history reverberating around Jerusalem's time-worn walls and Cairo's great pyramids. From the windswept sands of Wadi Rum to whimsical fairy chimneys of Cappadocia and the buoyant waters of the Dead Sea, these are enchanting worlds filled with archaeological wonders, cosmopolitan cities and the stories that shaped the world.
Best of Morocco
15 DAYS, CASABLANCA TO MARRAKECH

Journey through the Sahara on a camel, snuggle down to a campfire-lit evening of Bedouin tales and fall asleep beneath the starry North African sky.

Trek through scenic countryside and learn about the traditions of the Berber people during a homestay in the Atlas Mountains.

Get caught up in the frenetic energy and splendour of Marrakech. At sunset, watch as Djemaa el-Fna transforms into a food-lover’s paradise.

**Day 1 Casablanca** Arrive to find the palm-lined boulevards and Art Deco architecture of Casablanca. 

**Day 2 Rabat/Meknes** Stroll through Rabat’s serene kasbah before journeying to Meknes, the site of Sultan Moulay Ismail’s palace. 

**Days 3-4 Volubilis/Fes** Travel back to the days of the Roman Empire on a guided tour of the ruins of Volubilis. Wander the narrow alleyways of the medina in medieval Fes as the call to prayer rings through Fes el-Bali at dusk.

**Day 5 Midelt** Journey through Morocco’s cedar forests in the Middle Atlas Mountains to the peaceful rural village of Midelt. 

**Day 6 Sahara Camp** After a camel ride into the Sahara, attempt a climb of the towering dunes. Later, fall asleep in a desert camp under a blanket of stars.

**Days 7-8 Todra Gorge** Wake early and watch a golden sunrise over the desert before heading to the Todra Gorge to go hiking.

**Day 9 Ait Benhaddou** Pass through Morocco’s film capital, Ouarzazate, on the way to the ancient fortified city of Ait Benhaddou. After exploring the streets of this clay kasbah at a relaxed pace, why not finish off the day with a meal of delicious couscous.

**Day 10 Aroumd** Today, head to the hills. Perched on a rocky outcrop, remote Aroumd offers stunning views across Morocco. This is the perfect base for exploring the High Atlas Mountains and a chance to experience traditional Berber culture up close.

**Days 11-12 Essaouira** With its Norfolk Island pines and colourful fishing boats, relaxed Essaouira is a gem. Get acquainted with the town’s history on a guided walking tour.

**Days 13-15 Marrakech** Explore the spice market in Marrakech and feast at a food stall in Djemaa el-Fna, or escape the buzz of the city in the Palais de la Bahia. Perhaps farewell Morocco with a final dinner with your group.

Maximum group size 16

- Hotel (8 nts), guesthouse (2 nts), desert camp (1 nt), gite (1 nt), riad (2 nts)
- 14 breakfasts, 2 lunches, 4 dinners
- Private vehicle, train, camel, public bus, taxi

DEPARTURE DATES
Selected Sundays, Mondays, Wednesdays, Thursdays & Fridays. Enter XMSC on intrepidtravel.com. See inside cover for prices.
North Morocco Adventure

9 DAYS, CASABLANCA TO MARRAKECH

Experience a homestay with a charming local family at Moulay Idriss, a hilltop town widely considered to be Morocco’s holiest place.

Visit the picturesque and vividly blue houses of Chefchaouen, one of Morocco’s prettiest towns. Wander the medina and the memorable kasbah.

Day 1 Casablanca Perhaps ease into the Moroccan way of life with a glass of sweet mint tea at one of the city’s many cafes.

Day 2 Rabat/Moulay Idriss Travel to Rabat to see monuments spanning the history of Morocco. Spend the night in the sacred hilltop town of Moulay Idriss at a homestay with a local family.

Days 3-4 Volubilis/Fes Discover remarkable mosaics on a tour of the Volubilis ruins and visit the imposing gates and walls of Meknes. Head to Fes for a wander through the maze-like alleyways of the city’s atmospheric medina.

Days 5-7 Chefchaouen/Tangier Watch the blue-tinged world go by in Chefchaouen, the perfect place to relax. Head north to the coastal town of Tangier and perhaps indulge in fresh seafood before making the journey to Marrakech aboard an overnight train.

Days 8-9 Marrakech This North Morocco Adventure finishes among the sights, scents and sounds of Marrakech. Go souvenir shopping in the many souqs and enjoy a day of free time.

DEPARTURE DATES
Selected Mondays, Wednesdays, Fridays & Saturdays
Enter XMSB on intrepidtravel.com. See inside cover for prices

South Morocco Discovery

10 DAYS, MARRAKECH TO MARRAKECH

Negotiate your way through the winding alleys of Ait Benhaddou’s World Heritage-listed kasbah, a superb example of Moroccan architecture that is rich in history.

Travel through the Sahara, enjoy an evening beside the campfire listening to Bedouin tales, and sleep under the North African stars.

Day 1 Marrakech Get acquainted with Marrakech. Have your fortune told at Djemaa el-Fna or dine alfresco, savouring local flavours served at aromatic night stalls.

Day 2 Aroumd Journey towards the High Atlas Mountains to your traditional Berber homestay in a mountain gite.

Day 3 Ait Benhaddou Explore the ksar (fort) of Ait Benhaddou and discover the rich history behind Morocco’s internationally acclaimed film set.

Day 4 Zagora Embark on a journey towards the Sahara, through the lush Draa Valley and on to Zagora.

Day 5 Sahara Camp Enjoy a camel expedition across the Sahara at dusk and spend the night under the stars.

Day 6 Taroudant Look out for the unusual sight of goats atop argan trees on the way to the market town of Taroudant.

Days 7-8 Essaouira Travel to the seaside town of Essaouira. Browse its shops and intriguing art galleries or simply relax by the beach.

Days 9-10 Marrakech Leave the coast behind and lose yourself in Marrakech’s many souqs.

DEPARTURE DATES
Selected Tuesdays, Thursdays, Saturdays & Sundays
Enter XMSF on intrepidtravel.com. See inside cover for prices

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/morocco
Morocco: Hike, Bike & Horse Ride

7 DAYS, MARRAKECH TO MARRAKECH

Discover the vibrant city of Marrakech from a different perspective – bike through the main sites and enjoy a freshly squeezed orange juice at the end of your ride.

Ride on horseback through the sandy beaches and mimosa forests of Morocco’s spectacular coastline.

Day 1 Marrakech Kick off your active adventure in Marrakech. Come face-to-face with fortune-tellers, henna painters, medicine men and street performers at Djemaa el-Fna. Day 2 Marrakech Enjoy a leisurely bike ride across Marrakech, where you’ll encounter the King’s Palace, Medina Market and the Koutoubia Mosque. Day 3 Aroumd Following a thrilling day spent mountain bike riding in the Atlas Mountains, enjoy the hospitality of a local Berber family during a homestay. Day 4 Essaouira Go trekking in the Atlas Mountains, descending into the valley behind the village of Imlil, then make tracks for the beautiful whitewashed town of Essaouira. Day 5 Marrakech Head to Essaouira’s white-sand beach and saddle up for a scenic horseback ride along the coast. Tuck into a succulent seafood lunch before returning to Marrakech. Day 7 Marrakech The adventure comes to an end this morning.

Cycle Morocco

14 DAYS, MARRAKECH TO MARRAKECH

End rewarding days in the saddle with Moroccan feasts in Djemaa el-Fna, a traditional dinner in the mountains and a Berber banquet.

Ride both bikes and camels into the Sahara to a starlit camp and spend the night with Berber nomads – the ultimate desert experience.

Days 1-2 Marrakech Start this active adventure by cycling along the frenetic streets of Marrakech. Day 3 Tangier Ride out to the legendary Cave of Hercules. Days 4-5 Chefchaouen Cycle the steep hills to the ‘Blue City’ of Chefchaouen. Days 6-7 Fes Ride through the Rif to Fes. Day 8 Midelt Enjoy a picnic beside the placid waters of Aguelmame Sidi Ali Lake. Day 9 Merzouga/Desert Camp Pass the harsh but beautiful sand dunes of Erg Chebbi on the back of a camel before spending a night with Berber nomads beneath starry desert skies. Day 10 Todra Gorge Ride beside the Todra River before dismounting for a trek along limestone stacks into the heart of the chasm. Day 11 Dades Gorge/Mountain Gite Conquer the hairpin turns of the Dades Gorge on one of the journey’s most memorable rides. Day 12 Ait Benhaddou Ride past kasbah ruins, military outposts, and palm-dotted valleys. Days 13-14 Marrakech Drive the spectacular Tizi n’Tichka Pass high up in the Atlas Mountains.
Discover Egypt & Jordan
15 DAYS, CAIRO TO MADABA

| Ride a camel out to the Pyramids, explore the Egyptian Museum, and venture to the Valley of the Kings to see the tombs of pharaohs and nobles. |
| After a day spent exploring Aswan’s Nubian Bazaar and the Temple of Isis, retire to a nearby village and experience Nubian hospitality with a home-cooked meal. |

**Days 1-2 Cairo/Overnight Train** Head out on camels to behold the Great Sphinx and the Pyramids of Giza. Discover treasures at the Egyptian Museum. **Days 3-5 Aswan/Nile Felucca** Visit a Nubian village and join a local family for dinner, then cruise Egypt’s iconic Nile River on a memorable felucca ride. **Days 6-7 Luxor** Explore the monumental Karnak temples. Make the journey through the desert to the epic tombs of the Valley of the Kings. **Day 8 Amman** Fly to Amman. **Days 9-10 Wadi Rum** Eat a meal cooked in an earthen oven by your Bedouin guide. Tour through the breathtaking landscape of Wadi Rum in a jeep. **Days 11-12 Petra** Ancient buildings carved into pink rock of the surrounding mountains make visiting this ancient city a unique experience. **Days 13-15 Madaba** Cover yourself in mud and float on the surface of the Dead Sea, then continue to the historic town of Madaba. Drive out to Jerash to see its Greco-Roman ruins before wrapping up the trip back in Madaba.

**DEPARTURE DATES**
Selected Saturdays
Enter XESPC on intrepidtravel.com. See inside cover for prices

Discover Oman
8 DAYS, MUSCAT TO MUSCAT

| Experience some traditional Omani hospitality with a night camping under the stars in Wahiba Sands. |
| Explore the busy fishing harbour of Muttrah and mine the bustling souq for hidden treasures – anything from unique silverware to frankincense. |

**Days 1-2 Muscat** Soak up the atmosphere of Oman’s capital. Visit the Sultan Qaboos Grand Mosque and browse silver and spice shops in the bazaar. See the 16th-century Portuguese forts, Jalali and Mirani. **Day 3 Ras Al Jinz** Drive through rugged landscapes to Hawiyat Najm Park. Dip your toes in the Bimmah Sinkhole, then continue to Wadi Shab and Wadi Tiwi. Take a late afternoon swim at Turtle Beach before visiting a turtle sanctuary. **Day 4 Wahiba Sands** An exhilarating drive over the sand dunes leads you to your desert camp. Spend the night under the stars and enjoy a campfire dinner. **Day 5 Nizwa** Check out Ibra’s old houses, Jabrin Castle and the ruins of Bahla. **Day 6 Jebel Shams** Visit Nizwa Souq, then see the mud brick houses of Al Hamra and Misfat Al Abyreen. Enjoy a traditional lunch before heading to Jebel Shams. **Days 7-8 Muscat** Explore Jebel Shams in the morning and then visit the ‘snake gorges’ of Wadi Bani Awf. Drive to Nakhal to see its fully restored fort before returning to Muscat.

**DEPARTURE DATES**
Selected dates
Enter ELSO on intrepidtravel.com. See inside cover for prices
Egypt Adventure
8 DAYS, CAIRO TO CAIRO

Whether you’re losing yourself in Cairo’s colourful Khan al-Khalili bazaar or dining with villagers in Aswan and Luxor, this trip offers plenty of opportunity for local interaction.

Visit Animal Care in Egypt, an excellent project dedicated to promoting the welfare of camels, donkeys and other working animals.

Days 1-2 Cairo/Overnight Train Be immersed in Cairo’s chaos, colour and culture with a trip to Khan al-Khalili, Egypt’s most famous bazaar. For a change of pace, head into the desert and visit the impressive Sphinx and Pyramids of Giza. Later on, board an overnight train heading south. Days 3-5 Aswan/Nile Felucca Join a local Nubian family for dinner to experience a slice of Nile hospitality. There is also time for an optional day trip to Abu Simbel. Later, set sail down the Nile on an overnight felucca journey, sleeping on deck under a starry sky.

Days 6-7 Luxor Known as Thebes in ancient times, Luxor conceals amazing treasures. Pay a visit to an animal care project supported by The Intrepid Foundation and wander the amazing Karnak temple complex. Head into the Valley of the Kings to visit three of the best-preserved pharaonic tombs, then join a local family for a traditional home-cooked lunch. Day 8 Cairo Return to Cairo, where this adventure comes to an end.

Selected Mondays & Saturdays
Enter XESB on intrepidtravel.com. See inside cover for prices

Jordan Discovery
8 DAYS, AMMAN TO AMMAN

Be awed by the towering, windswept rock formations at Wadi Rum, watching how the colours change as the sun crosses the sky.

Get to know your Bedouin hosts while staying at a traditional desert camp – glimpse their way of life and enjoy a memorable night under the stars.

Day 1 Amman Begin this adventure in Jordan’s easy-going capital. Day 2 Wadi Rum Discover the delights of the desert. Journey past sandstone mountains, befriend local Bedouin people, and watch the hues of the desert landscape change at sunset. Day 3 Aqaba Journey out to the seaside town of Aqaba, famed for its diving and snorkelling. The small Ottoman Mamluk Fort, which dates back to the 16th century, is a haven for history buffs.

Days 4-5 Petra Travel to Petra and be entranced by the ethereal beauty of this ancient site. Stroll around age-old tombs, follow the Siq to catch your first glimpse of the Treasury, see the impressive Amphitheatre and climb up to the majestic Monastery. Days 6-8 Amman Visit the ancient Crusader castle of Shobak before heading back to Amman. Explore the Roman city of Jerash, then drive to the Dead Sea for a swim. Return to Amman and maybe plan a farewell dinner with the rest of your group before this adventure comes to an end.

Selected Tuesdays & Thursdays
Enter ELKD on intrepidtravel.com. See inside cover for prices
Best of Turkey

15 DAYS, ISTANBUL TO ISTANBUL

Uncover millennia of hidden history within the remarkable ruins of Ephesus and taste Turkey’s local produce in the mountain village of Sirince.

Witness an enthralling ritual dance performance by Bursa’s unique religious sect, the Whirling Dervishes.

Day 1 Istanbul Kickstart the adventure by discovering Istanbul’s lesser-known sights on an orientation walk.
Day 2 Bursa Delve into Ottoman culture while exploring the warren of streets and old hans (warehouses) of Bursa. Witness the Sema (ceremony of the Whirling Dervish) in the evening.
Days 3-4 Selcuk Stroll through ancient Ephesus, former capital of the Eastern Roman Empire. Day 5 Pamukkale Wander the fascinating terraces of Pamukkale.
Days 6-7 Kayakoy Embark on a half-day trek along the Lycian Way.
Days 8-9 Kas Cast away on a cruise into the Mediterranean.
Day 10 Antalya Explore Antalya’s splendidly preserved Roman-era harbour.
Day 11 Konya This town is full of strong theological roots, remarkable architecture and excellent museums.
Days 12-14 Goreme Gaze upon the quirky rock formations of Cappadocia. Marvel at towering Uchisar Castle or get lost in the Kaymakli Underground City.
Day 15 Istanbul Your adventure winds up in the charismatic capital.

Selected Mondays & Thursdays
Enter ERSI on intrepidtravel.com. See inside cover for prices

Turkey Real Food Adventure

10 DAYS, ISTANBUL TO ISTANBUL

Get up close and personal with Turkey’s age-old culinary traditions, preparing specialties like delicately spiced manti (dumplings) and tatli (sweets).

Central Anatolia has remained a producer of fine wines for thousands of years. Savour the fig notes of Kalecik Karasi or the dry bite of Emir at a wine tasting in Cappadocia.

Days 1-2 Istanbul Treat your tastebuds to the quintessential kebab and discover that they’re not all created equal. Explore the spice bazaar before hopping on a ferry and enjoying a picnic filled with local delicacies.
Days 3-4 Bodrum Discover Bodrum on the magnificent Aegean coast. Visit a local wine-making family and forage for vegetables at a village farm before making your own gozleme.
Days 5-6 Selcuk Sip local fruit wines in picturesque Sirince, then learn how to make mantı (Turkish dumplings). Gaze upon the classical city of Ephesus before taking an overnight train from Izmir to Konya.
Days 7-9 Goreme Travel to Goreme and visit the underground city of Derinkuyu. Stroll through Soganli Valley before enjoying a tasting at a well-established local winery. Afterwards, cook up a Central Anatolian storm during a cooking class in the home of a local.
Day 10 Istanbul Fly back to Istanbul where your trip comes to an end.

Selected Sundays from April to September
Enter ERZZ on intrepidtravel.com. See inside cover for prices
Iran Adventure

14 DAYS, TEHRAN TO TEHRAN

Explore the rich history told in the ancient ruins that lie across the country. Modern Iran is a great fusion of many ancient civilisations.

Immerse yourself in rural nomadic life during a beautifully remote homestay with the Qashqai people.

Day 1 Tehran Get acquainted with Iran’s exciting capital. Day 2 Tehran/Overnight Train Set out on a guided walking tour. Swing past the Imam Khomeini Mosque and wander the Tehran Grand Bazaar. Day 3 Shiraz Explore the ‘Pearl of Persia’ on foot. Visit the Jame Atiq Mosque and finish the tour at a traditional teahouse.

Day 4 Shiraz/Persepolis Take the morning to discover the secrets of Persepolis, one of the ancient world’s great cities. Day 5 Nomad Homestay Spend the evening with a Qashqai family, Turkic-speaking pastoral nomads.

Day 6 Eghlid Explore the ruins of the Sassanid Empire, including the ‘Towers of Silence’. Day 7-8 Yazd Marvel at the ingenious design and myriad sights of Yazd. Day 9 Zein-o-din Caravanserai Spend the night in a classic caravanserai (desert inn) built during the 16th century.

Days 10-12 Esfahan Soak up the atmosphere of Esfahan with a mixture of guided tours and free time. Days 13-14 Tehran Perhaps head out for a final orange blossom tea with your group.

Discover Israel & the Palestinian Territories

8 DAYS, JERUSALEM TO TEL AVIV

Take a stroll through West Jerusalem and get an insight into local life from an Israeli guide, finishing at the lively Machane Yehuda market.

Explore the famous towns of Jericho, Bethlehem and Nazareth and witness daily life on the streets of Jerusalem.

Days 1-4 Jerusalem Welcome to Jerusalem, a city steeped in spirituality and legend. Head out to the Mount of Olives and enter the Garden of Gethsemane. Take a walking tour of West Jerusalem and explore Machane Yehuda Market. In Bethlehem, visit the Church of the Nativity, check out local street art and sample top-notch local falafel. Visit the Yad Vashem – the World Holocaust Remembrance Center. Take a cable car to ancient Masada and enjoy a swim in the Dead Sea. Days 5-6 Nazareth Stop in the Jordan Valley on the way to the ancient fishing village of Capernaum. Travel to Tiberias, on the western shores of the Sea of Galilee, then swing by the holy city of Safad before arriving at Nazareth, the birthplace of Jesus. Visit the ancient port of Acre, explore the secret tunnel of the Templars and view the immaculate Baha’i Gardens.

Days 7-8 Haifa/Tel Aviv Journey along the coast via Caesarea and Haifa, then farewell this trip after a day and night in Tel Aviv.
Europe has long held a special place in travellers’ hearts – where does one even begin. Every country offers a wealth of history, beauty and diversity, while the stunning landscapes vary from the Mediterranean’s beaches to the imposing Alps and the remote, rocky islands of northern Norway. This is a land synonymous with food and wine, a land that’s given us art and architecture and shaped the world we know. Come and discover it.
Best of Italy

15 DAYS, ROME TO VENICE

Meet Michelangelo’s David in Florence and discover the history behind centuries of art and ruins.

Cycle across the Tuscan hinterland and work up an appetite for incredible feasts, made using only delicious local ingredients.

Head to a tiny hamlet in the heart of the Piedmont region and sample world-class wines produced in the area.

Day 1 Rome Do as the Romans do – sip an espresso at one of the tiny streetside cafés and sample the many flavours of gelato that colour the city. Days 2-3 Florence After a little more time in Rome, head to Italy’s cultural heartland. It’s been said that during the second millennium, a third of Europe’s most important artists lived in Florence. Don’t pass up the opportunity to walk through the famed Uffizi Gallery, admire Michelangelo’s David, or climb up to Piazzale Michelangelo in time for sunset.

Days 4-6 Lucca/Pisa Wander through the narrow streets of Lucca, marvelling at its centuries-old churches and ramparts. Take a day trip to Pisa to see the world-famous Campo dei Miracoli and, of course, its quirky leaning tower. Days 7-8 Cinque Terre Walk the Cinque Terre, a scenic coastal path that links five equally picturesque villages. Afterwards, feast on succulent seafood, relax with a gelato or take a refreshing dip in the Mediterranean. Days 9-10 Portofino/Asti/Piedmont Visit the glamorous resort of Portofino and perhaps go on a short hike and be rewarded with unparalleled views over the town. Enjoy a boat tour to Santa Margherita before heading to Piedmont, where mouth-watering culinary delights await.

Days 11-12 Milan/Italian Lakes Begin the day sashaying through Italy’s style capital, Milan, and marvel at the impressive Duomo, then head to lake country in the afternoon. Unwind by the emerald waters of Lake Como or take to the hills for great hiking and mountain views.

Days 13-15 Venice Cruise down the Grand Canal on a gondola, cross over the Rialto Bridge into the seductive winding streets of San Marco, and experience the evocative Bridge of Sighs before this adventure ends among Venice’s beautiful canals.

Train, metro, bicycle, public bus, private vehicle

7 breakfasts

Hotel (11 nts), private apartment (3 nts)

Maximum group size 12

Every Monday & selected Thursdays from April to October. Enter ZMSV on intrepidtravel.com

See inside cover for prices
Highlights of Calabria & Sicily

15 DAYS, AMALFI TO PALERMO

- Stray off Italy’s beaten path and get up close and personal with the active volcanoes scattered across the Aeolian Islands.
- Surrounded by dramatic valleys and craters, Mt Etna is one of the greatest natural beauties of the Mediterranean.

Day 1 Amalfi Buongiorno! Days 2-3 Civita/Pollino National Park Hike the dramatic gorges in Pollino National Park. Days 4-6 Tropea/Aeolian Islands Marvel at Tropea’s iconic cliffside fortifications. Take an included boat trip to the Aeolian Islands. Learn about the volcanic Sciara del Fuoco (Street of Fire) and visit the 12th-century cathedral. Day 7 Reggio Calabria Visit the National Archaeological Museum of Reggio, home to two Greek statues found on the sea floor in the 1970s. Day 8 Catania See the Baroque piazzas of the city centre. Day 9 Taormina/Catania Encounter the ancient Roman amphitheatre. Day 10 Mt Etna/Catania Witness Mt Etna’s barren landscapes on a walk across the southern flank of Europe’s largest volcano. Days 11-12 Syracuse/Ragusa Visit the walled island of Ortigia. Spend a day in the charming city of Ragusa, rebuilt after an earthquake in 1693. Days 13-15 Palermo Get acquainted with the sights and sounds of Sicily’s capital on a guided tour.

DEPARTURE DATES
Selected Sundays from May to October
Enter ZMSB on intrepidtravel.com. See inside cover for prices

Italy Real Food Adventure

8 DAYS, VENICE TO ROME

- Indulge in crusty bread, robust wine and lashings of olive oil on a farmstay in the Tuscan countryside, where cuisine is all about hearty, rustic dishes that are full of flavour.
- With a hands-on cooking class led by a local master in Bologna, you’ll learn to roll pasta like a pro and prepare an authentic tagliatelle al ragu in the city where it all started.

Days 1-2 Venice Stroll along the canals as farmers unload white asparagus and red peppers at the Rialto Market. Discover the local answer to tapas on a cicchetti crawl through the city’s bacari (bars). Days 3-4 Bologna Learn the secrets of pasta making in a cooking class and spend a day eating your way around the Emilia-Romagna region. Sample the king of cheeses at a Parmigiano-Reggiano maker, visit an acetaia (vinegar loft) in Modena and savour prized parma ham over lunch. Days 5-6 San Gimignano Enjoy a taste of Tuscany, staying at a family-run winery on the outskirts of San Gimignano. Walk along the pilgrimage road of Via Francigena and explore the World Heritage-listed town. Drop into an award-winning gelateria. Days 7-8 Rome Head out on a tasting trail through the historic city centre of Rome, taking in the Pantheon, Piazza Navona, Campo del Fiori and more. Sip espresso and snack on sweet semifreddo, mortadella-garnished pizza and sharp pecorino cheese.

DEPARTURE DATES
Selected Fridays from May to October
Enter ZMZB on intrepidtravel.com. See inside cover for prices
**Rome to Budapest**

Europe is one big, beautiful beast. With so much history and so many sights, it can be hard to pinpoint exactly where to go, so why not take a few extra days off work and combine adventures to discover Italy, Austria and the best of Central Europe.

For more info enter ZLSRC on intrepidtravel.com

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**Cinque Terre: Hike, Bike & Kayak**

**8 DAYS, LEVANTO TO SANTA MARGHERITA**

Dazzling cliff-side houses and an impossible coastal location make Cinque Terre one of the world’s most romantic destinations.

Adventure through the area’s most scenic trails, including parts of the classic coastal route, all under expert local guidance.

**Day 1 Levanto** Make yourself at home exploring Levanto’s cobbled streets and medieval churches, or just sit back and become better acquainted with the region’s varieties of pizza, pasta and wine. **Day 2 Levanto/Monterosso/Biking** Discover ruins dating back to the 11th century on a coastal stroll to Monterosso. Embark on a bike ride through former railway tunnels and along the spectacular coast to Framura. **Day 3 Levanto/Hiking** Catch an early morning train to Riomaggiore and visit the five villages of the Cinque Terre, which are connected by ancient footpaths. **Day 4 Portovenere/Levanto** Take in the spectacular view from Madonna di Montenero, then continue through pine forests to Campiglia. **Days 5-8 Santa Margherita/Portofino/Kayaking** Transfer to Santa Margherita Ligure and enjoy a free afternoon to stroll around town. Discover the best of the Portofino Peninsula either by hiking or exploring the shimmering waters in a kayak.

**DEPARTURE DATES**

Selected Sundays from April to September

Enter ZGXT on intrepidtravel.com. See inside cover for prices

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**Venice to Vienna**

**10 DAYS, VENICE TO VIENNA**

Stroll through the picturesque alpine meadows of Alpe di Siusi with a local guide, learning about the dark history of this stunning location.

Get (pleasantly) lost in Venice, exploring the churches, museums and tangle of canals and alleyways.

**Days 1-2 Venice** Discover this watery wonderland of canals, bridges and gorgeous cathedrals at your own pace. A gondola ride down the Grand Canal is a must. **Days 3-4 Bolzano** Get acquainted with the picturesque town of Bolzano on an orientation walk. Pedal past villas and sloping vineyards on a bike tour of the South Tyrolean Wine Road, stopping to try some famous local drops along the way. **Day 5 Alpe di Siusi/Bolzano** Enjoy a full day on Alpe di Siusi, the largest high-altitude alpine meadow in Europe. Visit the fascinating Prosels Castle and enjoy an informative tour with a local guide. **Days 6-7 Salzburg** Watch the sun set over the stunning Salzburg skyline from Hohensalzburg Castle. Stroll past Baroque architecture and a mix of preserved and restored buildings in this picturesque city. **Days 8-10 Vienna** After a guided walk of Austria’s historic capital, set out to explore this undisputed arts hub of Central Europe on your own. Enjoy an optional farewell dinner before saying ‘Auf Wiedersehen’ on Day 10.

**DEPARTURE DATES**

Selected Mondays from May to September

Enter ZLSP on intrepidtravel.com. See inside cover for prices
Best of Greece

Take a comprehensive 15-day journey into the land of crumbling ruins and crumbling feta, the sun-bleached cradle of modern civilisation. From Athens, travel to Corinth and Delphi through to Syros, Mykonos, Santorini and the Cyclades.

For more info enter ZMSE on intrepidtravel.com

Athens to Santorini

8 DAYS, ATHENS TO SANTORINI

Uncover thousands of years of civilisation in Athens with a visit to the world-famous Acropolis and the ancient Agora.

A Santorini sunset can turn the most hardened of souls into a romantic. Walk along the volcanic rim of the island, passing through white villages that cling to plunging cliffs.

Day 1 Athens Arrive early to visit the Parthenon, see the Temple of Olympian Zeus, or be awed by the Acropolis – the axis of the city that serves as an ever-present reminder of its ancient history. Days 2-3 Syros Relax aboard a scenic ferry from Piraeus to Syros, an island of abandoned windmills, ancient ruins and inviting beaches.

Days 4-5 Mykonos Be captivated by the quintessential Greek Isles vista of squat white houses brightly juxtaposed against the cerulean sea. Follow flower-lined paths past age-old churches and tiny restaurants to secluded beaches, and spend the afternoon soaking up the rays and splashing in the water. As the sun sets, join Europe’s party crowd at one of the many bars and clubs on Mykonos, or take a more traditional approach with a meal at a delightful backstreet restaurant. Days 6-8 Santorini Take an early morning hike along the crater rim to picturesque Oia, then chill out on a beach of black sand or admire the ruins of ancient Thira and Akrotiri.

Selected dates Enter ZMSE on intrepidtravel.com. See inside cover for prices

Cycle the Camino de Santiago

8 DAYS, LEON TO SANTIAGO DE COMPOSTELA

Share a true cycling pilgrimage along the famed Camino de Santiago, riding over 300 kilometres alongside pilgrims from all over the world.

Cycle through the gorgeous Galician countryside, from misty forests to rolling hills to green, tree-lined plains.

Day 1 Leon Buen Camino! Welcome to Leon, the starting point for your cycling pilgrimage. Day 2 Astorga Take a meandering route to Astorga via Villar de Mazarife, stopping at the Puente de Orbigo, a 13th-century bridge. Day 3 Molinaseca Pedal west across the plains towards El Ganso then ascend into the mountains. Stop at Cruz de Ferro, where pilgrims leave their ‘burdens’, then descend to Molinaseca. Day 4 O Cebreiro Tackle an uphill ride to this unique mountain town and reward yourself with the creamy local cheese. Day 5 Samos Ride downhill and follow the river valley to Samos, a town dominated by a huge, 16th-century monastery. Day 6 Palas de Rei Cycle through Sarria, the city that marks 100 km until Santiago and sees an influx of pilgrims. Continue to charming Palas de Rei for the evening. Day 7 Santiago de Compostela Today marks your final day on the bike as you pedal towards the holy city of Santiago de Compostela. Day 8 Santiago de Compostela Your trip ends today.

DEPARTURE DATES
Selected Saturdays from April to October Enter ZMXW on intrepidtravel.com. See inside cover for prices
Explore Spain & Portugal
15 DAYS, MADRID TO BARCELONA

Join pilgrims along the last leg of the Camino de Santiago as they reach Spain’s historic cathedral in Santiago de Compostela.

Unwind in a laidback fishing village along the Algarve on Portugal’s scenic southern coastline.

Day 1 Madrid Welcome to Spain! Days 2-3 Granada Wander the grand rooms, towering domes and glorious gardens of the Alhambra Palace with a local guide. Days 4-5 Seville Ride the rails to Seville, the capital of Andalucia. Days 6-7 Lagos Explore Faro’s picturesque marina before stretching out on one of the Algarve’s famous beaches. Enjoy an included boat tour around the caves and grottoes that have formed along the fabulous limestone coast. Days 8-9 Lisbon Climb the medieval hilltop citadel for an incredible view of Lisbon’s attractive cityscape – white houses, terracotta rooftops and deep blue ocean. Days 10-11 Porto Learn the inside story of port during a tasting, then spend an afternoon in the World Heritage-listed Ribeira district. Days 12-13 Santiago de Compostela Be surrounded by piety and pilgrims in Santiago de Compostela and visit the tomb of St James. Days 14-15 Barcelona Discover a city with an unrivalled appreciation for art, architecture and food.

PORTUGAL

Maximum group size 12
Hotel (14 nts)
9 breakfasts
Plane, metro, public bus, train, taxi

Portugal Real Food Adventure, featuring Galicia
8 DAYS, SANTIAGO DE COMPOSTELA TO LISBON

Discover why Alentejo is Portugal’s best-kept foodie secret. Lovers of jamon Iberico, prepare to be blown away!

No visit to Portugal is complete without a glass of port – head out into the Douro Valley and enjoy a taste or two of this signature drop.

Day 1 Santiago de Compostela Settle in for a Galician feast in the city’s Old Town, watching as weary pilgrims finish the famous Camino de Santiago walk. Day 2 Vigo Take a train to Vigo. Meet a chef and tour a Galician fish market before whipping up some classic regional fare in a cooking class. Days 3-4 Porto Continue to Porto and get your first taste of Portugal on a hunt for the finest flavours. Visit the stepped terraces and villas of the Douro Valley and indulge in a port tasting or two. Day 5 Alentejo Farmstay Journey to Alentejo, with its undulating wheat fields and huge cork plantations. Enjoy a locally sourced, farm-cooked meal at the farmstay. Visit the World Heritage-listed city of Evora, one of Portugal’s most beautifully preserved medieval towns. Days 6-8 Lisbon Get acquainted with Portugal’s dynamic capital. Taste the city’s best custard tarts and wash it down with a drop of wild cherry ginjinha. Perhaps enjoy a final Portuguese feast while listening to the soulful strains of fado.

DEPARTURE DATES
Selected dates
Enter ZMSI on intrepidtravel.com. See inside cover for prices

DEPARTURE DATES
Selected Thursdays from May to October
Enter ZMZP on intrepidtravel.com. See inside cover for prices
Croatia: Hike, Bike & Kayak

8 DAYS, ZADAR TO STARIGRAD PAKLENICA

Drift along pure, spring-fed rivers past sparkling waterfalls, and then get your heart pumping riding the rapids of Zrmanja River by canoe or raft.

Kayak on the silken blue waters of the Adriatic with dramatic mountains as the backdrop while following the coast to the delightful fishing hamlet of Vinjerac.

Day 1 Zadar Arrive in the former capital of Dalmatia. Day 2 Starigrad Paklenica Check out Zadar’s beautiful Old Town on a leader-led walk, then travel to Starigrad. Day 3 Hiking Hike through the Paklenica National Park, home to incredible rock formations and scenery, possibly stopping into a mountain lodge for a traditional lunch. Day 4 Mountain Biking Enjoy some mountain biking on the grassy hills and rugged mountain trails of Paklenica National Park. Day 5 Starigrad Paklenica Choose to get active on a canoe safari or whitewater rafting adventure on the Zrmanja River. Otherwise, head to Zadar, revisit the national park or simply relax on the beach. Day 6 Plitvice Lakes National Park Discover the endless waterfalls and spectral blue lakes of the stunning World Heritage-listed Plitvice Lakes National Park. Day 7 Sea Kayaking Go on a sea kayak adventure on Paklenica Bay and visit the nearby fishing village of Vinjerac. Day 8 Starigrad Paklenica Bid farewell to this active adventure.

Slovenia & Croatia Real Food Adventure

12 DAYS, LJUBLJANA TO DUBROVNIK

Discover why Istria is considered the Italy of the East – a gastronomic wonderland where world-class olive oil and truffles await.

Cycle through the vineyards on the island of Korcula – a place where two local varietals, grk and posip, have been produced with care for centuries.

Days 1-2 Ljubljana Sip a little schnapps, then visit Bled for its famous kremsnita (cream cake). Savour prsut and sir (cheese) at a culinary workshop. Days 3-4 Motovun Arrive in Piran to sample Istrian specialties over lunch in a konoba (tavern). Cross the border into Croatia and hunt for truffles with a local expert. Day 5 Plitvice Lakes National Park/Rakovica Witness misty cascades from the boardwalks of Plitvice Lakes National Park. Travel to Rakovica and enjoy a home-cooked kotlovina dinner. Day 6 Zadar Sample Pag’s celebrated cheese, paski sir, before arriving in Zadar. Days 7-8 Split Stop past the Zadar fish markets, then press on towards Split. Learn about the history of Diocletian and his palace, sip local rakija (fruit brandy), and visit the finest chocolatier in town with a local foodie. Days 9-10 Korcula Catch a ferry to Korcula. Cycle along the coast before sampling local varietals at Korcula’s wineries. Days 11-12 Dubrovnik Admire Dubrovnik from atop the city walls.
Cycle Provence
8 DAYS, AVIGNON TO ARLES

Cycle through the same landscapes that inspired some of Vincent van Gogh’s greatest masterpieces.

Encounter rich Roman history and architecture in the atmospheric towns of Arles and Orange.

Day 1 Avignon Arrive in charming Avignon. Wander the leafy streets or explore the fortress-like Palais des Papes.

Day 2 Orange Pedal past vineyards on a leisurely ride to Orange, stopping en route for a taste of Provence’s famous red wines.

Day 3 Uzes Cycle through glorious wine country, passing the favoured grapevines of historic kings and the fabled Pont du Gard.

Day 4 Saint Remy Visit Saint Remy’s serene gardens and learn about the mythological beast that once haunted the city of Tarascon.

Day 5 Saint Remy Enjoy a free day or tackle the legendary Mt Ventoux – a real cycling challenge.

Day 6 Arles Ride through jaw-dropping Les Baux then wander through Arles’ streets.

Days 7-8 Saintes-Maries-de-la-Mer/Arles Swap countryside for the sea on a ride south to the capital of Camargue, looking out for the famous white horses that roam wild around the city before returning to Arles.

Cote d’Azur Sailing Adventure: Nice to Marseille
8 DAYS, NICE TO MARSEILLE

Cycle through fig orchards and ancient oak forests on Porquerolles and discover some of France’s best snorkelling along Port-Cros’ picturesque beaches.

Day 1 Nice Welcome to sunny Nice. Days 2-7 Cote d’Azur Set sail to Cannes and enjoy the beautiful coastline from the water. For the next few days, soak up the glamour of two of France’s most celebrated seaside towns. There’s also the chance to get away from city life with optional visits to smaller towns and nature reserves close to St-Tropez and Cannes. Then head to the Iles d’Hyeres archipelago to spend your days snorkelling in the crystal-clear Mediterranean waters, exploring small towns and indulging in France’s delicious cuisine. Bid farewell to island life and head back to the mainland for an evening in the delightful St-Mandrier-sur-Mer. The beauty of sailing is that each day is unique and, while there’s a destination to reach, if the weather changes or something takes the group’s fancy, the itinerary for each day is fairly flexible.

Day 8 Marseille Say goodbye to the yacht and transfer to Marseille, where this sailing adventure ends.

DEPARTURE DATES
Selected Saturdays
Enter AMXC on intrepidtravel.com. See inside cover for prices

DEPARTURE DATES
Every second Saturday from May to September
Enter ASRN on intrepidtravel.com. See inside cover for prices
Halloween in Transylvania

Even without its spine-tingling tales of Dracula, werewolves and haunted castles, Romania is an atmospheric destination—and never more so than during the spooky holiday of Halloween. Hear all the legends on our in-depth tour of Transylvania.

For more info enter WMSX on intrepidtravel.com

Balkan Adventure
15 DAYS, BUDAPEST TO DUBROVNIK

Cross the Chain Bridge in Budapest and take the funicular up to Buda Castle for beautiful views over Pest.

Wander through Belgrade’s bohemian quarter and grand, 19th-century boulevards before launching yourself into its animated nightlife.

Sarajevo is one of the most scenically located cities in Europe. See the sights on a guided walking tour and learn about its recent history as a city under siege.

Days 1-2 Budapest Arrive in Budapest, Hungary’s intoxicating capital on the banks of the Danube River. Admire intricate carvings on resplendent buildings, cross the iconic Chain Bridge to explore the Castle District, or perhaps see the city from its best angle on a boat cruise. Days 3-4 Osijek Cross the border into Croatia and travel to Osijek. Navigate the hallways of grand buildings, stroll along the banks of the Drava River, or pick up the true favours of this destination at a local café.

Days 5 Novi Sad Experience how Novi Sad, with its fascinating blend of traditional culture and Austro-Hungarian architecture, is one of the most enthralling cities in Serbia. Call into a family-run vineyard and a unique honey museum while relishing the scenic environs of Sremski Karlovci. Days 6-7 Belgrade Soak up the history of Belgrade, one of the oldest cities in Europe. Mosey through the bohemian quarter or explore city boulevards, where Orthodox churches vie for space alongside fashionable nightclubs. Day 8 Sarajevo Travel through serene countryside to Sarajevo. Day 9 Mostar Spend time exploring the Old Town, its Old Bridge and sampling the local cuisine. Day 10 Sarajevo In the evening, be sure to visit Bascarsija, the traditional bazaar area.

Day 11 Durmitor National Park Get back to nature at stunning Durmitor National Park. Enjoy a hike through the mountains and keep an eye out for some of the many animals that call them home. Days 12-13 Kotor Get delightfully lost in the alleyways of Kotor. Climb the hills behind the city to discover the ruined fortifications here. Days 14-15 Dubrovnik Travel to Dubrovnik and take a walk along the city walls. Perhaps climb Mt Srd for an aerial perspective and later toast the end of this adventure over dinner.

Selected dates
Enter WMSK on intrepidtravel.com. See inside cover for prices
Best of Central Europe

15 DAYS, VIENNA TO BUDAPEST

Venture out on a guided afternoon cycle trip through the surrounding hill country and tiny hamlets of Cesky Krumlov.

Hike in the picturesque Tatra Mountains, ascending steep slopes by funicular, gondola and electric steam train.

Days 1-2 Vienna Touch down in Vienna and take in the splendour of Austria’s capital on a guided walk past Gothic St Stephen’s Cathedral and enchanting Hofburg Palace and more. Days 3-4 Cesky Krumlov Cross into the Czech Republic and travel to bohemian Cesky Krumlov. Discover the surrounding countryside on a cycling excursion. Days 5-7 Prague Travel to Prague, the ‘City of a Hundred Spires’, which never fails to charm. Day 8 Gory Sowie Travel to a small village in Gory Sowie, a lesser-known yet picturesque part of Poland. Days 9-10 Krakow Head to Krakow and wander through the streets that once housed Polish kings, see St Mary’s Church and be sure to indulge in some pierogi (dumplings). Days 11-12 Tatra Mountains Spend some time trekking in the Tatra Mountains, where lush mountainscapes make for an unforgettable experience. Days 13-15 Budapest Arrive in beautiful Budapest and spend a few days at leisure in the ‘Pearl of the Danube’.  

DEPARTURE DATES
Selected Wednesdays and Saturdays from April to October
Enter AMSB on intrepidtravel.com. See inside cover for prices

Barcelona to Berlin

15 DAYS, BARCELONA TO BERLIN

Foolies rejoice! Snack on cured meats and tapas in Barcelona before discovering the nuances of French cuisine in Paris.

Pass beneath the arches of Brandenburg Gate and learn the history behind the crumbling remnants of the Berlin Wall scattered throughout the city.

Days 1-2 Barcelona Be dazzled by the Catalan capital’s impressive Gothic architecture, art scene and cuisine. Days 3-4 Avignon Sit window-side as your train glides past Provence’s manicured vineyards and lavender fields en route to Avignon. Days 5-7 Paris Discover the seductive charms of the ‘City of Lights’ while strolling the bohemian streets of Montmartre. Day 8 Luxembourg Drive across the border into Luxembourg, one of the smallest capitals in Europe. Get to know the city’s World Heritage-listed Old Town and learn how Luxembourg has transformed into a successful commercial hub. Days 9-10 Brussels Waffles and chocolates, fries and beer – Brussels is gastronomic heaven. Days 11-13 Amsterdam Be charmed by Amsterdam’s trendy, sustainable lifestyle and picturesque canals. Days 14-15 Berlin Seek out the uber-cool watering holes and eateries of Europe’s most bohemian big city.

DEPARTURE DATES
Selected dates
Enter ZMRF on intrepidtravel.com. See inside cover for prices
Northern & Southern Ireland

8 DAYS, BELFAST TO DUBLIN

Uncover Ireland’s stunning beauty with a visit to the unspoilt natural wonder of the clustered pillars of the Giant’s Causeway.

The rugged west coast of Ireland is simply breathtaking. Sail out to the wind-battered Aran Islands and step back into a simpler time.

Day 1 Belfast Welcome to the Emerald Isle. Day 2 Giant’s Causeway Drive to the Giant’s Causeway, part of the rugged, wild coast that’s home to roughly 40,000 basalt columns. Day 3 Galway Travel into the Republic of Ireland and the harbour city of Galway and pay a visit to the Galway Cathedral. Day 4 Aran Islands Catch a ferry to the ancient Aran Islands. On a guided trip pick wildflowers along the cliffs, visit the ruins of seven churches and maybe even spot a seal lounging on the rocky shore. Day 5 Killarney Be awe-struck by sweeping views of the Irish coastline at the Cliffs of Moher before continuing to the thatched cottages of Adare village. Arrive in Killarney in the late afternoon, just in time for a few pints at a local pub. Day 6 Ring of Kerry Breathe in salty coastal air on a day trip along the famous Ring of Kerry. Days 7-8 Dublin Among many potential destinations are two very different places of worship: St Patrick’s Cathedral and the Guinness Storehouse.

Northern Norway Explorer

9 DAYS, OSLO TO TROMSO

Explore the much-adored Lofoten Islands by land and sea and take in some of the most breathtaking scenery in the entire world.

Gaze at the immense Nidaros Cathedral, an incredible Gothic building that houses the remains of St Olav, the patron saint of Norway.

Days 1-2 Oslo Travel to Norway and discover the irresistible charm and eccentricity of Oslo. Discover a Viking past at one of Oslo’s many museums, visit Holmenkollen and its famous ski museum, or head to the National Gallery of Art to glimpse The Scream, Edvard Munch’s famous painting. Days 3-4 Trondheim Spend two days exploring the first capital of Norway and the city where kings return for their coronation. The city is situated on the Trondheimsfjord and colourful wooden storehouses flank the Nidelva River that runs through town, while the city’s outskirts are surrounded by hilly wilderness. Days 5-6 Bodo/Lofoten Islands Take to land and sea to explore the fabled Lofoten Islands – a patchwork of islands, fishing villages and stunning vistas. Days 7-9 Tromso This trip culminates far above the Arctic Circle in Tromso, the country’s third-largest city and the cultural centre of northern Norway. Take a boat cruise through the fords and learn about the region’s fascinating polar history.
Iceland Discovery
10 DAYS, REYKJAVIK TO REYKJAVIK

There’s a lot more to Iceland than ice (and Bjork). Traverse the fjords, glaciers, volcanoes, black sands and thermal springs of this magical land in the world’s far north.

Visit the rugged landscapes of Thingvellir National Park where, over a thousand years ago, Iceland’s first parliament came together.

Day 1 Reykjavik  Hallo!
Day 2 Golden Circle/Hvolsvollur  Follow the Golden Circle to Thingvellir National Park. Get a thrill witnessing Strokkur Geyser erupt, swing by Seljalandsfoss waterfall, then lend a hand at a local tree-planting initiative.
Day 3 South Coast/Skaftafell National Park  Check out breathtaking Skogafoss waterfall, then visit the black sands and bizarre rock formations of Reynisfjara. Glide between jagged icebergs on a boat tour of Jokulsarlon Glacier.
Day 4 East Fjords  Enjoy a scenic drive.
Day 5 Modrudalur Valley  Stop in quirky Seydisfjordur, then continue to the highland village of Modrudalur.
Day 6 Lake Myvatn  See the mightiest waterfall in Europe – Dettifoss – and explore the diverse landscapes around Lake Myvatn.
Day 7 Akureyri/Gauksmyri  See the curve of Godafoss waterfall.
Days 8-9 Snaefellsnes Peninsula  Venture into the Snaefellsnes and spy its immense glacier.
Days 9-10 Reykjavik  Pass through Hvalfjordur on the return to Reykjavik. Take a guided tour of Iceland’s capital.

Scandinavia Explorer
15 DAYS, OSLO TO HELSINKI

Norway’s fjords feature some of the most stunning scenery on Earth. Cruise past waterfalls and snow-capped peaks through the narrow Naeroyfjord.

Peer back in time at Stockholm’s maritime history at the Vasa Museum, which houses an original wooden warship from 1628.

Days 1-2 Oslo  Arrive in Norway’s cultured capital. Travel to nearby Holmenkollen for a short hike on the plateau, then visit the Ski Museum.
Days 3-4 Bergen  Venture by train across the stunning countryside of the Fjell region. Enjoy the sights of quirky Bergen.
Days 5-6 Norwegian Fjords  Be captivated by the sight of mountain peaks on a boat trip across Sognefjord’s glassy waters. Pass through Naeroyfjord, named for the Norse god of seafarers and the sea.
Days 7-8 Lillehammer  Make tracks to the alpine playground of Lillehammer.
Days 9-10 Swedish Lakes/Mora  Head to the lakeside village of Mora, a laidback town that encapsulates the most Swedish of landscapes.
Days 11-13 Stockholm/Overnight Ferry  Embark on a cruise to the Stockholm archipelago and Vaxholm Island. Absorb the timeless beauty of Stockholm, then board an overnight ferry to Finland.
Days 14-15 Helsinki  Discover Helsinki’s historical sights and gastronomic wonders.

Selected Saturdays from May to August
Enter BMSH on intrepidtravel.com. See inside cover for prices
When it comes to the Americas, ‘diverse’ doesn’t even scratch the surface. After all, you don’t become the world’s longest land mass without packing in a few highlights. From crackling glaciers at either end, to the canyons, jungles, ruins and traditional cultures dotted throughout, the Americas offer natural beauty, mouth-watering food and an intriguing history like no other.
TEAS, TEMPLES, AND BEATNIKS

Where east meets west, fortunes are told with more sincerity than your average cookie and the legends of masters live on. Between the Beatniks of North Beach and San Francisco’s iconic Chinatown, this day trip will give you a taste of San Fran’s culture – all with a local flair.

For more info head to urbanadventures.com

Vegas to San Fran
5 DAYS, LAS VEGAS TO SAN FRANCISCO

With two incredible national parks sandwiched between a couple of the States’ most memorable cities, this is the perfect quick intro to Cali and Nevada.

All roads lead to California. Where better to end your adventure than in San Francisco, the eclectic, multicultural ‘City by the Bay’.

Day 1 Las Vegas Welcome to Vegas – a hedonistic party town. Perhaps have a crack at blackjack, check out a show or just soak up the craziness that is Vegas. Day 2 Death Valley Arrive in sizzling Death Valley, a place surprisingly rich in living things. If conditions are favourable (i.e. not the summer highs of 56°C) walk onto the sand and take a look at how life survives – and thrives – in this inhospitable terrain. Days 3-4 Yosemite National Park Discover giant granite domes, forests rich in greenery, dramatic waterfalls and lakes that reflect this natural beauty like a dream. Take to hiking trails or cycle around the valley floor to get the best experience of this incredible part of the USA. Day 5 San Francisco Depart Yosemite and head west towards San Francisco, aka the ‘City by the Bay’, where this trip ends on arrival after a walk along the Golden Gate Bridge. If you decide to stay longer, perhaps catch a cable car to Fisherman’s Wharf and enjoy some of the spectacular food on offer.

DEPARTURE DATES
Selected dates from May to September
Enter SSRH on intrepidtravel.com. See inside cover for prices

Utah Parks Circuit
8 DAYS, LAS VEGAS TO LAS VEGAS

Discover a great variety of landscapes all within a short drive of each other, from the stone hoodoos of Bryce Canyon to the hanging gardens of Zion National Park.

The iconic sandstone formations of Monument Valley have played backdrop to many a Western movie. Learn about Navajo culture here and retire to a traditional hogan.

Day 1 Las Vegas Why not arrive early and soak up the sights and sounds of this brightly lit fantasy land. Day 2 Zion NP Blaze a trail through the gorges and canyons of Zion National Park, a spectacular collection of sandstone cliffs and rocky ridges that conceal hanging gardens and tranquil pools. Day 3 Bryce Canyon NP Branch out on foot and follow the many hiking trails through this unique setting of twisted rock hoodoos. Days 4-5 Moab Journey across the craggy Moab landscapes and into beautiful Arches National Park, a photographer’s dream. Day 6 Monument Valley Take an incredible jeep tour and learn about Navajo culture, watching as the sun paints the landscape gold. Sleep under a vast desert sky. Day 7 Lake Powell Discover a dramatic backdrop of blood-red rock, canyons, waterways and idyllic hidden coves. Day 8 Las Vegas Complete the final leg of this Utah circuit by heading back to Las Vegas, making the most of this entertainment capital.

DEPARTURE DATES
Selected dates from May to September
Enter SSRI on intrepidtravel.com. See inside cover for prices

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/united-states
Canadian Rockies
15 DAYS, VANCOUVER TO VANCOUVER

With lakes, mountains and glaciers across huge national parks, the Rockies feature an array of striking landscapes that you won’t see anywhere else in the world.

This is the perfect opportunity to explore nature at ground level. Hike through forests, cycle remote trails and canoe across a picturesque lake.

The Kicking Horse River offers some of the best whitewater rafting in Canada. Choose to ride the rapids, or simply kick back and listen to the river’s song.

Day 1 Vancouver Get a first glimpse of mountains on the skyline in laidback Vancouver. Days 2-3 Whistler Make tracks for western Canada’s outdoor playground: the cute resort town of Whistler. Hiking, cycling and even ziplining are on offer. Days 4-6 Wells Gray Provincial Park Journey through British Columbia to Wells Gray Provincial Park. Camp at a cowboy ranch, toast some s’mores, then the next day paddle across the aptly named Clearwater Lake to a remote campsite. On your canoe trip back, stop for a picnic lunch and witness some amazing waterfalls. Days 7-8 Jasper National Park Witness Jasper National Park’s palette of snow-white or summer-grey mountains, brilliant turquoise lakes, lush green pine forests and colossal blue-white glaciers. Choose to head up the SkyTram line, and try to spot the Canadian Rockies’ Big Five: elk, moose, deer, wolf and bear. Days 9-11 Banff National Park Traverse the Icefields Parkway through stunning Rocky Mountain scenery en route to Banff. Catch a cable car to the top of Sulphur Mountain, take a dip in hot springs or simply gaze for hours at pristine Lake Louise.

Days 12-13 Yoho National Park Uncover one of the lesser-known spots in the Canadian Rockies and spot a wealth of unique plant and animal species. Explore unspoilt mountainous terrain and perhaps tackle whitewater rapids in the Kicking Horse River. See majestic Takakkaw Falls – at 384 metres, they’re the second-highest falls in Canada.

Day 14 Glacier National Park/Kamloops Make a stop at Glacier National Park, where the Rockies meet the prairie. Pay a visit to the world’s only temperate inland rainforest on the way to Kamloops. Day 15 Vancouver Stroll around Canada’s west-coast jewel and see why this harbourside city continually rates as one of the world’s most liveable cities.
Nova Scotia & Newfoundland Expedition
15 DAYS, HALIFAX TO ST JOHN’S

Take in jaw-dropping views of steep cliffs and deep river canyons in Cape Breton Highlands National Park, then walk the earth’s red mantle at Gros Morne National Park.

You can’t visit the Maritimes without visiting the Bay of Fundy, home to the world’s highest tides. Check out its unusual rock formations and dinosaur fossils.

Days 1-2 Halifax Welcome to Canada’s east coast. Visit Old Town Lunenburg for its colourful 18th-century wooden houses and marvel at the phenomenal Bay of Fundy. Days 3-5 Halifax/Prince Edward Island Stop at Canada’s most famous lighthouse in Peggy’s Cove. Walk among unusual flowerpot rock formations at Hopewell Rocks then explore Prince Edward Island National Park and the landscape that inspired Anne of Green Gables.

Days 6-8 Cape Breton Island Hike Cape Breton’s rugged coastline and forested interior, looking out for moose and bald eagles. Days 9-12 Gros Morne NP/L’Anse aux Meadows After a long ferry, explore Newfoundland’s spectacular Gros Morne, shaped by years of colliding continents and glaciers. See 1000-year-old Norse ruins at L’Anse aux Meadows, the fabled Vinland from Norse sagas. Day 13 Terra Nova NP Soak in Terra Nova’s rolling forested hills, serene ponds and wetlands. Days 14-15 St John’s Get acquainted with North America’s oldest city.

Nicaragua & Costa Rica
10 DAYS, GRANADA TO SAN JOSE

Discover Nicaragua and Costa Rica, two countries filled with active volcanoes, idyllic lakes and emerald jungles.

Choose your own adventure with the option to hike, cycle or zip-line through the steamy cloud forests of Monteverde in Costa Rica.

Day 1 Granada Arrive in Granada. Explore the markets and surrounding countryside – replete with active volcanoes. Day 2 Granada With a free day, maybe join a guided tour of the city, explore markets or cruise the islets of Lake Nicaragua by boat. Days 3-4 Ometepe Island Spot the world’s only freshwater sharks in Lake Nicaragua en route to Ometepe Island. Take an optional hike to one of two towering volcanoes on the island, or chill out at the beach. Days 5-6 Monteverde Arrive in the eco-lover’s paradise of Monteverde. Explore this lush jungle haven on foot, mountain bike, or by zip-line. For a guaranteed wildlife encounter, visit the butterfly gardens. Days 7-8 La Fortuna Explore the hot springs and giant waterfalls surrounding this town, which sits in the shadow of the Arenal Volcano. There are plenty of optional activities to choose from while here. Days 9-10 San Jose Join locals milling around Mercado Central for some super-cheap Costa Rican food and colourful souvenirs.

DEPARTURE DATES
Selected dates in July & August
Enter SSKN on intrepidtravel.com. See inside cover for prices
La Fortuna, Costa Rica

Classic Costa Rica
15 DAYS, SAN JOSE TO SAN JOSE

Enter the mists of the Monteverde Cloud Forest Reserve, where you could spot sloths lounging in the trees.

Get a feel for what it’s like to live off the land, pitching in with farm work and cooking chores on an agricultural homestay in Santa Rosa de Pocosol.

Relax and take a dip in the springs of La Fortuna, where the water is heated by lava from the Arenal Volcano.

Day 1 San Jose An assortment of galleries, theatres and lively central plazas set among glitzy modern shopping malls make this one of Central America’s most surprising capitals. Days 2-3 Tortuguero NP Enjoy the thick forests, cool waterways and abundant wildlife of Tortuguero National Park. An optional canoe trip or canopy tour offers a different perspective on this amazing, precious ecosystem. Day 4 Santa Rosa de Pocosol Homestay Venture out to Santa Rosa de Pocosol and spend the night in a local homestay. Visit the incredible Juanilama agricultural community, the perfect place to hang out with the locals. You might want to get your hands dirty helping out with chores around the farm, catching fresh fish for dinner and learning the best ways to cook them. Days 5-6 Rio Celeste The lush banks of this magical river await. Explore falls and streams where the water is so blue and bright it looks photoshopped. Days 7-8 La Fortuna A sleepy little town set against an awesome backdrop, La Fortuna makes a great base for adventures. The Arenal Volcano’s inner workings also mean that the area has a number of thermal springs where hot, lava-heated water gushes to the surface – it’s an ideal place to relax.

Days 9-10 Monteverde Spend a few days touring the cloud forest, looking out for long-snouted tapirs and sedate sloths in the mist. Days 11-13 Manuel Antonio NP Feel the crunch of foliage underfoot while you hike the park’s trails. Keep one eye on the great views and the other looking for the abundant wildlife. Monkeys, armadillos, sloths and hundreds of birds are among the species you may be able to spot. The beaches here are also excellent, with soft sand and clear waters.

Days 14-15 San Jose Emerge from the wilderness and return to lively San Jose, where the markets are waiting.
Costa Rica & Panama Discovery
13 DAYS, SAN JOSE TO PANAMA CITY

Who hasn’t dreamt of cocktail-sipping and snorkelling in the Caribbean? Enjoy plenty of time to do exactly that in Puerto Viejo de Talamanca.

Waterfalls, wildflowers, hot springs and mountains – Boquete has it all. Tour a coffee plantation, ride a bike along a river or take a relaxing walk through the forest.

Day 1 San Jose Become acquainted with San Jose’s modern buzz. Days 2-3 Puerto Viejo de Talamanca Explore great surf beaches and fruit farms during an included bike ride and, in your free time, head out on a wildlife excursion or sign up for some surfing lessons. Days 4-6 Bocas del Toro Drive into Panama and catch a boat out to the tropical archipelago of Bocas del Toro. These islands are a favourite haunt for many travellers. Days 7-8 Boquete Soak up mountain scenery in Boquete, a small town in the Panamanian highlands. Head out to a local coffee plantation, get active hiking or biking, or relax in the hot springs. Days 9-10 Santa Catalina Travel to the remote fishing village of Santa Catalina. Choose to spend your time here surfing, fishing, snorkelling or chilling out on the beach. Days 11-13 Panama City Arrive in Central America’s glitziest capital. Wander through the crumbling architecture of historic Casco Viejo, or explore the city’s plentiful dining and drinking hotspots before this memorable adventure comes to a close.

Selected Tuesdays & Fridays
Enter QVRC on intrepidtravel.com. See inside cover for prices

Costa Rica: Raft, Surf & Kayak
8 DAYS, SAN JOSE TO SAN JOSE

The Pacuare River has been rated one of the top ten best rivers around the world; not only for its rapids, but also its pristine rainforest surrounds and waterfalls.

Tortuguero National Park is home to monkeys, reptiles, toucans and macaws, while its waters contain turtles, crocodiles and manatees.

Day 1 San Jose With over half the country’s population living within its parameters, San Jose is a bustling city of colourful markets, intriguing museums and heady nightlife. Day 2 Pacuare River Travel to the Pacuare River and hop in a raft for the journey to tonight’s eco-lodge accommodation. Days 3-4 Puerto Viejo de Talamanca Hit the rapids again for another paddle before continuing by bus to the Caribbean coastal town of Limon. Visit Cahuita National Park, a protected area of both rainforest and reef, and surf off the coast. Days 5-6 Tortuguero National Park Welcome to one of the best places in Costa Rica for spotting wildlife. Hop into kayaks and set out on a two-hour journey through the park’s canals in search of monkeys, sloths, caimans, lizards, bats and a glut of birdlife. Days 7-8 San Jose Return to Costa Rica’s lively capital. Perhaps head out for a final group dinner and get acquainted with the city’s buzzing night scene.

Selected Saturdays
Enter QVXA on intrepidtravel.com. See inside cover for prices

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/costa-rica
Mexico & Guatemala Highlights

11 DAYS, PLAYA DEL CARMEN TO ANTIGUA

- Step back in time and explore the ruins of ancient civilisations, such as the Maya city of Chichen Itza.
- Explore the stunning lakeside town of Panajachel and the many indigenous communities nearby in the Guatemalan highlands.

Day 1 Playa del Carmen Enjoy the white sands of this beachside playground. Day 2 Chichen Itza/Merida Wonder and wander through Chichen Itza, the vestiges of a grand Maya city. Then, travel on to the Yucatan capital of Merida and enjoy a tour of the city. Day 3 Merida Stroll down Paseo de Mantejo, where 19th-century mansions line the street. Days 4-5 Palenque Listen for the eerie calls of howler monkeys while exploring crumbling pyramids that are now partially swallowed by thick, green jungle. Day 6 San Cristobal de las Casas Cool off in the turquoise waterfalls of Agua Azul while en route to San Cristobal de las Casas, a city of colour and craft. Day 7 San Cristobal de las Casas Travel to nearby San Juan Chamula, where the local church (which heavily influences local life) blends Maya ritual, animism and Catholicism. Days 8-9 Lake Atitlan/Panajachel Enjoy water-based sports or explore the many indigenous villages nearby. Days 10-11 Antigua Soak up the atmosphere in Guatemala’s cultural capital.

DEPARTURE DATES
Selected Tuesdays
Enter QVSJ on intrepidtravel.com. See inside cover for prices

Guatemala to Mexico

13 DAYS, ANTIGUA TO PLAYA DEL CARMEN

- Cruise between sheer granite cliffs on a boat ride to Livingston, a colourful Garifuna town of mixed ethnic Guatemalan and Caribbean ancestry.
- Enclosed by jungle and resounding with the chatter of monkeys, Tikal’s temple complex is one of the Maya world’s most impressive remnants.

Days 1-2 Antigua Welcome to one of Latin America’s most charming cities. Days 3-4 Rio Dulce Head north towards Amatique Bay, then take a scenic boat trip to Livingston and encounter the unique Garifuna culture. Day 5 Flores Explore the narrow lanes, pastel-coloured buildings and rustic shops of Flores. Day 6 Tikal National Park/San Ignacio Soaring high above the jungle canopy, the enormous limestone temples of the Tikal ruins are some of the most impressive remnants of the Maya empire. Days 7-9 Caye Caulker Laze in the sun, swim in the warm waters, or take an optional jaunt to the Hol Chan Marine Reserve for the opportunity to swim with sharks. Days 10-11 Tulum For a taste of Maya architecture take an optional visit of the ruins – you can even go for a swim within the ancient walls. Days 12-13 Playa del Carmen The vibrant beach town of Playa del Carmen is the perfect place for some fun in the sun. Dive into crystal-blue waters and snorkel among the colourful marine life.

DEPARTURE DATES
Selected Thursdays & Saturdays
Enter QVSB on intrepidtravel.com. See inside cover for prices
Mexico Real Food Adventure

9 DAYS, MEXICO CITY TO MAZUNTE

- Taste your way around the streets of Puebla, eating stuffed cemitas (sesame rolls) and tacos arabes, then fill up on a theatrical Lucha Libre wrestling performance.
- A boating expedition on the Pacific Ocean will have you eating fresh ceviche while overlooking one of the best beaches on Mexico’s south-west coast.

**Days 1-2 Mexico City** Dive into Mexico City’s food scene on a taco crawl and visit a mezcal bar to sip their signature smoky drop. Spend some time at Mercado San Juan, one of Mexico’s largest food markets.

**Day 3 Puebla** Discover how local dishes blend Spanish and pre-Hispanic influences on a food tour in Mexico’s epicurean capital. Sample local street sweets and take in a theatrical Lucha Libre wrestling match.

**Days 4-6 Oaxaca** Travel to Oaxaca, the ‘Land of the Seven Moles’. Visit Abastos Market to taste some regional specialities including grasshoppers and whip up some local delicacies in a cooking class. Savour traditional Mexican barbecue at one of the oldest markets in Mesoamerica, the ancient Mercado Tlacolula, and visit the Mitla ruins and a mezcal distillery.

**Days 7-9 Mazunte** Head to Mazunte on the Pacific coast. Embark on a boating expedition, keeping an eye out for dolphins and turtles while learning how to prepare fresh, Mexican-style ceviche.

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Best of El Salvador

8 DAYS, SAN SALVADOR TO EL TUNCO

- Known for its surf and laidback atmosphere, El Tunco is the perfect spot to kick back with a drink and sway the days away from the comfort of a hammock.
- Discover waterfalls, coffee plantations and colourful colonial towns on a ride along the memorable Ruta de las Flores.

**Day 1 San Salvador** Welcome to San Salvador! **Day 2 Suchitoto** Begin the day with an orientation walk of San Salvador before stopping off at the anthropological museum and Iglesia el Rosario. Drive to Suchitoto in the afternoon for a guided walk through the rustic streets. **Day 3 Suchitoto** Those looking to kick things up a gear may fancy a hike in the Cinquera Forest or kayaking on Lago Suchitlan. **Day 4 Ahuachapan** Travel onwards to Ahuachapan, taking in the Tazumal and Joya de Ceren ruins along the way. **Day 5 Ahuachapan** Hit the road for a ride down the Ruta de las Flores, a beautiful stretch of land adorned with wildflowers, artsy colonial towns, coffee plantations and natural wonder. **Days 6-8 El Tunco** Perhaps hire a board and tackle the waves, or visit the beach caves at low tide. The sun setting over the black-sand beach creates a rare spectacle that most international travellers miss. Try the local specialty of pupusa and join the locals down from San Salvador at the bar.
Central American Journey

17 DAYS, ANTIGUA TO SAN JOSE

Discover Central America, a land of mysterious Maya ruins, active volcanoes, idyllic beaches and emerald jungles.

Whether it’s reflecting back at you in the lake or heating the thermal pools you’re soaking in, Costa Rica’s Arenal Volcano always makes its presence felt.

Day 1 Antigua Amble along Antigua’s cobbled streets. Day 2 Copan Cross the border into Honduras. Days 3-4 Suchitoto Opt to visit the Maya ruins of Copan. Perhaps head to Lago Suchitlan for some kayaking. Days 5-6 El Cuco Take a boat cruise, unwind with some yoga, or relax in a beachside hammock. Day 7 Leon Head to Leon’s grand cathedral for a great city view. Days 8-9 Granada Explore Granada’s markets and surrounding countryside on a free day. Days 10-11 Ometepe Island Cruise over to Ometepe Island and perhaps hike the island’s volcanoes or check out the island’s ancient rock carvings. Days 12-13 Monteverde Choose to explore Monteverde’s expansive cloud forest either on foot, by bike or by zip-line through the canopy. Days 14-15 La Fortuna Take a scenic drive to La Fortuna, a small town shadowed by the Arenal Volcano. Perhaps relax in the hot springs or explore the waterfalls. Days 16-17 San Jose Take a guided walk through San Jose and enjoy the capital’s nightlife before the trip ends.

Best of Costa Rica

9 DAYS, SAN JOSE TO SAN JOSE

Take in the atmosphere and culture of San Jose, Costa Rica’s bustling capital nestled between mountains and volcanoes.

Nature lovers rejoice! Visit Manuel Antonio and Corcovado national parks and swim off white-sand beaches while searching for tropical birds, iguanas and sloths.

Day 1 San Jose San Jose is this dreamy country’s capital flanked by mountains. Days 2-3 Savegre Take a leader-led walking tour of downtown San Jose then drive to Costa Rica’s coffee capital, Los Santos, for a coffee tour and tasting. Continue to Savegre and your lodge in the cloud forest. Visit Los Quetzales National Park for optional activities including a canopy zip-wire adventure, a highlands hike or birdwatching. Days 4-5 Corcovado En route to Corcovado, visit the Finca 6 museum where you’ll spend an hour learning about the mysterious, pre-Columbian spheres of Sierpe. Arrive at Corcovado and stay at a secluded lodge in the rainforest, exploring this lush, tropical area with optional activities like hiking, kayaking or birdwatching. Days 6-7 Manuel Antonio Drive to Manuel Antonio – you’re now in sloth country! Relax before an evening spent sailing through the sunset. Days 8-9 San Jose Stop in Jaco for an aerial tram ride through the rainforest’s canopy en route to San Jose, where this trip ends.

DEPARTURE DATES
Selected Sundays, Wednesdays & Thursdays
Enter QVRJ on intrepidtravel.com. See inside cover for prices

DEPARTURE DATES
Selected Saturdays
Enter QBKR on intrepidtravel.com

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/central-america
Land of Belize

8 DAYS, BELIZE CITY TO CAYE CAULKER

Explore the waterfalls, swimming holes, freshwater rivers and intricate cave systems of the Mountain Pine Ridge Forest Reserve near San Ignacio.

Whether the goal is total relaxation or engaging in adventurous, water-based activities, Caye Caulker has all bases covered.

Day 1 Belize City Get to know Belize’s former capital on a guided walking tour. Head to one of the museums or art galleries or pop down to the Newtown Barracks district, where a cluster of restaurants and bars cater to a lively crowd. Days 2-3 San Ignacio Travel to a lush jungle region with waterfalls, swimming holes and intricate cave systems. Gain insight into ancient civilisations on a trip to the impressive ruins of Cahal Pech or the ceremonial centre of Xunantunich. Day 4 Tikal National Park Wake early for the chance to catch sunrise from the top of Tikal’s ruins. Spend the day exploring the towering temples and the evening camped under the stars. Days 5-8 Caye Caulker Discover a laidback paradise on this Caribbean island. Kick back on the beach or cruise to Hol Chan Marine Reserve and the area’s reefs to snorkel among schools of multicoloured fish. Celebrate the end of this adventure with a seafood feast at one of the beachside restaurants, washing it down with a glass of fiery Belizean rum.

Cycle Costa Rica & Panama

8 DAYS, SAN JOSE TO PANAMA CITY

Cycle alongside verdant forests bordering the Panama Canal and feel tiny next to the leviathans making their way through the water.

Pedal your way through the mountainous Boquete area with a free day to soak in a hot spring, take a coffee tour or try one of the many outdoor activities on offer.

Day 1 San Jose Welcome to lively San Jose! Day 2 Puerto Viejo Take a relaxed ride to beachy Manzanillo, returning to Puerto Viejo in time for a sunset drink and a taste of the Caribbean: think reggae bars and palm-fringed beaches. Day 3 Puerto Viejo Pedal past rolling farmlands, following the Sixaola River that forms the border between Costa Rica and Panama, then enjoy a free afternoon. Days 4-5 Boquete Cross the border and jump back in the saddle for a hilly ride with nice descents to Caldera, from where you’ll be driven to the mountain town of Boquete. Day 6 Panama City Drive to Los Potrerillos for today’s undulating ride along the slopes of the Baru Volcano, with a long, fun and scenic descent. Days 7-8 Panama City Enjoy a varied final day of cycling in this glitzy city. Explore the famous canal, Miraflores Locks and Soberania National Park before the ride ends at the Rainforest Discovery Centre. In the evening, enjoy an included farewell dinner to celebrate the end of this cycling adventure.
Hola Cuba – People to People 
(for US citizens)

9 DAYS, HAVANA TO HAVANA

There’s a lot more to Che Guevara than what you see watching ‘The Motorcycle Diaries’. Pay your respects to the famous revolutionary during a visit to his mausoleum.

Life in Cuba’s countryside evokes a bygone time. Stroll along rural dirt roads and watch as tractors, vintage cars and horse-drawn carriages roll by.

Days 1-2 Havana Say hello to the sultry capital of Cuba. Take a walking tour of Havana’s gloriously decaying Old City, a World Heritage site since 1982. The streets are lined with colonial architecture, 16th-century fortresses and crumbling churches by the dozen. After lunch, visit ‘Fusterlandia’, an entire neighborhood that’s been turned into a lively and colorful series of mosaics.

Days 3-4 Vinales Leave Havana behind and head east to a UNESCO-designated biosphere reserve in Las Terrazas. Meet up with a local community leader and learn about the reforestation and ecological research being done here, before cooling off with a dip in a nearby river. Afterwards it’s on to Vinales, a quiet town among the tobacco fields and valleys of Pinar del Rio. Stop off at a local organic farm for a real farm-to-fork dinner experience. Later, learn to prepare Cuban cuisine with a cooking demonstration from a local chef.

Day 5 Cienfuegos The journey from Vinales to Cienfuegos takes you past the Korimakao Cultural Project in Cienaga de Zapata, an area famous for its wetlands, as well as the beautiful Bay of Pigs – the spot where US-backed counter-revolutionaries landed in 1961. Cool off in a nearby waterhole before moving on to the European boulevards of Cienfuegos, the ‘Pearl of the South’.

Days 6-7 Trinidad This beautiful colonial town has long stretches of white-sand beaches and a thumping nightlife every night of the week. Take a guided tour of the World Heritage Old Town and meet a local dance group.

Days 8-9 Havana It’s time to head back to Havana. But on the way, stop off at Manaca Iznaga in the Valle de los Ingenios, the historical centre of colonial slavery in the region. Visit Santa Clara, a key city in the Cuban Revolution. Say farewell to your group with a goodbye dinner in Havana.

TRIP CODE QUKP

STYLE COMFORT

PHYSICAL

Maximum group size 16

Guesthouse (8 nts)

8 breakfasts, 7 lunches, 7 dinners

Minibus

DEPARTURE DATES

Selected Wednesdays, Fridays & Saturdays

Enter QUKP on intrepidtravel.com

See inside cover for prices
INCA TRAIL & PERU TREKKING

Follow in the footsteps of the Inca on an unforgettable hiking adventure along the Inca Trail, or on one of the newer routes on offer. Climb through lush cloud forests, subtropical jungle and crumbling Inca monuments, and navigate narrow, winding staircases and sheer mountain passes in pursuit of an unrivalled final destination: the epic ruins of mighty Machu Picchu.

CLASSIC INCA TRAIL

With its spectacular natural scenery and pre-Columbian ruins, the Inca Trail is undoubtedly a beacon of Peru’s trekking scene. While it may attract thousands of avid hikers each year, please be aware that this is no idle Sunday afternoon stroll. The trek is rated moderate, and any reasonably fit person should be able to complete it, but the relentless uphill (and downhill) hiking can be tough going. The fitter you are, the more you’ll enjoy it.

NOT THE HIKING TYPE?

That’s fine, we’re not going to drive you up the mountains with a cattle prod. On every Intrepid trip that includes the Inca Trail, you can always opt out of the hike. Simply pick whichever Peru trip you’re keen on and specify when booking that you’d prefer the train option. There is no extra cost for this, although please note that fees may apply if you decide to change to the train option after your Inca Trail permit has already been purchased. While your group mates are hiking, you’ll have more time to relax and explore the unique city of Cusco.

RESPONSIBLE TREKKING

Intrepid Travel is absolutely committed to ensuring the environmental sustainability of the amazing destinations we visit, and we take our social responsibilities very seriously. In Peru, we have committed to paying our porters and guides a fair wage and supplying them with the necessary equipment and resources to undertake their work safely. We also support several community initiatives aimed at promoting the long-term sustainability of the region’s environment and preserving the traditional cultures of its communities.

INCA QUARRY TRAIL

For something a bit more off the beaten track, consider doing the Inca Quarry Trail. Less established than the Inca Trail, this trek offers the same magical scenery, visits three smaller archaeological sites the other trails don’t, is less touristy and offers more chances for interaction with local communities. Another bonus is that it doesn’t require permits – so once you book, you’re set.

THE NITTY GRITTY

In order to preserve the Inca Trail, the Peruvian authorities restrict available permits to only 500 per day. They are available on a first-come, first-served basis, so booking well in advance is imperative. For this reason, if you want to hike the Inca Trail, it’s best to supply the full details of the passport you will be travelling on at the time of booking. We endeavour to purchase your permit within four days of receiving all necessary information and relevant payment. Please keep in mind that the Inca Trail is closed during February for maintenance.

Very important: Since permits are non-changeable and non-refundable, please consult with Intrepid before changing any passport details after booking as this may result in your permit being invalidated.

If we can’t secure Inca Trail permits, you can:

- Change to another one of our fantastic trips or choose a different departure date without incurring any Intrepid penalties.
- Hike the equally incredible Inca Quarry Trail, which includes a day trip to Machu Picchu.
- Stay two nights in Cusco, then travel to Aguas Calientes by train and spend the day exploring Machu Picchu before returning to Cusco.
Inca Trail
8 DAYS, LIMA TO CUSCO

Day 1 Lima Bienvenidos! Welcome to Lima, Peru’s cosmopolitan capital. Stroll the streets of downtown Lima and see some of its best sights on a walking tour. When the sun sets, try seeking out some of Peru’s culinary specialties in the eclectic suburb of Miraflores. Day 2 Cusco Discover the sights of Cusco on a guided walking tour, visiting the Plaza de Armas, the artisan neighbourhood of San Blas and an Inca sun temple in the process. There’s also time to sample hot chocolate at the Chocolate Museum and wander around the colourful stalls of the central market. Day 3 Sacred Valley/Ollantaytambo Drive through the terrace-carved landscape of the lush Sacred Valley. For lunch, visit a community living in the valley and learn about the local lifestyle and language. Continue your journey to Ollantaytambo where you’ll spend the night. If there’s time, you may like to see the town’s ruins – a magnificent example of Inca urban planning. Days 4-7 Inca Trail/Quarry Trail/Train to Machu Picchu Depending on the travel arrangements you made before the trip, the next four days will be spent doing one of the following: hiking the Classic Inca Trail, hiking the Inca Quarry Trail or staying in Cusco for another two days before taking the train to Aguas Calientes. The former highway of the Peruvian empire, both the Inca and Quarry Trail follow ancient paths through dense cloud forest, soaring green peaks and crumbling ruins. Regardless of how you get there, the sight of Machu Picchu will leave you in awe. A guide will show you around the ruins of temples, palaces and living quarters and provide some history, before you have free time to explore on your own. Day 8 Cusco Your adventure comes to a close after breakfast. Why not stay a few extra days and check out the markets, or see more nearby Inca ruins such as Sacsayhuaman or Pisac.

CUSCO PISCO MAKING
Learn about the legendary Pisco sour, Peru’s favourite drink, on a day tour of Cusco that takes you from market to mixing to the best part – consumption.

For more info head to urbanadventures.com
Supporting community-based tourism

We’ve partnered with the rural communities of the Sacred Valley to provide travellers with an authentic insight into the lives of indigenous locals. Share lunch with the tribe and participate in various workshops, including chicha (corn beer) brewing and ceramics. Our visits to these communities help locals improve homes, educate children and provide for families.

For more info head to theintrepidfoundation.org

Inca Trail & Amazon

12 DAYS, LIMA TO LIMA

There’s no better place to fuel up for an Inca Trail trek than Lima, home to a booming food scene full of delicious specialities like ceviche and chicharron.

Spend time with a community near Ollantaytambo and have a go at the Quechua language over a bite of the local cuisine for lunch.

Explore the dark depths of the Amazon Jungle at night, looking out for caimans, parrots and peccaries with an expert local naturalist.

Day 1 Lima Get acquainted with Peruvian culture in lively Lima, perhaps with a group welcome dinner in the capital’s eclectic Miraflores district. When the sun goes down, why not search out some of Peru’s intriguing local dishes. Day 2 Cusco Discover some of Cusco’s lesser-known sights on a guided walking tour. Wander out to the Inca ruins lining the city’s outskirts, browse the handicraft markets or pop into the Regional History Museum for the lowdown on local lore and legends.

Day 3 Sacred Valley/Ollantaytambo Learn about the Sacred Valley’s traditional lifestyles and spend the night exploring the town of Ollantaytambo. Days 4-7 Inca Trail/Quarry Trail/Train to Machu Picchu Choose to tackle either the Inca or Quarry Trail (must pre-book), the one-time trade routes of the ancient Peruvian empire. Trek through cloud forests, up steep mountain slopes and spend evenings camped under the stars. Otherwise, choose to take a train to Machu Picchu where you’ll uncover the mystery of these amazing Inca ruins on a guided tour before returning to Cusco. Day 8 Cusco Take on one of the many optional activities available or lunch at Cafe Daria, which serves as an employment and vocational training site for young adults with special needs. Days 9-10 Amazon Jungle Fly to Puerto Maldonado. Travel upriver by motorised canoe to an eco-friendly jungle lodge. Learn about the practical uses and medicinal properties of the endemic flora on a guided nature walk with a local guide. Keep eyes peeled for monkeys, macaws, otters and any number of other animals, then fall asleep to the rustle of the jungle’s nocturnal creatures setting out on their nightly escapades. Days 11-12 Lima Leave the Amazon behind and return to Puerto Maldonado, where a flight will take the group back to Lima.
Sacred Land of the Incas
15 DAYS, LIMA TO LA PAZ

Trajpe jungle trails on the lookout for monkeys, parrots, giant otters and caimans, and sleep in a lodge lit by candles and kerosene lamps.

Trek through the glorious Andes or opt to take a train to Machu Picchu instead – a great excuse to stay longer in lovely Cusco.

The floating reed islands of Uros on Lake Titicaca are a marvel of concept, construction and history. Take a boat tour on the world’s highest navigable lake.

Day 1 Lima Arrive in Peru’s sprawling capital and unravel its fascinating history on a walking tour around the city’s major sights. Days 2-3 Amazon Jungle Fly to the frontier town of Puerto Maldonado and travel by canoe into the Amazon Jungle. Macaws, monkeys, peccaries, jabirus, giant otters and thousands of butterflies all coexist in this amazing ecosystem. Learn about the medicinal properties and practical uses of native plants from a local guide. Day 4 Cusco If Lima is Peru’s head, Cusco is definitely the country’s heart. A town perfectly suited to exploration by foot, discover the central plaza’s ornate churches then head for the impressive Inca ruins dotting the city’s outskirts. Day 5 Sacred Valley/Ollantaytambo Travel through the lush terraces of the Sacred Valley, stopping at a village en route to gain an insight into traditional Inca culture. Meet locals on a community visit before spending the night in the ancient town of Ollantaytambo – one of the few places where the Incas defeated the Spanish. Days 6-9 Inca Trail/Quarry Trail/Train to Machu Picchu Embark on a trek along the Inca or Quarry trails, or alternatively spend some extra time in Cusco. If hiking, you’ll take in astounding panoramas while on high plateaux, trek through dense forests and stop to observe the ruins of ancient villages and temples. Take some time to explore awe-inspiring Machu Picchu. Day 10 Cusco Get reacquainted with the city, where old and new lay side-by-side. Days 11-13 Puno/Lake Titicaca Mystical Lake Titicaca is located 3800 metres above sea level, making it the world’s highest navigable lake. Cruise to the floating Uros Islands and sail to Taquile Island, where the men of the community craft handmade woollens. Days 14-15 La Paz Travel to Bolivia’s capital and take a walking tour – don’t miss the quirky Witches’ Market before finishing.
Inca Trail Express
7 DAYS, CUSCO TO CUSCO

This trip allows you to choose how you want to approach Machu Picchu. Hike the Inca Trail, the Quarry Trail, or relax and take the train.

You’ll have plenty of free time to explore the greatest icon of ancient South America, Machu Picchu. Take a guided tour and wander around at your own pace.

The Sacred Valley is known for its steep and soaring scenery, and for its mystical significance to the Inca and the indigenous cultures that still reside here.

Day 1 Cusco Get acquainted with this charming city’s intriguing blend of Inca and Spanish cultures on a guided walking tour of its lesser-known sights. This is a city steeped in history, tradition and legend, and is a perfect base for explorations into the Inca world or to enjoy a range of outdoor activities. Don’t miss the opportunity to sample mate de coca (coca tea).

Day 2 Sacred Valley/Ollantaytambo Travel through the lush Sacred Valley, looking out for the maize crops covering the terraces that stretch high up the valley walls. Stop in at a local community to learn about their traditional lifestyle and maybe wrap your tongue around a few words of the Quechua language. Spend the night exploring the town of Ollantaytambo – a magnificent example of Inca urban planning.

Days 3-6 Inca Trail/ Machu Picchu/Cusco Set off along the Classic Inca Trail or the lesser-known, though equally impressive, Inca Quarry Trail. Whichever route you opt for, you’ll be following ancient paths through dense cloud forest, past Inca ruins and archaeological sites, and over challenging mountain peaks. On the final morning, climb the steps to Inti Punku – the Gateway of the Sun – and watch incredible Machu Picchu appear through the mist. Built sometime in the 15th century and rediscovered in 1911, these amazing ruins were thought to be an estate for the Inca emperor, Pachacuti. Spend a free afternoon uncovering the mysteries of these Inca ruins or simply relaxing in Aguas Calientes.

Day 7 Cusco Still seeking adventure? Why not head to the Urubamba River for some mountain biking thrills. Those with weary legs may want to have lunch somewhere like Nuna Raymi, an Intrepid favourite serving up Peruvian specialities like alpaca steak and aji de gallina, before saying goodbye to this city.
Majestic Peru

15 DAYS, LIMA TO LIMA

The giant desert inscriptions of the Nazca Lines are one of Peru’s great unsolved mysteries. The best angle to behold them from is above, on an optional flight.

A trip through Peru wouldn’t be complete without a visit to the Sacred Valley and Machu Picchu. Enjoy a guided tour around the ruins as well as plenty of free time.

Spend a full day exploring the floating islands of Lake Titicaca and Taquile Island, with the chance to meet the local Uru people.

Day 1 Lima  Arrive in Lima, Peru’s elegant coastal capital. Perhaps sample local seafood at an optional group dinner.

Day 2 Paracas  Uncover the treasures of Lima on a guided walking tour, which starts off from the bustling downtown hub of Plaza Mayor. Visit Monasterio de San Francisco and its astounding catacombs. Later, watch Peru’s landscape stream by on the way to beautiful Paracas.

Day 3 Nazca  In the morning, head out on a boating expedition around the wild Ballestas Islands. Visit Nazca’s mysterious earth etchings or opt to view them from the air – the best way to see them.

Days 4-5 Arequipa  Explore the ‘White City’ of Arequipa – a dazzling town constructed largely from the region’s pale volcanic rock. It’s without a doubt one of the most beautiful cities in Peru.

Days 6-7 Puno/Lake Titicaca  Learn about pre-Inca burial rites at the funerary towers of Sillustani en route to Puno. Visit the floating reed islands of the Uros people on a boat tour of Lake Titicaca.

Days 8-9 Cusco  Join the throngs at the San Pedro market, visit the Chocolate Museum to sample hot chocolate, or take a stroll out to the stone ruins dotting the outskirts of this lively city.

Day 10 Sacred Valley/Ollantaytambo  Meet the locals of the Sacred Valley on a community visit and learn about their lifestyle and customs. Admire the perfectly geometric Ollantaytambo ruins.

Day 11 Aguas Calientes  Soak up the laidback atmosphere of Aguas Calientes in preparation for visiting Machu Picchu. Those with the energy can spend a day hiking on the Inca Trail.

Days 12-13 Machu Picchu/Cusco  Enjoy a guided walk through the ‘Lost City of the Incas’, learning the history of ancient Machu Picchu and marvelling at its structure and setting.

Days 14-15 Lima  Wrap things up in Lima.
**Classic Peru**

**9 DAYS, LIMA TO LIMA**

- Discover the breadth of Peru’s diverse heritage, from the gorgeous Spanish colonial architecture of Lima to the Aymara and Quechua cultures of Puno.
- Enjoy plenty of time in Cusco, the perfect place to launch into further outdoor adventures, or simply relax and take in mountain views.

**Day 1 Lima** Hola! Welcome to Peru’s cosmopolitan capital. **Day 2 Cusco** Fly to Cusco and perhaps stroll around the Inca-built walls lining the cobblestone streets or witness local life by the central plaza. **Day 3 Sacred Valley/Aguas Calientes** Travel through the lush Sacred Valley, where maize crops can be seen surrounding the river and covering the terraces carved high into the valley walls. Travel by train to Aguas Calientes. **Day 4 Machu Picchu/Cusco** Visit the incredible site of Machu Picchu – Peru’s veritable jaw-dropper. Explore the iconic site with a local guide. **Day 5 Cusco** Enjoy free time to soak up more of the sights. Perhaps visit the ruins of Sacsayhuaman for views over the city. **Days 6-7 Puno/Lake Titicaca** Spend a night in Puno before sailing the waters of Lake Titicaca. Visit the intriguing floating islands of Uros, which are fashioned from totora reeds. Tonight, you’ll be welcomed into the home of a local family for an overnight stay. **Days 8-9 Lima** Fly back to Lima for a final night.

**DEPARTURE DATES**

- **Selected Fridays**
  - Enter GGSD on intrepidtravel.com. See inside cover for prices

**Inca Encounter**

**10 DAYS, LIMA TO CUSCO**

- Descend into the vast catacombs beneath Lima on an underground tour. This is a side of Peru’s capital not many people have seen.
- Marvel at ancient Inca architecture throughout the fertile Sacred Valley, before discovering the mother of all Inca cities, Machu Picchu.

**Day 1 Lima** Welcome to Peru! Head out on a guided walk through Lima. **Days 2-3 Amazon Jungle** Fly to Puerto Maldonado. Learn about the jungle’s amazing biodiversity on a nature walk with an expert local guide. **Day 4 Cusco** Get to know Cusco with a stroll around the city centre. A melting pot of Spanish and Inca influences, the city is full of history. **Day 5 Sacred Valley/Ollantaytambo** Travel to the fertile landscape of the Sacred Valley, keeping an eye out for villagers dressed in traditional colourful clothes. Be treated to lunch prepared by a local community and stay overnight in the ancient Inca town of Ollantaytambo. **Days 6-9 Inca Trail/Quarry Trail/Train to Machu Picchu** Choose to hike either the Inca or Quarry trail or take the train to Machu Picchu. Take a guided tour to learn more about this mysterious architectural marvel before returning to Cusco. **Day 10 Cusco** Say farewell to your group and this unforgettable Inca Encounter.

**DEPARTURE DATES**

- **Selected Sundays**
  - Enter GGKY on intrepidtravel.com. See inside cover for prices
Peru Real Food Adventure
10 DAYS, LIMA TO CUSCO

Learn about coffee production in an authentic crop-to-cup plantation experience, then enjoy a mouth-watering dinner made with locally sourced produce.

Discover the secrets of ceviche, make your own Pisco sour and taste the magic of pachamanca cooking – an ancient Inca feast cooked beneath the earth.

Days 1-2 Lima Start with a Peruvian street food crawl. Visit the Chorrillos fish market, enjoy a home-cooked meal, then perhaps finish up with a Pisco sour in the Barranco district.

Days 3-4 Cusco Visit a Pisco distillery then fly to Cusco. Pick up some Andean culinary secrets from a local cook.

Day 5 Sacred Valley/Ollantaytambo Stop in at the salt mines of Maras and visit the Moray ruins. Take a craft beer tour in the Sacred Valley, then arrive in Ollantaytambo.

Day 6 Farmstay Learn about coffee production at a unique farmstay. Dine with your hosts on a meal prepared with fresh, locally sourced produce.

Day 7 Aguas Calientes Start the day sweetly at a cacao plantation, then take a train to Aguas Calientes.

Day 8 Machu Picchu Set out for one of the highlights of travelling to Peru – a morning viewing of magnificent Machu Picchu.

Days 9-10 Sacred Valley/Cusco Visit the Pisac market and sample empanadas served hot from a horno (clay oven). Finish your trip with an ancient Inca-style feast.

Selected Fridays from March to November
Enter GGZP on intrepidtravel.com. See inside cover for prices

Peru Essentials
21 DAYS, LIMA TO LA PAZ

Combining history with happening and old-world charm with cosmopolitan sprawl, Lima is one of South America’s most dashing cities.

Wake early and observe Andean condors taking to the sky as the sun rises in the spectacular Colca Canyon.

Days 1-2 Lima Take in Lima’s sights on a walking tour, perhaps seeking out the best ceviche. Day 3 Paracas Home to penguins, sea lions and more, the Ballestas Islands are recommended for any wildlife fans. Day 4 Nazca Choose to see the Nazca Lines from the sky on a flight.

Days 5-8 Arequipa/Colca Canyon Admire the architecture of Arequipa and explore the Colca Canyon. Days 9-10 Cusco Take a guided walk through Cusco’s winding LANeways. Day 11 Sacred Valley/Ollantaytambo Visit a traditional community before an evening in Ollantaytambo.

Days 12-15 Inca Trail/Quarry Trail/Train to Machu Picchu Prepare for some magnificent hiking, or spend some more time in Cusco before travelling to incredible Machu Picchu. Day 16 Cusco Return to Cusco. Days 17-19 Puno/Lake Titicaca Take a boat tour on Lake Titicaca to visit the floating reed island homes of the Uros people. Tonight, enjoy a homestay with a local family.

Days 20-21 La Paz Discover La Paz’s artisan stalls, markets and delicious eateries.

Selected Saturdays
Enter GGBL on intrepidtravel.com. See inside cover for prices
Bolivia Highlights

12 DAYS, LA PAZ TO LA PAZ

Head near Sucre to compare shoe sizes with a dinosaur at the world’s largest collection of fossilised footprints, where 68-million-year-old impressions have been discovered.

Empty, haunting and spectacular: perspectives are bent on the surreal and seemingly endless Salar de Uyuni salt flats.

Days 1-2 La Paz This lofty city is Bolivia’s centre of industry, with plenty of nooks, crannies and side streets packed with market stalls for you to explore. Days 3-6 Uyuni/Salar de Uyuni Travel by 4WD from the desert outpost of Uyuni to the stunning landscapes of the Salar de Uyuni, Bolivia’s vast saltpan. See the blood-red waters of Laguna Colorado and the jagged, cactus-crowded Inca Wasi. Day 7 Potosi Once one of the world’s richest cities due to its silver mines, Potosi retains many architectural remnants of its lavish past. Days 8-10 Sucre Wander past whitewashed colonial buildings in Bolivia’s capital and take a hike along pre-Inca paths through some extraordinary Andean landscapes. Days 11-12 La Paz Return to quirky La Paz, a curious melting pot of modern commerce and ancient traditions. Why not visit the Witches’ Market – brimming with unusual trinkets and curious sights, locals come here for herbs, folk remedies and fortune-telling services. Keep an eye out for yatiris (witch doctors).

Best of Bolivia & Argentina

15 DAYS, LA PAZ TO BUENOS AIRES

From diverse landscapes to deep-rooted cultures and contrasting destinations, this trip covers a lot of ground across South America in a relatively short period of time.

The landscapes of Salar de Uyuni are almost extraterrestrial. Embark on an adventure across the rocky Atacama Desert, sprinkled with volcanos, lakes and salt flats.

Days 1-2 La Paz Look for magic potions in the Witches’ Market or head to the Coca Museum to learn about the plant that is still an essential part of life in Bolivia. Days 3-4 Sucre Compare footprints with those of a dinosaur at Cal Orcko or head to La Recoleta, an old convent at the top of a hill. Day 5 Potosi This colonial mining city sits at the base of the silver-rich mountain Cerro Rico, and was once the world’s richest city. Days 6-8 Uyuni/Salar de Uyuni See gleaming salt flats, cactus-studded islands, multicoloured lakes and the surprisingly abundant wildlife of the surreal Salar de Uyuni. Day 9 San Pedro de Atacama Travel to San Pedro de Atacama in Chile. Located in the Atacama Desert, this oasis town has low-lying adobe buildings lining narrow streets. Days 10-11 Salta Delve into the pre-Columbian and colonial history of one of Argentina’s most splendid towns. Days 12-15 Buenos Aires Fly to the elegant city of Buenos Aires and enjoy time in colourful neighbourhoods, museums and tango bars.
Highlights of Patagonia

8 DAYS, BUENOS AIRES TO BUENOS AIRES

Begin in Buenos Aires, Argentina’s sensational and sultry capital. A guided two-hour walk on the first day takes you through its key sights and colourful neighbourhoods.

Hike through the incredible Patagonian wilderness on trails towards the tranquil lakes of Laguna de los Tres and Laguna Torre, savouring mountainside views as you go.

Day 1 Buenos Aires Hola and welcome to Argentinian... Day 2 El Chalten Fly south from Buenos Aires to El Calafate. Drive to the frontier town of El Chalten, north of Glacier National Park. Days 3-4 El Chalten Spend two days tackling two of the most amazing day treks in the area: Laguna de los Tres and Laguna Torre. Day 5 El Calafate Transfer from El Chalten to El Calafate. Use the opportunity to relax and unwind. Day 6 Perito Moreno Glacier/El Calafate Spend the day exploring the awe-inspiring Perito Moreno Glacier, one of the few glaciers that is advancing, not retreating. Photographers will enjoy capturing the epic scale and splendour of this natural wonder.

Day 7 Buenos Aires Take a flight back to Buenos Aires. In the afternoon, witness a performance of Argentina’s most famous dance, the tango. A discussion, followed by an hour-long class in a private space, gives an in-depth overview of this intimate dance style. Day 8 Buenos Aires This adventure through Patagonia ends this morning.

Selected Saturdays Enter GGCB on intrepidtravel.com. See inside cover for prices

Patagonia Trekking

10 DAYS, SANTIAGO TO BUENOS AIRES

Discover two very different sides of Chile – the big-city pulse of soulful Santiago and the adventure-fuelled atmosphere of lakeside Puerto Natales.

Trek past granite pillars, sparkling lakes and gushing waterfalls in Torres del Paine National Park on a four-day camping trip with all your meals provided.

Day 1 Santiago Set out in sultry Santiago and enjoy free time to indulge in the city’s cafe culture and art scene. Day 2 Puerto Natales Fly to Punta Arenas then watch the Patagonian landscapes roll by on a bus journey to Puerto Natales. Days 3-6 Torres del Paine National Park/W Trek Hike on a similar, yet improved version of Patagonia’s famous W Trek through dense forest, alongside blue lakes, past immense mountains and to icy glaciers. As you walk, you’ll most likely be greeted by herds of guanacos. The park is also home to birds including condors and pink flamingos. Days 7-8 Perito Moreno Glacier/El Calafate Explore the awe-inspiring Perito Moreno Glacier, one of the few glaciers in the world that is advancing, not retreating. Days 9-10 Buenos Aires Sample local cuisine and revel in the passionate atmosphere of Argentina’s capital. This is a city rich in culture and charisma – don’t miss out on the opportunity to try dancing the tango before the trip ends.

Selected Sundays Enter GPTV on intrepidtravel.com. See inside cover for prices

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/patagonia
Argentina & Brazil Adventure

10 DAYS, BUENOS AIRES TO RIO DE JANEIRO

- Tour the best sights of Buenos Aires, then visit its many corners at your leisure: from the star-studded Recoleta Cemetery to the tucked-away milongas (tango halls).
- Explore the lush landscapes of the Ibera Wetlands in search of anacondas, otters, howler monkeys and a vast array of colourful birds.

Days 1-2 Buenos Aires Dive into the vivacious spirit of Latin life in Buenos Aires. On your walking tour, brush up on your Spanish and learn a little more about the history of Argentina gaining independence from Spain.

Days 3-4 Ituzaingo/Ibera Wetlands Visit the world’s second-largest wetlands. Cruise through this fertile area of Ituzaingo on an animal-spotting safari.

Days 5-7 Iguazu Falls Explore Iguazu Falls – taller than Niagara Falls and twice as wide. Visit a Guarani community for the rare opportunity to meet some of the region’s few remaining indigenous people.

Days 8-10 Rio de Janeiro Soak up the beauty of Guanabara Bay and its white-sand shores from the top of Corcovado, where the iconic statue of Christ the Redeemer welcomes you with open arms. Check out the famous Copacabana and Ipanema beaches for a dose of the local scene. Be sure to taste a caipirinha before this sultry adventure ends.

Best of Chile & Argentina

8 DAYS, SANTIAGO TO BUENOS AIRES

- Discover the colonial charm, neoclassical plazas and stylish neighbourhoods of Santiago. This city is packed full of history and is a great place to explore on foot.
- Take part in the daily routines and duties of a gaucho on a traditional Argentinean estancia, a unique retreat for any traveller.

Days 1-2 Santiago With its picturesque Plaza de Armas, thriving cafe culture, eclectic shops and vibrant nightlife, Santiago is an excellent introduction to South America. Learn about the city on a guided walking tour.

Days 3-4 Mendoza Cross over the Andes into Mendoza, Argentina. Learn about malbec wines and the local winemaking industry on a tour of some nearby wineries, which includes a tasting and a delicious lunch showcasing the best local produce. Enjoy laidback afternoons in the city’s plaza cafes then, when the sun goes down, perhaps head to the lively bars along Aristides Villanueva Avenue.

Days 5-6 Estancia Stay Travel out to a traditional Argentinean estancia and learn the skills of a gaucho. Go horse riding, work with cattle, take a cooking class or learn more about the sport of polo.

Days 7-8 Buenos Aires Argentina’s capital is a top spot to shop, dine and drink. Stroll the streets of unique barrios such as colonial San Telmo or Recoleta, home to many interesting museums and galleries.
Ultimate Peru, Argentina & Brazil
30 DAYS, LIMA TO RIO DE JANEIRO

Explore Cusco, the cultural heart of Peru. The city has an interesting blend of Inca and colonial influences and is a dream to explore on foot.

From the depths of the Amazon Jungle to the thundering cascades of Iguazu, this trip covers an incredible spread of South America’s natural wonders.

There’s no better place to wind up than on the white shores of Rio’s beaches. Soak up the surf and sun and climb Corcovado for an unforgettable view.

Day 1 Lima Dive into the sights and delights of Lima. Day 2 Pisco Set out on a guided tour of downtown Lima before heading to Pisco, the birthplace of Peru’s beloved Pisco sour. Day 3 Nazca Take an optional trip to visit the Ballestas Island before heading to Nazca, home to the Nazca Lines. The best way to see these mysterious markings is with a flight over the desert in a light plane (not included). Days 4-5 Arequipa Found at the foot of volcano El Misti, Arequipa is a charming spot. Days 6-7 Chivay/Colca Canyon Gaze in awe at the depth of the Colca Canyon and look out for resident Andean condors. Days 8-10 Puno/Lake Titicaca Cross the Andes to explore the vast expanses of Lake Titicaca, the highest navigable lake in the world. Visit the floating islands and stay with a local family. Days 11-12 Cusco Discover Inca ruins and Baroque churches in one of South America’s oldest, most beautiful cities. Days 13-16 Inca Trail/Machu Picchu Embark on the trek of a lifetime to Machu Picchu and explore the ruins. Day 17 Cusco Rest those weary legs back in Cusco. Days 18-19 Amazon Jungle Fly to Puerto Maldonado. Take a canoe down the Amazon to stay in an eco-friendly lodge. Day 20 Lima Bid adios to mystical Peru. Days 21-22 Buenos Aires Immerse yourself in Buenos Aires. Days 23-24 Ituzaingo/Ibera Wetlands Cruise around the world’s second-largest wetlands, spotting capybaras and howler monkeys. Days 25-27 Iguazu Falls Explore the lush forests and roaring falls of Iguazu. Visit a Guaraní community for the rare opportunity to meet the local indigenous people. Days 28-30 Rio de Janeiro Travel to Brazil’s festive heart. Soak up the beauty of Guanabara Bay and its white-sand shores from the top of Corcovado before this epic adventure ends.
THE GALAPAGOS ISLANDS

The Galapagos Islands have become a must-see destination for travellers all over the world thanks to their incredible biodiversity, natural beauty and place in history. This truly is a unique part of the world, as you’ll soon discover.

WEATHER
CHOOSE LAND OR BOAT-BASED TRIPS

Some of our Galapagos adventures are cruising trips with our motorised yachts as your accommodation (pages 104–105), while others are land-based with nights spent in hotels, homestays and various other accommodation (pages 106–107). This variety allows you to better choose a trip that suits any time or budget restrictions you may have, as well as the islands you’d like to visit.

In order to best preserve this important and fragile ecosystem, the Galapagos National Park authorities restrict the number of visitors to each site by issuing permits to every visiting vessel. This permit (or patente) determines which sites can be visited each day and when. Far from restricting a visitor’s experience, this system actually enhances it because the itineraries are designed in such a way as to eliminate the amount of vessel crossover. This results in witnessing more of the wildlife you’ve come to see without vying with boatloads of other tourists.

If you don’t find the trip you’re looking for in these pages, visit our website at intrepidtravel.com/galapagos for more options.

A TYPICAL DAY ON THE BOAT

We do most of our long-distance cruising at night in order to maximise your time on the islands. And because the best time to observe much of the wildlife is first thing in the morning, early starts are pretty common. Each day consists of planned morning and afternoon activities, which tend to last between two and four hours. These can be anything from hiking to snorkelling to visiting research stations, and include either wet or dry landings. While you don’t need to be able to swim to enjoy the Galapagos Islands, some of the more unique experiences are had with a snorkel. Finally, although days are pretty packed with activities, there is ample free time to simply enjoy the environment.

MEALS ONBOARD

All onboard meals are included in the cost of the trip. The food is delicious, nutritious and plentiful, and complimentary coffee, tea and purified water are provided around the clock. Soft drinks and alcoholic beverages are available for purchase from the bar, and the cost is put on a tab that you will then be presented with at the end of the trip. Any special dietary requirements should be mentioned at the time of booking.

LUGGAGE

As some airline baggage restrictions exist on the flights between Quito and the islands, we advise leaving any luggage you can’t see yourself needing in the storage facilities of the starting-point hotel in Quito. All of our trips start and finish at the same hotel, so picking up any extra luggage won’t be a problem – and it also eliminates any surprise excess baggage fees!

NATIONAL PARK FEES & TAXES

A transit card fee of USD 20 is payable at check-in at Quito Airport prior to flying to the islands. The Galapagos National Park charges each passenger USD 100 upon arrival at the airport in Galapagos. If your itinerary visits Puerto Villamil, Isla Isabela, and you wish to disembark, there is a USD 5 port fee on arrival. All fees are payable in cash and must be in US dollars.

MOBILE RECEPTION AND INTERNET

There is very limited or no mobile reception in the Galapagos and no wi-fi onboard our boats. Some itineraries do pass through towns where internet is available, but we suggest you anticipate (and enjoy!) limited contact with the outside world.

IMPORTANT INFO ABOUT YOUR TRIP

- If you are travelling on the Daphne, arrival transfers can be organised at an additional cost.
- All of our Galapagos trips include a night in Quito pre- and post-voyage.
- Your trip price includes the Quito to Galapagos return flights.
- Prices for these trips vary depending on cabin type. Please visit our website and select your preferred cabin type for the exact trip price.

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/galapagos
Ultimate Galapagos: Central Islands
10 DAYS, QUITO TO QUITO

Day 1 Quito Begin this adventure in the Ecuadorian capital. Meet your group in the evening, perhaps joining them for dinner in Old Town.

Day 2 Isla Baltra Catch an early flight to the Galapagos before cruising to Las Bachas, an area popular for snorkelling. A saltwater lagoon just near the beach is home to flamingo and whimbrel.

Day 3 North Seymour/Isla Bartolome Take a walk around the lunar-like landscape of Isla Bartolome, keeping an eye out for blue-footed boobies, iguanas and sea lions. Cool off with a snorkel, perhaps being joined by rays, sea lions or white-tipped reef sharks.

Day 4 Isla Santiago Encounter marine iguanas and Galapagos fur seals while walking and swimming around the island, then learn about the pirate history of Buccaneer Cove. This is where Darwin camped for nine days while making his study of the islands.

Day 5 Isla Isabela/Isla Fernandina Watch flightless cormorants dawdling about volcanic Punta Espinosa and visit Tagus Cove, where pirates and whalers used to collect turtles for their travels. Go for a snorkel or check out the whalers’ graffiti on the walls.

Day 6-7 Isla Isabela Board pangas (small boats) for a trip through the mangroves, which are home to penguins, sea turtles and more. Visit Las Tintoreras and peer down at white-tipped reef sharks from a viewing platform, and explore Sierra Negra Volcano, which last erupted in 2005. You’ll also visit the Interpretation Centre and Humedales, the island’s wetlands.

Day 8 Isla Santa Cruz Make a dry landing and venture into birdlife-rich lagoons, encountering yellow warblers, frigatebirds, boobies and pelicans.

Day 9 Isla Baltra/Quito Encounter giant tortoises on a visit to the highlands of Santa Cruz, as well as Darwin finches and possibly woodpeckers. Fly to Quito for a final evening.

Day 10 Quito This adventure comes to an end in the morning.

Snorkel the clear waters off Isla Santa Cruz, Isla Bartolome or Isla Isabela and come face-to-face with sea lions, white-tipped reef sharks, sea turtles and tiny penguins.

Venture to the Galapagos’s seldom visited reaches, such as the remote west coast of Isla Isabela and Isla Fernandina, home of the highest density of marine iguanas.

Beach lovers will be in heaven. The turtle-dotted Las Bachas is about as idyllic as they come, and the richly coloured sands of Espumilla on your feet feel like nothing else.

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Galapagos Adventure: Northern Islands

7 DAYS, QUITO TO QUITO

Many come to Isla Santa Cruz just for the giant tortoises. Get up close and personal with these enormous animals as they drag themselves through the sand.

Bird watching in the Galapagos is quite the experience. Watch the aerobatic routines of blue-footed boobies and the death-defying stunts of frigatebirds.

Day 1 Quito Arrive in Quito. Day 2 Isla San Cristobal Take an early morning flight to San Cristobal and board the boat. Learn about the archipelago’s ecology and the threats facing it today. Day 3 Isla Santa Fe/Plaza Sur Cruise to the island of Santa Fe and jump in for a swim with the locals – sea lions! Hike through the Opuntia Forest. See land iguanas scurrying across the cacti-strewn volcanic landscape of Plaza Sur. Sail overnight. Day 4 Isla Genovesa This rocky outpost is a haven for birdlife; expect to see frigatebirds, mockingbirds and possibly even vampire finches on a walk out to the rookeries. Don a snorkel and explore around Darwin Beach.

Days 6–7 Isla Santa Cruz/Quito Explore Caleta Tortuga Negra – a breeding area for green turtles. Board a flight back to the mainland and spend the evening in delightful Quito.

DEPARTURE DATES
Selected Fridays
Enter GMDC on intrepidtravel.com. See inside cover for prices

Galapagos at a Glance: Southern Islands

6 DAYS, QUITO TO QUITO

Come face-to-face with some of the most extraordinary wildlife on earth on this express adventure through the southern islands of the Galapagos.

Snorkel with sea lions, reef sharks, turtles and a spectacular variety of tropical fish in the balmy waters of Gardner Bay.

Day 1 Quito The adventure gets under way in Quito, Ecuador’s sprawling but refined capital city. Perhaps stroll through the atmospheric Old Town or journey up to Ruco Pichincha by cable car. Day 2 Isla Baltra/Isla Santa Cruz Board an early flight for the islands. Cruise out to Isla Santa Cruz and travel into its highlands. Day 3 Isla Floreana Walk along the olive-green sands of Punta Cormorant and see Galapagos sea lions waddling on the shore. Go snorkelling among rays, sharks and sea turtles in Devil’s Crown.

Day 4 Isla Espanola Journey to Isla Espanola, the archipelago’s southernmost island and a hotspot for birdlife. Jump in the water at Gardner Beach and discover an underwater world teeming with tropical fish and white-tipped reef sharks.

Day 5 Isla San Cristobal Watch brown pelicans swoop and Sally Lightfoot crabs scuttle along the shores of Isla San Cristobal’s northern coast. Fly back to the mainland for a final evening.

Day 6 Quito This short but sweet Galapagos adventure comes to an end this morning.

DEPARTURE DATES
Selected Tuesdays
Enter GMDB on intrepidtravel.com. See inside cover for prices
Galapagos & Peru Adventure
24 DAYS, QUITO TO LA PAZ

Visit the Galapagos Islands and the Amazon Jungle to meet the many species that call these nature reserves home. This trip is a nature lover’s dream.

Scale a volcano on Isla Isabela and take the scenic trek along the Inca trail, emerging from cloud forests to Machu Picchu.

Day 1 Quito Begin in Ecuador’s vibrant capital. Days 2-3 Isla San Cristobal Snorkel at La Loberia, head to Isla de Lobos or Kicker Rock to swim or snorkel among turtles and rays. Days 4-6 Isla Floreana/Isla Isabela Enjoy some of the archipelago’s best snorkelling. Days 7-8 Isla Santa Cruz Head out on a kayak in search of the Galapagos penguin. Day 9 Quito Return to Quito. Day 10 Lima Fly (not included) to Peru’s sprawling capital. Days 11-12 Amazon Jungle Canoe into the dense Amazon Jungle. Day 13 Cusco Visit impressive Inca ruins on the city’s outskirts. Day 14 Sacred Valley/Ollantaytambo Watch magnificent Andean condors soar. Days 15-18 Inca Trail/Quarry Trail/Train to Machu Picchu. Day 19 Cusco Return to Cusco. Days 20-22 Puno/Lake Titicaca Cruise to the floating Uros Islands, constructed entirely from reeds. Days 23-24 La Paz Check out the Witches’ Market before this adventure ends.

DEPARTURE DATES
Selected Thursdays & Saturdays
Enter GGSYC on intrepidtravel.com. See inside cover for prices.

Galapagos & Inca Trail Adventure
17 DAYS, QUITO TO CUSCO

Snorkel the incredible life-filled waters of Kicker Rock, also known as Leon Dormido, one of the best snorkelling spots in the Galapagos.

Follow the forested path of the Inca Trail, passing through cloud forests and ancient ruins, on the road to amazing Machu Picchu.

Day 1 Quito Explore Quito’s picturesque streets and cobblestone alleys. Days 2-3 Isla San Cristobal Head to Isla de Lobos or Kicker Rock for your first snorkel, then visit the Galapagos’ Interpretation Center. Days 4-6 Isla Floreana/Isla Isabela Venture into Floreana’s highlands to visit the pirate caves, snorkel and explore Shark Alley. Enjoy a morning kayak then take a speedboat to Santa Cruz. Days 7-8 Isla Santa Cruz Hike to the white sands of Tortuga Bay then visit the Charles Darwin Research Station. Day 9 Quito Return to Quito via a short flight. Day 10 Lima Take a flight to Lima (not included). Day 11 Cusco Guided tour of Cusco and visit the ruins of Sacsayhuaman. Day 12 Sacred Valley/Ollantaytambo Travel through the terraced Sacred Valley. Days 13-16 Inca Trail/Quarry Trail/Train to Machu Picchu Choose to follow the Inca or Quarry Trail, trekking through cloud forest and ancient ruins, or sit back and travel by train to Machu Picchu. Tour the iconic site with a guide. Day 17 Cusco The adventure ends after breakfast.

DEPARTURE DATES
Selected Thursdays & Saturdays
Enter GGTWC on intrepidtravel.com. See inside cover for prices.
Best of Galapagos

10 DAYS, QUITO TO QUITO

Explore the Galapagos Islands on this in-depth adventure, coming face-to-face with some of the most extraordinary wildlife on earth.

Swim, kayak and hike through the unique environments of the Galapagos, from the shores to the highlands.

Day 1 Quito Arrive in Quito, Ecuador’s vibrant capital nestled beneath Volcan Pichincha. Days 2-3 Isla San Cristobal Go snorkelling at La Loberia, saying hi to the cheeky sea lions that swim and sunbathe here. Head to Isla de Lobos to snorkel among turtles and manta rays. Days 4-6 Isla Floreana/Isla Isabela Glimpse frolicking dolphins and snorkel at Isla Floreana. Venture into Floreana’s highlands to visit the mysterious caves. Days 7-8 Isla Santa Cruz Head out on a morning ocean kayak in search of the Galapagos penguin before cruising to Isla Santa Cruz. Hike to the white sands of Tortuga Bay and kayak in the protected bay. Visit the Charles Darwin Research Station to meet tortoises and land iguanas rescued from the brink of extinction. Days 9-10 Santa Cruz Highlands/Isla Baltra/Quito Journey into the highlands of Santa Cruz and observe giant tortoises in the wild before saying goodbye to these incredible islands and jumping on a flight back to Quito.

Selected Thursdays & Saturdays
Enter GGTF on intrepidtravel.com. See inside cover for prices

Galapagos Venture

9 DAYS, QUITO TO QUITO

Birdwatching in the Galapagos is quite an experience. Watch the aerobatic routines of blue-footed boobies and the death defying stunts of frigate birds.

Learn about the unique habits of the marine iguana. This dinosaur-like little creature has an iridescent sheen and is only found on the Galapagos Islands.

Day 1 Quito Nestled in a sprawling valley, Quito is a South American capital well worth exploring. Days 2-3 Isla San Cristobal With plenty of free time to explore, perhaps travel to Kicker Rock, or go snorkelling to spot swarms of colourful Galapagos marine life. Day 4 Isla Santa Cruz Visit the Charles Darwin Research Station and learn about the foundation’s success in repopulating the islands with the once endangered land iguana and several species of giant tortoise before heading out to see them for yourself in their natural habitat. Days 5-6 Isla Isabela Travel by boat to the Galapagos’s largest island: the seahorse-shaped Isla Isabela. Day 7 Isla Santa Cruz Travel back to Isla Santa Cruz. Perhaps visit Tortuga Bay for the opportunity to view some of the Galapagos’s most famous creatures. Days 8-9 Quito Head back to Quito, where there’s time to enjoy the city’s nightlife and get a last taste of Ecuadorian cuisine and culture. Perhaps celebrate by searching out some of Ecuador’s best ceviche.

Selected Thursdays
Enter GGRR on intrepidtravel.com. See inside cover for prices
Cafe Colombia
9 DAYS, BOGOTA TO CARTAGENA

Spend a couple of days learning about the world’s favourite bean during a stay on a traditional coffee estancia in Colombia’s coffee country.

Embark on a spectacular guided hike through the Cocora Valley, home to hummingbirds and the world’s tallest palm trees.

Day 1 Bogota Take a walking tour to discover the colonial architecture, cosy cafes and lively streets of this capital city. Day 2 Salento While away the hours on the narrow streets and colourful stalls of sleepy Salento. Be sure to try the game of tejo, Colombia’s popular sport – think bocce with gunpowder!

Day 3-4 Coffee Estancia Travel by jeep deep into the Cocora Valley. You can choose to hike up to Acaime Nature Reserve, where colourful hummingbirds come to feed. Then venture into Colombia’s picturesque coffee country for a stay on a traditional plantation.

Day 5-7 Medellin Visit the Plaza Minorista Market and take the opportunity to buy some exotic local fruits, many of which are seldom found outside of Colombia. Enjoy breathtaking views of Medellin and its surrounds during a cable car ride up to San Javier. Days 8-9 Cartagena Wander about Colombia’s most romantic city, peeking inside its candy-coloured buildings in the inner walled town.

Explore Colombia
10 DAYS, CARTAGENA TO BOGOTA

Wander beneath the floral balconies of Cartagena, the World Heritage-listed town that combines Caribbean splendour and irresistible old-world charm.

The white and orange palette of Barichara turns the town into its own living artwork. Get lost on the cobbledstone streets or head to San Gil – a hotspot for adventure sports.

Days 1-2 Cartagena Set out on a guided walk around this walled city’s sights, perhaps easing into the evening with a few cervezas at a central plaza bar. Days 3-4 Guachaca Region/Tayrona National Park Your accommodation for the next two nights is a small, family-run hotel located near a beach – just the place for some coastal R&R. Wander through the Tayrona National Park for hikes through dramatic mountain scenery and verdant rainforest before swimming at some of Colombia’s most glorious beaches.

Days 5-7 Barichara With its cobbled streets, stuccoed houses and verdant rolling hills, Barichara is widely considered the prettiest colonial-style village in all of Colombia. Consider making the most of a range of adventure sport outings at San Gil, an exhilarating Colombian retreat. Days 8-10 Bogota Catch a gondola up Cerro de Monserrate for sweeping city views or perhaps pay a visit to Museo Nacional to learn how the Spanish conquest changed local life forever.
Best of Colombia
17 DAYS, BOGOTA TO BOGOTA

From coffee to cacti to jungle-wrapped coast, this is the cream of the crop in up-and-coming Colombia. Discover it all on this in-depth combination trip.

Embark on a spectacular guided hike through the Cocora Valley, home to hummingbirds and the world’s tallest palm trees.

Boasting a quaint, beautiful coastline, typically balmy weather and two ecosystems, Tayrona National Park is a jungle paradise – keep an ear out for the howler monkeys!

Day 1 Bogota Discover this charming town on a city tour. See the colonial churches, wander the streets and perhaps pop into a cafe. Day 2 Salento A dream to walk around, Salento boasts a welcoming, laidback atmosphere. Don’t miss the delicious local trout.

Days 3-4 Coffee Estancia Travel into the Cocora Valley by jeep and see the wax palms looming above. Hike up to Acaime Nature Reserve and look out for the hummingbirds as they feed. Stay for two nights on a coffee-growing plantation and see how Colombia’s famous beans are harvested – enjoying a taste, of course.

Days 5-7 Medellin Explore the museums and lush botanical gardens of Colombia’s second-largest city. Maybe grab some fresh fruit on a visit to the Plaza Minorista Market. Stroll around Santa Elena and see its beautiful flower arrangements. Days 8-9 Cartagena The old walled area of this romantic town is sure to impress. Perhaps get a bird’s-eye view from the top of Castillo de San Felipe de Barajas, or experience the therapeutic effects of a mud bath. Days 10-11 Guachaca Region/Tayrona National Park Stay at a family-run hotel near the beach and take some time to chill out. Explore Tayrona National Park – where mountains, jungle and coastline collide spectacularly. Explore jungle trails and postcard-perfect beaches on foot.

Days 12-14 Barichara Settle into this beautiful small village, then walk along the Camino Real to the village of Guane, passing valleys filled with cacti. Consider taking a trip out to San Gil, an excellent location for adventure sports.

Days 15-17 Bogota What better way to finish than with a gondola ride up to Cerro de Monserrate, taking in beautiful views across town. Visiting the Museo Nacional is an excellent choice before your trip comes to an end.
AUSTRALIA & NEW ZEALAND

From the rusted deserts of the Outback to cosmopolitan cities and famed golden beaches, Australia is a destination where the possibilities are so vast, even its own residents can make the mistake of leaving it till last. Home to the oldest continuous culture in the world, the Aboriginal and Torres Strait Islander peoples, it's a land of unique wildlife and diverse beauty – matched only, perhaps, by its mountainous neighbour across the Tasman Sea. A land where soaring peaks give way to lush rainforests and sparkling fjords are filled with dolphins and orcas, New Zealand is one of Mother Nature's true triumphs.
Discover Tasmania
9 DAYS, HOBART TO HOBART

Mountain tops and glittering coastlines await across Tasmania’s varied and gorgeous landscapes – head off the beaten track to visit places like Maria Island.

Famous for its spectacular location and boldly avant-garde exhibits, MONA is not your average art gallery. Stop and see for yourself after a trip to Mt Wellington.

Take a wilderness cruise along the spectacular Tasman Peninsula, sailing underneath one of the highest vertical sea cliffs in the southern hemisphere in the process.

Day 1 Hobart Welcome to charming Hobart, a town full of culture and historic sandstone buildings. Day 2 Tasman Peninsula Begin a wilderness cruise along the beautiful Tasman Peninsula. Later, take a guided walk around the Port Arthur Historic Site – the former location of Australia’s most notorious convict prison.

Day 3 Central Plateau Savour magnificent views of Hobart atop Mt Wellington. Visit the Museum of Old and New Art (MONA), one of Australia’s most culturally influential museums. Drive towards Tasmania’s Central Plateau in the afternoon before arriving at your comfortable lodge.

Day 4 Cradle Mountain National Park Plunge through the Greater Western Tiers and descend into the Meander Valley. Sample some clover honey at an apiary, then head to a wildlife sanctuary for a chance to spot Tasmanian devils – they’re cuter than you think. Hike through sacred Tulampanga, then arrive at a lodge in Cradle Mountain National Park.

Day 5 Cradle Mountain National Park Take a leisurely trek to Waldheim Chalet or along the Dove Lake circuit. For those with a little more grit, the hike to Marion’s Lookout offers perfect mountain and lake views.

Day 6 Launceston Stop at a cheesery en route to Launceston, one of Australia’s oldest cities. Explore the city centre, tuck into lunch and drive towards Fingal Valley while soaking in the scenery along the way.

Day 7 Freycinet National Park Spend a day exploring Freycinet National Park. If you’re feeling active, consider optional walks to Wineglass Bay, Cape Tourville or the park’s nearby lookout.

Day 8 Maria Island Jump on a ferry for a walk on Maria Island – the Painted Cliffs, Fossil Cliffs and local wildlife are all worth catching on camera.

Day 9 Hobart Wrap things up back in Hobart after breakfast.

Maximum group size 12
Hotel (5 nts), lodge (3 nts)
8 breakfasts, 1 lunch, 3 dinners
Minibus

DEPARTURE DATES
Selected Sundays
Enter PUCTD on intrepidtravel.com
See inside cover for prices
Strapped for time? You can still explore the east coast

If you don’t fancy two weeks on the road, or simply don’t have the time, you can travel a single section of this trip. Head north from Sydney to Brisbane, or from Brisbane to Cairns, for a quick coastal getaway.

For more info enter PVON or PVOB on intrepidtravel.com

Sydney to Cairns Northbound

14 DAYS, SYDNEY TO CAIRNS

Soak up the best of Australia’s east coast beaches, wilderness, wildlife, food and drink on a trip that takes in Byron Bay, Fraser Island, the Whitsundays and the Great Barrier Reef.

Indulge in a tasting tour of the verdant Hunter Valley and sample wine, cheese, chocolate and organic vodka.

Go on a leisurely day cruise of the picture-perfect Whitsundays and frolic on the dazzling white sands and azure waters of Whitehaven Beach.

Day 1 Sydney Welcome to Australia’s magnificent Harbour City. Spend the afternoon exploring historic landmarks like the Harbour Bridge and Opera House. Day 2 Newcastle See koalas and kangaroos on a guided tour of a wildlife sanctuary, then tuck into Hunter Valley specialties like wine, cheese, chocolate and organic vodka. Day 3 Port Macquarie Hit the sands of Lakes Way along the gorgeous New South Wales coast. Later, travel to Port Macquarie for a sunset cruise. Day 4 Dorrigo National Park After a morning visit to a koala hospital, continue on to the rainforest and waterfalls of Dorrigo National Park. Days 5-6 Byron Bay Splash about in Dangar Falls, then head to the laidback surfer hub of Byron Bay, where dolphins and whales frolic almost as much as the locals. Day 7 Noosa Cross the border into Queensland and head to Noosa, home to some of Australia’s best surf spots. Day 8 Fraser Island/Noosa Explore the world’s largest sand island by 4WD, visiting renowned lookout points for incredible views. Head back to Noosa in the evening. Days 9-10 Airlie Beach/Whitsundays Fly to Airlie Beach in the Whitsundays. Cruise around the islands, making a stop at the dazzling white sands and azure waters of Whitehaven Beach and two different snorkelling spots. Day 11 Tully Head through undulating cane fields to Mission Beach. This afternoon is free to grab a book, have a swim or just sit and enjoy the tropical bliss. Day 12 Atherton Tablelands/Cairns Discover waterfalls, lush rainforest and old country towns, as well as the unique Curtain Fig Tree en route to Cairns. Day 13 Great Barrier Reef Spend a day cruising and snorkelling around the incredible Great Barrier Reef before celebrating your final evening in Cairns. Day 14 Cairns Your trip ends after breakfast.

Maximum group size 16
Hotel (12 nts), heritage hotel (1 nt)
8 breakfasts, 5 lunches, 2 dinners
Plane, private vehicle, boat

Selected Saturdays
Enter PVOSC on intrepidtravel.com
See inside cover for prices
Top End & Arnhem Land Adventure

5 DAYS, DARWIN TO DARWIN

Learn the way of the land from the Limilngan-Wulna people during bush tucker talks, and didgeridoo and traditional basket weaving demonstrations.

Rumble through Kakadu National Park on a 4WD adventure to the spectacular Jim Jim Falls. Enjoy plenty of time to swim in its refreshing plunge pool or laze on the beach.

Discover the plunging waterfalls, monsoon forests, rugged gorges and breathtaking waterholes of the Top End’s best national parks.

Day 1 Darwin/Kakadu Travel into Wulna Country from Darwin. Be greeted with a Welcome to Country from the Traditional Owners of the land, the Limilngan-Wulna people. Go on a cruise along the East Alligator River, learning about its cultural importance from your Binninj guide. Afterwards, visit Arnhem Land’s exclusive Mawurndaddja art site, where a series of galleries of rock art span from thousands ago to the present day. Spend the afternoon exploring then travel to Kakadu.

Day 2 Kakadu NP Take on the rough terrain of the Aussie Outback in a 4WD on the drive to Jim Jim Falls. Fuel up with a quick lunch before embarking on the challenging walk to the base of the falls. Indulge in a refreshing dip in a pleasantly cool plunge pool, then drive to Jabiru to visit the Bowali Visitor Centre.

Day 3 Kakadu NP/Katherine Hike to the top of either Gunlom Falls or Maguk for a swim in another pristine waterhole. Soak up the astounding views of the valley from the top of the pools before a quick stop in the old gold mining town of Pine Creek. Spend the night at a private campsite on the doorstep of Nitmiluk National Park.

Day 4 Nitmiluk National Park Admire the rich colours of Katherine Gorge, perhaps by canoe or on a boat tour. Travel on to Edith Falls, a hidden oasis of clear, cool water surrounded by bronze boulders. After a quick swim in the huge rock pools, settle into tonight’s camp.

Day 5 Litchfield National Park/Darwin Awash with tropical rainforest and peppered with gorgeous waterholes, Litchfield National Park is a true Top End highlight. Visit Florence Falls, Wangi Falls and Buley Rockhole, then tuck into a picnic lunch. Enjoy a stroll through steamy rainforests and a cooling dip in one of the park’s swimming spots. In the afternoon, make the two-hour drive back to Darwin.
Kakadu, Katherine & Litchfield Adventure

4 DAYS, DARWIN TO DARWIN

- Hike through the rich greenery of Litchfield National Park, cooling off with swims in Florence Falls, Wangi Falls and Buley Rockhole.
- Enter the Top End’s best-known national park, Kakadu, and savour incredible views over the Nardab Floodplains before enjoying a dip in a pristine waterhole.

**Day 1 Darwin/Mary River**
Head to Litchfield National Park and explore Florence Falls, Wangi Falls and Buley Rockhole. Stroll through steamy rainforests and cool off with a dip in a picture-perfect swimming hole before turning in for the evening at the campsite.

**Day 2 Kakadu National Park**
Marvel at Ubirr’s ancient rock art then take a bird’s-eye view over the Nardab Floodplains. Next up is Maguk, where a hike through lush vegetation is rewarded with a swim in the plunge pools. Tonight, kick back by the pool at the Kakadu campground and enjoy a group dinner.

**Day 3 Katherine**
Perhaps get an idea of Kakadu’s true scale with an optional scenic flight. Travel through Katherine to the night’s campsite on the border of Nitmiluk National Park.

**Day 4 Darwin**
Depending on the season, choose to cruise down through the red rock walls of Katherine Gorge by boat or canoe. Enjoy a Top Didj cultural experience today then, when it’s all over, head back to Darwin where this trip finishes up.

### DEPARTURE DATES
Selected Wednesdays & Saturdays. Enter PNTY4C on intrepidtravel.com. See inside cover for prices

Red Centre Adventure

4 DAYS, ALICE SPRINGS TO ALICE SPRINGS

- Discover Uluru’s hidden caves, waterholes, First Nation rock art and pockets of greenery on tour with someone who knows it best – a local Anangu guide.
- Traverse the grand landscape of the West MacDonnell Ranges, keeping an eye out for the myriad animals and birds that inhabit its gullies, creeks and gorges.

**Day 1 Alice Springs/Kata Tjuta/Uluru**
Head to Kata Tjuta for a guided walk around its beautiful red domes. Continue to iconic Uluru, a geological wonder of great cultural and spiritual significance to the Anangu Traditional Owners.

**Day 2 Uluru/Kings Canyon**
Rise early to experience a jaw-dropping sunrise over Uluru before exploring this giant sandstone formation up close. Learn about local Aboriginal art and culture on a walk with a guide. Spend the evening camping at Watarrka National Park.

**Day 3 Kings Canyon**
A walk around the rim of Kings Canyon reveals incredibly beautiful sandstone formations such as its Amphitheatre, Lost City and the surprisingly lush Garden of Eden.

**Day 4 West MacDonnell Ranges/Alice Springs**
Explore the glorious collection of gullies, gorges and gaps of the West MacDonnell Ranges. Enjoy an easy walk through Ormiston Gorge. Stop for a swim at Ellery Creek and keep an eye out for black-footed rock wallabies at Simpsons Gap before the trip ends in Alice Springs.

### DEPARTURE DATES
Selected Mondays, Thursdays & Saturdays. Enter PAR4-B or PAR4-O on intrepidtravel.com. See inside cover for prices
Great Ocean Road & Grampians Discovery
6 DAYS, MELBOURNE TO MELBOURNE

Walk where few dare to tread on a special section of the Great Ocean Road, travelling down Gibson Steps to a glistening shoreline dotted with giant stone monuments.

Learn about the lifestyles of the Aboriginal peoples of the area, how to identify native plants and how to throw a boomerang, on a guided walk through Tower Hill.

Day 1 Melbourne Known for its vibrant art scene, Melbourne is full of culture and foodie hot-spots. Day 2 Apollo Bay Travel to Torquay, a town famous for its fantastic surfing beaches. Pass the Memorial Arch before arriving at Lorne. Continue to Apollo Bay. Day 3 Warrnambool Wander through emerald ferns on a hike through Maits Rest. After, walk a section of the Great Ocean Walk. Witness the Twelve Apostles rising staunchly out of the ocean. Continue sightseeing along the coast, arriving in Warrnambool for dinner. Day 4 Halls Gap/Grampians National Park Head to Tower Hill and set out on an interactive guided walk with an expert local guide, learning about the region as well as how to throw a boomerang. Day 5 Halls Gap/Grampians National Park The Grampians region is a hotbed for some of Australia’s finest natural treasures. Hike to The Pinnacle via Devil’s Gap, then enjoy a dinner of bush tucker made from native ingredients. Day 6 Halls Gap/Melbourne Return to Melbourne.

New Zealand South Island Discovery
10 DAYS, QUEENSTOWN TO QUEENSTOWN

Trek through the Catlins, a breathtaking land full of waterfalls, titanic caves, illustrious nature walks and the remains of a petrified wood forest.

Try to spot dolphins, fur seals and penguins on a day trip to Doubtful Sound. This remote wilderness area is all the more beautiful for its relative lack of visitors.

Day 1 Queenstown Welcome to the South Island. Day 2 Wanaka Journey through to Central Otago, stopping in the historic gold mining town of Arrowtown. Continue to Wanaka and the iconic Cardrona Hotel. Day 3 Dunedin Head to Lake Wanaka to visit the country’s most photographed tree and learn about Maori culture. Continue to Dunedin. Day 4 The Catlins Travel to the Catlins. Explore the Cathedral Caves and witness sea lions sunbathing on the golden beaches. Day 5 Stewart Island Hop on a ferry and cross the Foveaux Strait to New Zealand’s third-largest island, a haven for hikers and birdwatchers. Days 6-7 Te Anau Head to the lovely lakeside town of Te Anau – gateway to Fiordland National Park. The next day, sail deep into the national park to Doubtful Sound, past rainforests and waterfalls as dolphins and seals play. Days 8-10 Queenstown Stop for a wine and cave tour at a winery in Gibbston Valley en route to Queenstown. Enjoy a free day to get your adrenaline fix before the tour ends.
ADVENTURE CRUISING

Embrace an opportunity to get to know the locals, rather than outnumber them, and discover the world from a different perspective. It’s all about the destination with Adventure Cruising, because there’s no time to waste on shuffleboard or bad cabaret when you’re snorkelling the Andaman’s clear waters, wandering through winding Croatian laneways or hiking across Iceland’s famous black-sand beaches.
Cruising Thailand & Malaysia
8 DAYS, PENANG TO PHUKET

Get a snapshot of life in the small coastal town of Ao Nang while joining a local family for a home-cooked meal.

See Ko Yao Yai from a different angle when you tour the island on a songthaew – a two-rowed converted truck.

Visit the iconic holiday islands of Penang, Langkawi and Phuket, but also enjoy the natural beauty of Turatao National Park and Ko Yao Yai.

Day 1 Penang Selamat datang! Welcome to Malaysia. Board your boat in the afternoon and get to know your travel group over a welcome dinner. Days 2-3 Langkawi Follow up a walking tour of Penang’s Old Town and its historic shophouses with lunch at a local market, then set sail for idyllic Langkawi. Soak up jungle vibes and take a tour of the town with a local guide, then head out to admire the beautiful Telaga Tujuh Waterfalls. Day 4 Ko Tarutao/Ko Rok Noi Sail to Ko Tarutao National Marine Park in the early morning for a day in the water. Spend your time snorkelling, swimming, kayaking or stand-up paddleboarding, breaking everything up with a beach barbecue lunch on Adang Island. Set sail for Ko Rok Noi mid-afternoon, enjoying dinner en route. Day 5 Ao Nang After a glorious morning among the white sands, blue-green waters and jungle backdrop of Ko Rok Noi, cruise to the beachside town of Ao Nang. Half the group will head off for a homestay with a local family, enjoying a home-cooked Thai meal, while the other half spends a free evening in Ao Nang. Day 6 Ao Nang Use a free day to try your hand at a Thai cooking class, head out on a snorkelling trip or take a longtail boat to Railay Beach. Alternatively, choose to stay with the boat and spend your day swimming and snorkelling around Phang Na Bay. Tonight, the other half of the group will head to the homestay. Day 7 Ko Yao Yai Climb aboard a songtheaw for a tour with a local guide. Ko Yao Yai is known for beautiful beaches and seriously delicious seafood. Make the most of a final opportunity to swim and snorkel, then join your group for a farewell dinner onboard. Day 8 Phuket Cruise early for Phuket, where the trip ends on arrival. Say goodbye to your new friends and disembark after breakfast.

Maximum group size 48
Small cruise ship (7 nts)
7 breakfasts, 3 lunches, 5 dinners
Small cruise ship, Zodiac, bus, songthaew, rickshaw

DEPARTURE DATES
Selected Saturdays from December to February
Enter TTMM on intrepidtravel.com.
See inside cover for prices
Cruising Spain, Portugal and Morocco

8 DAYS, LISBON TO MALAGA

Portugal and Spain’s southern reaches are full of surprises. This trip takes the Iberian adventure one step further, crossing the Strait of Gibraltar into Morocco.

Explore coastal caves around Portimao, maritime history in Huelva, epicurean delights in Jerez, sultry vibes in Seville and the spice-filled souqs of Tangier.

Day 1 Lisbon After a welcome meeting, sail overnight to Portimao. Day 2 Algarve Coast Enjoy a birdwatching cruise around the gorgeous wetlands of Ria Formosa Natural Park. Day 3 Huelva Cool off with a morning swim at a beach en route to Huelva. Visit Santa Clara Monastery in Moguer, and Christopher Columbus’ historic boats in El Rabida. Sail at midnight to Cadiz. Day 4 Seville Enjoy a guided walk through Seville’s shaded streets, then enjoy free time to explore. Stop in at Jerez and perhaps enjoy a tipple of sherry. Day 5 Tangier Explore Tangier’s medina and sip mint tea in Hafa. Day 6 Chefchaouen Take a road trip to Chefchaouen, a beautiful blue-washed city sitting below the Rif Mountains. Cruise overnight to Puerto Banos. Day 7 Puerto Banos Drive to Ronda, a dramatic town set high above a gorge. After a guided walk through its old and new parts, enjoy lunch and a wine tasting at a nearby bodega. Sail overnight to Malaga. Day 8 Malaga Finish up in Malaga after breakfast.

DEPARTURE DATES
Selected Saturdays in May
Enter ZSLM on intrepidtravel.com. See inside cover for prices

Cruising the Islands of Greece & Turkey

8 DAYS, ATHENS TO ATHENS

Cross into Turkey to tour Ephesus and discover the fascinating relics that remain there, including the Temple of Artemis, one of the Seven Wonders of the Ancient World.

Whether you want to revel in the atmosphere of Mykonos or relax in your own private paradise at Manganari Beach, there are plenty of opportunities to soak up the sun.

Day 1 Athens Sail to Sounion for a sunset dinner, then continue overnight to Poliegos. Day 2 Poliegos/Folegandros Enjoy a swim and beach barbecue in Poliegos, then sail for picturesque Folegandros. Day 3 Ios/Santorini Stop for a swim at Manganari Beach before enjoying sunset drinks in Santorini. Day 4 Amorgos Take in a beautiful view of the Aegean from the Monastery of Hozoviotissa, an 11th-century monastery built into the face of a cliff. Continue to Aegialis Beach for a barbecue dinner, then sail overnight to Samos. Day 5 Kusadasi/Ephesus Tour the impressive ruins of Ephesus and learn about its varied history with a local guide, then spend a chilled evening at port in Samos. Day 6 Delos/Mykonos Walk among ancient ruins with mythological roots in Delos. Later on, get your first taste of stylish Mykonos. Day 7 Mykonos Get further acquainted with the glitz and glamour of Mykonos before a farewell captain’s dinner. Day 8 Athens Your trip comes to an end after breakfast.

DEPARTURE DATES
Selected Fridays from July to October
Enter ZSGT on intrepidtravel.com. See inside cover for prices
GAME OF THRONES

Let us transport you out of modern-day Split and into Westeros on this daytime walking tour of Diocletian's Palace. This impressively preserved Roman camp will bring Game of Thrones to life as you walk in the footsteps of the characters, plot your revenge in its narrow streets like Khaleesi, and dine on a feast fit for Tyrion.

For more info head to urbanadventures.com

Cruising Iceland: Westman Islands to Westfjords
8 DAYS, REYKJAVIK TO REYKJAVIK

Discover the dramatic peaks and valleys of Iceland, from jagged cliffs and glacier-tipped volcanoes to sweeping tundras and Viking haunts.

Only a fraction of visitors make it across to the far-flung west, and the lack of tourists makes its landscapes and villages a dream to explore.

Day 1 Reykjavik Set sail from the capital overnight. Day 2 Westman Islands Hit the land for a tour of these rugged islands. Learn about the volcanic eruption of 1973 that left huge parts of town buried under lava and ash. Sail for Akranes overnight. Day 3 Akranes Check out the Reykholt Museum, then visit the thundering waterfalls Hraunfossar and Barnafoss. Spend the evening at sea. Day 4 Patreksfjordur Make tracks for the yellow sands of Raudasandur Beach. Climb the Latrabjarg cliffs and look for tiny puffins among the rocks. Day 5 Patreksfjordur Take a trip to Pingeyri, a small town rich in Viking history. Return to the ship for an overnight journey. Day 6 Grundarfjordur Spend the day exploring a glacier-topped volcano and scrambling over bizarre rock formations in the awe-inspiring Snaefellsnes Peninsula. Days 7-8 Reykjavik Get reacquainted with the capital with a tour.

Croatia Coastal Cruising
8 DAYS, DUBROVNIK TO SPLIT

Dubrovnik’s charms reach far beyond its famed city walls. Explore this undisputed jewel of the Dalmatian Coast.

Hvar seems to have it all: Renaissance architecture, beautiful beaches, lush green landscapes and excellent Dalmatian cuisine.

Day 1 Dubrovnik Explore the captivating Old Town of the ‘Pearl of the Adriatic’. Day 2 Korcula Cruise to Korcula, a beautiful island ripe with vineyards, olive groves, small villages and dense forest. Day 3 Opuzen Stop for a swim near Badija, then continue to Trpanj for a winery tour and tasting. Sail to Opuzen for a leisurely evening. Day 4 Opuzen Sail up the River Neretva to Mostar in Bosnia and Herzegovina and pay a visit to a workshop specialising in traditional coffee sets and copper wall carvings. Return to Opuzen and explore its wetlands by boat. Cap off a memorable day dining on peka (a baked meat and vegetable dish) and other regional specialties. Day 5 Stari Grad Sail into Hvar and drop in at a local apiary for some honey tasting before exploring Hvar Town. Continue on to Stari Grad. Day 6 Split Enjoy a full day wandering through Diocletian’s Palace. Days 7-8 Split Hike around Krka National Park and see its spectacular emerald waterfalls. Celebrate the end of the cruise with a captain’s dinner on board.

Discover more trips, detailed destination information and the latest prices at intrepidtravel.com/adventure-cruising

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THE WORLD’S LARGEST PROVIDER OF ADVENTURE TRAVEL

Made up of four tour operator brands, more than 20 destination management companies and a not-for-profit, we’re the leaders in sustainable, experience-rich travel.

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In 2018, we became the world’s largest B Corp in the travel industry. This certification is a badge of honour we wear to show we use business as a force for good. From the way we conserve our natural environment, to our socio-economic impact on local communities, to our employment conditions – we meet the highest global standards of good business.

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We support local organisations to improve livelihoods through sustainable travel experiences.

EMPOWERING TRAVELLERS TO POSITIVELY IMPACT COMMUNITIES

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DAY TOURS

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EMPOWERING TRAVELLERS TO POSITIVELY IMPACT

COMMUNITIES

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